

1400 West Sonata Drive.
414.281.2450

WILSON COMMONS
a capri community

SOCK HOP

April 29 | 1-3:30pm

Let's go to the hop! Put on your dancing shoes and join us for a rockin' good time with boogie-woogie piano tunes!

Sign up in the Activity Binder! Transportation is provided, and the bus will load at 12:45pm.

WILSON PARK SENIOR CENTER
2601 W Howard Ave, Milwaukee, WI 53221
Suggested Donation: \$1 • Snacks: \$0.50

SOA
SENIOR ORGANIZATION
MILWAUKEE COUNTY
DEPARTMENT OF SENIOR
AGING & DISABILITIES
SERVICES

DON'T FORGET TO RSVP!



- Hot Breakfast, 04/02 @ 9:30am
- Town Hall Meeting, 04/07 @ 9:30am
- Lunch Outing, 04/08 @ 11:00am
- Hot Dinner, 04/09 @ 4:30pm
- Around the World-Texas, 04/16 @ 4:30pm
- Easter Lunch, 04/20 @ 1:00pm
- Sock Hop-Wilson Senior Center, 04/29 @ 1:00pm

JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below. Have an idea on a new group to add? Talk with your Lifestyle Enrichment team!

- Garden Club, Ken #139
- Diamond Art Club, Mary #134

Happy Birthday!

Luis C. #238 - 04/01	Heriberto R. #306 - 04/01
Robert B. #129 - 04/04	Rafael R. #302 - 04/04
Robert T. #307 - 04/04	Susan T. #4161 - 04/04
Doris K. #4120 - 04/08	Judith W. #114 - 04/09
Alice P. #429 - 04/13	Robert Z. #437 - 04/16
Yvonne H. #237 - 04/19	Gwendolyn H. #4123 - 04/22
Patricia S. #426 - 04/23	Sharon S. #226 - 04/25
Lois F. #217 - 04/27	Teofilo V. #410 - 04/27
Judith W. #105 - 04/27	Ann G. #216 - 04/29

Staff
Ashika - 04/21

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New

ADVENTURE

National Peanut Butter & Jelly Day!

Want to satisfy your peanut butter & jelly cravings with a twist? Join us in making peanut butter and jelly monkey bread!

Date: Tuesday, 4/15 **Time:** 12:30

Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service

COMMUNITY

Garden Club

Join us at our first official spring garden club meeting. Where we will discuss flowers and fundraiser ideas!

Date: Friday, 4/11 **Time:** 1:30

Self-Improvement and Discovery

LEARNING

Adventure Series: Mason Olson Planetarium

Learn about our expanding view of the universe and search for new and exciting worlds beyond our solar system.!

Date: Wednesday, 4/23 **Time:** 9:00am

Sign-up in the enjoy life binder.

Pursuit of Overall Personal Wellness

HEALTH & WELLNESS

Breathing Techniques to Reduce Stress

Join us in learning how breathing exercises can be a great way to help reduce stress and anxiety.

Date: Monday, 4/21 **Time:** 3:30

INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>1400 W. Sonata Dr. Milwaukee, WI 53221 (414) 281-2450</p>		Voting 10:00 Rummikub [LIB] 10:30 Fox Exercise [E] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]	Autism Awareness Day! 9:30 Hot Breakfast \$10 [CCR] 1:00 Book Mobile [CCR] 1:00 National Walking Day [OP] 2:00 Neighborhood Watch [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Rosary Group [CH] 4:00 BYOB Happy Hour- Resident Run [CCR]	9:00 Pick N Save Outing [O] 10:00 Pick N Save Outing [O] 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3p Sheepshead Class [CCR] 1:00 Diamond Art Class- Resident Run [CR]	10:00 Baby Goats [OP] 11:00 Bingo [CCR] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 3:30 Spanish Games [CCR]	3:30 Catholic Mass [CH]	
	6	9:30 Town Hall [CCR] 10:00 St. Romans Middle School [A3] 1:00 Resident Ambassador Meeting [BR] 1:00 Resident Run Bingo [CCR]	10:00 Rummikub [LIB] 10:30 Activity Meeting [BR] 10:30 Fox Exercise [CCR] 11:00 Lunch Outing - Charcoal Grill [CCR] 1:00 Tupper ware party [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]	11:00 SOA Presentation 1:00 Kaitlin Presentation [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Dominos [CCR] 3:00 Rosary Group [CH] 4:30 Hot Dinner \$15 [CCR]	9:00 Pick N Save Outing [O] 10:00 Pick N Save Outing [O] 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3p Sheepshead Class [CCR] 12:00 Diamond Art Class- Resident Run [CR]	11:00 Bingo [CCR] 1:00 Talks with Ana [CCR] 1:30 Garden Club Meeting [CCR] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 3:30 Spanish Games [CCR] 6:30 Movie Night [CCR]	3:30 Catholic Mass [CH]
	13	10:00 Raffle Drawing [C] 10:00 St. Roman's Middle School [A3] 12:00 Common Heart Vital Screening [BR] 1:00 Resident Run Bingo [CCR] 3:30 Creativity & Crafts [CCR]	10:00 Alderman Spiker [CCR] 10:00 Rummikub [LIB] 10:30 Fox Exercise [E] 12:30 National PB&J Day Baking [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]	2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Rosary Group [CH] 4:30 Around the World \$15- Texas [CCR]	9:00 Pick N Save Outing [O] 10:00 Pick N Save Outing [O] 10:00 Rummikub [LIB] 12:00 Sheepshead Tournament [CCR] 1:00 Diamond Art Class- Resident Run [CR] 2:30 Susie Craft \$5 [CR]	11:00 Bingo [CCR] 1:00 Easter Egg Hunt 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 3:30 Spanish Games [CCR]	19
	Easter 10:00 Easter Mass [CH] 1:00 Easter Lunch [CCR]	1:00 Resident Run Bingo [CCR] 3:00 Creative Writing [BR] 3:30 Breathing Techniques to Reduce Stress [CCR]	10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]	9:00 Adventure Series: Manfred Olson Planetarium \$5 [O] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Dominos [CCR] 3:00 Rosary Group [CH]	9:00 Pick N Save Outing [O] 10:00 Pick N Save Outing [O] 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3p Sheepshead Class [CCR] 1:00 Diamond Art Class- Resident Run [CR]	11:00 Bingo [CCR] 2:00 Piggly Wiggly Mobile Market [OP] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 3:30 Spanish Games [CCR] 6:30 Movie Night [CCR]	3:30 Catholic Mass [CH]
	11:00 Resident Run Sunday Brunch [CCR]	1:00 Resident Run Bingo [CCR] 3:30 Birthday Party/ Happy Hour [CCR]	10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 1:00 Sock Hop- Wilson Senior Center [O] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR] 7:00 South Milwaukee Municipal Band [CCR]	Potawatomi Trip 9-1 2:00 Baking with Charles [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Rosary Group [CH]	Location Keys Brier Room BR Café C Chapel CH Chopin Community Room CCR Craft Room CR Exercise Room E Library LIB Outing O Outside of Polonaise OP Third Floor Activity Room A3	Program Key Bold -enjoy life Special Feature Programs <u>Underline</u> -Program Requires Sign-Up \$-Cost for Program	Salon: Jenny 414.412.7464