

WILSON COMMONS

a capri community

1400 West Sonata Drive
414.281.2450

enjoy life

THIS MONTH'S FEATURED PROGRAMS

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a capri community

WELCOME TO NEW MEXICO

\$15 per person (includes dinner)

AROUND THE USA

Wednesday, February 19 | 4:30-6:30PM

SENIOR TRIVIA AND DINNER
Travel the USA with Wilson Commons as we feature the state of New Mexico! We will share fascinating facts and serve up some local favorites.

DINNER MENU
Appetizer: chicken tortilla soup. Main dish: 3 tacos, choice of shredded pork or chicken, Spanish rice, refried beans, served with cilantro, Mexican cheese, and limes. Dessert: Biscochitos with vanilla ice cream.

Please bring payment to office by 2/14.
RSVP by 2/14 in the Activity Binder.

Happy Birthday!

Lee R. #137- 02/01	Robert T. #406 - 02/01
Helen P. #102 - 02/03	Christine S-#124 - 02/03
Patricia J. #228 - 02/13	Susie K. #139 - 02/15
Robert P. #4173 - 02/15	Roger H. #340 - 02/18
Nancy G. #205 - 02/19	Johnnie D. #400 - 02/20
Roe W. #107 - 02/24	Gertrude M. #4122 - 02/27
Susan N. #239 - 02/27	Helen M. #222 - 02/28
Peter N. #239 - 02/28	Katherine K. #305 - 02/29
Staff Birthdays	
Melissa - 2/8	

Exploring the New



Palentine Gram

Starting Monday, February 3rd to Thursday February 13th, you can come to the front office and send a friend, neighbor, or love one a "Palentine Gram" for just \$1! All "Palentine Grams" will be delivered on Friday, February 14th.

Positive, Meaningful, Relationships and Service



Scavenger Hunt

You can join forces with a group of 4 or go on this adventure alone. There will be clues all over the building that you will have to follow in order to find the hidden treasure!

Date: Thursday, 2/20 **Time:** 3:30

Self-Improvement and Discovery



Adventure Series: Manfred Olson Planetarium
The world is buzzing about the James Webb Telescope, the largest and most powerful space telescope ever built that will serve as the premier deep space observatory over the next decade.

Date: Friday, 2/14 **Time:** 10:00am
Sign-up in the enjoy life binder.

Pursuit of Overall Personal Wellness



Valentine's Fitness Trivia

In this video Dr. Cain leads viewers on simple seated exercises to do while hosting a Valentine's themed game of fitness trivia.

Date: Friday, 2/4 **Time:** 3:30

DON'T FORGET TO RSVP!



- Hot Breakfast, 2/7 @ 9:30am
- Common Heart Vital Screening, 2/10 @12p
- Mix n Mingle 2/11 @3:30pm
- Valentine Lunch 2/12 @12pm
- Voting 2/18 @6am-8pm
- Around The World 2/19 @4:30pm

JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below. Have an idea on a new group to add? Talk with your Lifestyle Enrichment team!

- Garden Club, Ken #139
- Creative Writing, Susan #4161
- Discussion on Sunday Scriptures, Don #119

INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>WILSON COMMONS a capri community</p>		<p>1400 W. Sonata Dr. Milwaukee, WI 53221 (414) 281-2450</p>	<p>Location Keys</p> <p>Brier Room BR Chapel CH Chopin Community Room CCR Craft Room CR Exercise Room E Library LIB Outing O Outside of Polonaise OP</p>	<p>Program Key</p> <p>Bold-enjoy life Special Feature Programs <u>Underline</u>-Program Requires Sign-Up \$-Cost for Program</p>	<p>Salon: Jenny 414.412.7464</p>	<p>3:30 Catholic Mass [CH]</p> <p>1</p>
<p>Groundhog Day</p> <p>2</p>	<p>Palentine Gram</p> <p>11:00 Resident Ambassador Meeting [BR] 1:00 Resident Run Bingo [CCR]</p> <p>3</p>	<p>Palentine Gram</p> <p>9:30 Town Hall [CCR] 10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 3:30 Valentine Fitness Trivia [CCR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]</p> <p>4</p>	<p>Palentine Gram</p> <p>1:00 Book Mobile [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 2:30 Neighborhood Watch [CCR] 3:00 Rosary Group [CH] 4:00 BYOB Happy Hour- Resident Run [CCR]</p> <p>5</p>	<p>Palentine Gram</p> <p>9:00 <u>Pick N Save Online Ordering [O]</u> 10:00 <u>Pick N Save Online Ordering [O]</u> 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3:1 Sheepshead Class [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p> <p>6</p>	<p>Palentine Gram</p> <p>Wear RED Day</p> <p>9:30 Hot Breakfast \$10 [CCR] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR]</p> <p>7</p>	<p>3:30 Catholic Mass [CH]</p> <p>8</p>
<p>9</p>	<p>Palentine Gram</p> <p>12:00 Common Heart Vital Screening [BR] 1:00 Resident Run Bingo [CCR] 2:00 Creativity & Crafts [CCR]</p> <p>10</p>	<p>Palentine Gram</p> <p>10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 3:30 Mix 'N Mingle [CCR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]</p> <p>11</p>	<p>Palentine Gram</p> <p>12:30 Valentine's Day Lunch [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Dominos [CCR] 3:00 Rosary Group [CH]</p> <p>12</p>	<p>Palentine Gram</p> <p>9:00 <u>Pick N Save Online Ordering [O]</u> 10:00 <u>Pick N Save Online Ordering [O]</u> 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3:1 Sheepshead Class [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p> <p>13</p>	<p>Palentine Gram Delivery</p> <p>Valentine's Day</p> <p>10:00 Adventure Series: Manfred Olson Planetarium \$5 [O] 11:00 Bingo [CCR] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 6:30 Movie Night [CCR]</p> <p>14</p>	<p>Wisconsin Day</p> <p>3:30 Catholic Mass [CH]</p> <p>15</p>
<p>Black History Spirit Week Begins</p> <p>16</p>	<p>HBCU Attire or Colors Presidents' Day</p> <p>1:00 Resident Run Bingo [CCR] 2:30 Birthday Party [CCR] 3:00 Creative Writing [CR]</p> <p>17</p>	<p>Black Love Day: Wear Red, Black, & Green</p> <p>6:00a Voting [CCR] 10:00 Rummikub [LIB] 10:30 Fox Exercise [E] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]</p> <p>18</p>	<p>Black Out Day: Wear All Black</p> <p>2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Rosary Group [CH] 4:30 <u>Around the World \$15- New Mexico [CCR]</u></p> <p>19</p>	<p>Throwback Thursday: Decade Day Dress From 70's 80's 90's</p> <p>9:00 <u>Pick N Save Online Ordering [O]</u> 10:00 <u>Pick N Save Online Ordering [O]</u> 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3:1 Sheepshead Class [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR] 2:30 Susie Craft \$5 [CR] 3:30 Scavenger Hunt</p> <p>20</p>	<p>Dress Like A Black Icon</p> <p>11:00 Bingo [CCR] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR]</p> <p>21</p>	<p>3:30 Catholic Mass [CH]</p> <p>22</p>
<p>23</p>	<p>1:00 Resident Run Bingo [CCR]</p> <p>24</p>	<p>10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 2:00 Baking with Charles [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts [CR] 6-8pr Milwaukee Crochet Group -Resident Run [CR]</p> <p>25</p>	<p>Potawatomi Trip 9-1</p> <p>12:00 Hot Lunch -\$15 [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Dominos [CCR] 3:00 Rosary Group [CH] 3:30 Happy Hour [CCR]</p> <p>26</p>	<p>9:00 <u>Pick N Save Online Ordering [O]</u> 10:00 <u>Pick N Save Online Ordering [O]</u> 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 11-3:1 Sheepshead Class [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p> <p>27</p>	<p>11:00 Bingo [CCR] 2:00 Piggly Wiggly Mobile Market [OP] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 6:30 Movie Night [CCR]</p> <p>28</p>	