

THIS MONTH'S FEATURED PROGRAMS



1400 West Sonata Drive  
414.281.2450

Happy Birthday!

- |                         |                        |
|-------------------------|------------------------|
| Geraldine S. #138 10/1  | James J. #228 -10/2    |
| Angel S. #227 -10/2     | Dean S. #435 -10/2     |
| Marcy M. #208 -10/3     | Larry G. #422 -10/8    |
| Shawn S. #200 -10/8     | Nancy D. #418 -10/9    |
| Myriam S. #113 -10/9    | Michael P. #135 -10/15 |
| Siria M. #111 -10/17    | Linda W. #313 -10/20   |
| Beverly P. #4173 -10/21 | Mary S. #108 -10/21    |
| Jonathan B. #339-10/22  | Terri B. #122 -10/22   |
| Raul C. #402 -10/23     | Donald S. #119 -10/25  |
| Anita H. #336 -10/27    | William L. #428 -10/28 |
| Barbara M. #227 -10/30  |                        |

DON'T FORGET TO RSVP!



- Active Aging games 10/1-10/4
- Latin Dancers performance 10/3 @1pm
- Hot Breakfast 10/7 @9:30am
- Kenosha/civil War museum 10/11 @1pm
- Live Entertainment :Polka 10/14 @6pm
- Hot Dinner 10/22 @4:30pm
- Lunch & Learn 10/28 @11:30am
- Halloween Dance 10/30 @3pm

JOIN THE CLUB



If you'd like more information on creating a club, please talk with the individuals listed below!

- Audrey
- Rick
- Rose
- Sara

Exploring the New



ADVENTURE

Reader's Theater: Clueless

Join in a fun and dramatic performance where us the "actors" try and figure out who "murdered" the butler!

Date: Friday, 10/18 Time: 3:30

Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

Talent Show!

We are putting on a community talent show! come show off your amazing gifts with your neighbors and staff! No act is too big or too small!

Date: Thursday, 10/24 Time: 2:30

Sign-up in the enjoy life binder.

Self-Improvement and Discovery



LEARNING

Adventure Series: Streetcar History & Food Tour

Hop on a streetcar and enjoy a walking tour showcasing Milwaukee's best, complete with a dessert stop! The guided tour starts and end at The Milwaukee Public Market.

Date: Tuesday, 10/8 Time: 9:30am

Sign-up in the enjoy life binder.

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Brain and Body Fitness

Dr. Stephen Cain and his mother Karen guide you on fun and simple seated and standing exercises while hosting a fun game of trivia.

Date: Wednesday, 10/9 Time: 1:00

# INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>WILSON COMMONS</b> a capri community</p>	<p>1400 W. Sonata Dr. Milwaukee, WI 53221 (414) 281-2450</p>	<p>9:30 Town Hall [CCR] <b>1</b> 10:00 Activity Meeting [BR] 10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 1:00 Active Aging Game 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts</p>	<p>12:00 Active Aging Game [CCR] <b>2</b> 1:00 Book Mobile [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Rosary Group [CH] 4:00 BYOB Happy Hour- Resident Run [CCR]</p>	<p><b>No Sheepshead</b> <b>3</b> 9:00 Pick N Save [O] 10:00 Pick N Save [O] 10:00 Rummikub [LIB] 1:00 Latin Dancers Performance [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p>	<p>11:00 Bingo [CCR] <b>4</b> 1:00 Active Aging Game [CCR] 2:00 Poker [LIB] 3:00 Dolores 100th birthday party [A3] 3:00 Wii Bowling [CCR]</p>	<p>3:30 Catholic Mass [CH] <b>5</b></p>	
	<p><b>6</b></p>	<p>9:30 <u>Hot Breakfast \$10</u> [CCR] <b>7</b> 1:00 Resident Ambassador Meeting [BR] 3:00 Cribbage @ Polonaise - Resident Run [LIB]</p>	<p>9:30 Adventure Series: Streetcar History &amp; Food Tour [O] <b>8</b> 10:00 Rummikub [LIB] 10:30 Fox Exercise [CCR] 12:00 <u>Creativity &amp; Crafts</u> [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 2:30 Neighborhood Watch [CCR] 3:30 Advanced Crochet w/ Fiber Arts</p>	<p><b>Dr. Trejo</b> <b>9</b> 1:00 Brain and Body Fitness [CCR] 2:00 Non-Denomination Service(Lutheran) [CH] 2:30 Baking with Charles [CCR] 3:00 Dominos [CCR] 3:00 Rosary Group [CH]</p>	<p><b>No Sheepshead</b> <b>10</b> 9:00 Pick N Save [O] 10:00 Pick N Save [O] 10:00 Rummikub [LIB] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p>	<p>11:00 Bingo [CCR] <b>11</b> 1:00 Kenosha Museum/Civil War Museum \$9 [O] 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 6:30 Movie Night [CCR]</p>	<p>3:30 Catholic Mass [CH] <b>12</b> 4:30 Resident Run - Asian Cuisine Dinner [CCR]</p>
	<p><b>13</b></p>	<p><b>Indigenous People's Day</b> <b>14</b> 1:00 Bridges Vital Screening [BR] 1:00 Resident Run Bingo [CCR] 3:00 Cribbage @ Polonaise - Resident Run [LIB] 6:00 Live Entertainment: Polka Music [CCR]</p>	<p>10:00 Rummikub [LIB] <b>15</b> 10:30 Fox Exercise [CCR] 11:00 Lunch Outing [O] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts 4:00 Top Choice Happy Hour [CCR]</p>	<p>2:00 Non-Denomination Service(Lutheran) [CH] <b>16</b> 3:00 Rosary Group [CH] 4:30 <u>Around the World \$15- Nigeria</u> [CCR]</p>	<p>9:00 Pick N Save [O] <b>17</b> 10:00 Pick N Save [O] 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p>	<p>11:00 Bingo [CCR] <b>18</b> 2:00 Poker [LIB] 2:30 Birthday Party [CCR] 3:00 Wii Bowling [CCR] 3:30 Reader's Theater: Clueless [CCR]</p>	<p>3:30 Catholic Mass [CH] <b>19</b></p>
	<p><b>20</b></p>	<p><b>21</b> 1:00 Resident Run Bingo [CCR] 3:00 Creative Writing [BR] 3:00 Cribbage @ Polonaise - Resident Run [LIB]</p>	<p>10:00 Rummikub [LIB] <b>22</b> 10:30 Fox Exercise [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts 4:30 Hot Dinner \$15 [CCR]</p>	<p>2:00 Non-Denomination Service(Lutheran) [CH] <b>23</b> 3:00 Rosary Group [CH]</p>	<p>9:00 Pick N Save [O] <b>24</b> 10:00 Pick N Save [O] 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR] 2:30 Talent Show [DR]</p>	<p>11:00 Bingo [CCR] <b>25</b> 2:00 Poker [LIB] 3:00 Wii Bowling [CCR] 6:30 Movie Night [CCR]</p>	<p>3:30 Catholic Mass [CH] <b>26</b></p>
	<p><b>27</b></p>	<p><b>28</b> 11:30 lunch and learn [CCR] 1:00 Resident Run Bingo [CCR] 3:00 Cribbage @ Polonaise - Resident Run [LIB]</p>	<p>10:00 Rummikub [LIB] <b>29</b> 10:30 Fox Exercise [CCR] 2:15 Beginners Crochet with Ken/ Fiber Arts [CR] 3:30 Advanced Crochet w/ Fiber Arts</p>	<p><b>Dr. Trejo</b> <b>30</b> <u>Potawatomi Trip 9-1</u> 2:00 Non-Denomination Service(Lutheran) [CH] 3:00 Halloween Dance [CCR] 3:00 Rosary Group [CH]</p>	<p><b>Halloween</b> <b>31</b> 9:00 Pick N Save [O] 10:00 Pick N Save [O] 10:00 Rummikub [LIB] 11-4 Sheepshead [CCR] 2:00 Resident Led Discussion on Sunday Scriptures [BR]</p>	<p><b>Location Keys</b></p> <p>Brier Room BR Chapel CH Chopin Community Room CCR Craft Room CR Dining Room DR Library LIB Outing O Third Floor Activity Room A3</p> <p><b>Program Key</b></p> <p><b>Bold</b>-enjoy life Special Feature Programs <u>Underline</u>-Program Requires Sign-Up \$-Cost for Program</p>	