

# WILSON COMMONS

a capri community

1500 West Sonata Drive  
414.281.3400

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WELCOME TO NEW MEXICO

\$15 per person (includes dinner)

## AROUND THE USA

Wednesday, February 19 | 4:30-6:30PM

**SENIOR TRIVIA AND DINNER**  
Travel the USA with Wilson Commons as we feature the state of New Mexico! We will share fascinating facts and serve up some local favorites.

**DINNER MENU**  
Appetizer: chicken tortilla soup. Main dish: 3 tacos, choice of shredded pork or chicken, Spanish rice, refried beans, served with cilantro, Mexican cheese, and limes. Dessert: Biscochitos with vanilla ice cream.

Please bring payment to office by 2/14.  
RSVP by 2/14 in the Activity Binder.

### DON'T FORGET TO RSVP!



- Black History Movie every Monday at 1pm
- Valentine Day Lunch 2/14 @11:30am
- Spring Primary Election 2/11 @1pm
- Around The World 2/19 @ 4:30PM
- Creativity & Craft 2/18 @ 3:30pm

### JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below. Have an idea on a new group to add? Talk with your Lifestyle Enrichment team!

- Garden Club, Darren #301
- Crochet Club, Judy #307
- Resident Ambassador, Melodie #205

### Happy Birthday!

Roland D. #113 - 02/03	Hedwig K. #419 - 02/06
Stanley W. #103 - 02/06	Helen L. #309 - 02/07
Marguerite S. #116 - 02/10	Wendy C. #105 - 02/15
Lavone R. #213 - 02/25	Mary S. #413 - 02/27
Agnes P. #401 - 02/29	

Staff

Dedra 02/06	Melissa 02/08
Destiny 02/24	Catera 02/24
Brenda 02/26	

# enjoy life

## THIS MONTH'S FEATURED PROGRAMS

### Exploring the New

ADVENTURE

#### Scavenger Hunt: Lost Hearts

Join us on an exciting adventure as we hunt for the missing hearts! Hidden throughout the building, these hearts are waiting to be found, and we need your help to uncover them all. Get ready for a thrilling search—let the heart hunt begin!

**Date:** Thursday, 2/13 **Time:** 2:00

### Positive, Meaningful, Relationships and Service

COMMUNITY

#### Palentine Gram

Starting Monday, February 3rd to Thursday February 13th, you can come to the front office and send a friend, neighbor, or love one a "Palentine Gram" for just \$1! All "Palentine Grams" will be delivered on Friday, February 14th.

### Self-Improvement and Discovery

LEARNING

#### Have a Heart: Card Game

Join me in learning how to play a new card game called "Have a heart"!

**Date:** Friday, 2/21 **Time:** 1:00


### Pursuit of Overall Personal Wellness

HEALTH & WELLNESS

#### Valentine's Fitness Trivia

In this video Dr. Cain leads viewers on simple seated exercises to do while hosting a Valentine's themed game of fitness trivia.

**Date:** Thursday, 2/6 **Time:** 2:00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Resident Run Bingo [A3] <b>1</b> 1:30 Mass [CH] 6:00 Movie Night - Resident Run [A3]
<b>Groundhog Day 2</b> 1:00 Kings in a Corner for Dimes [A3] 6:00 Movie Night - Resident Run [A3]	<b>Palentine Gram 3</b> 10:00 Coffee Clutch [A3] 3:00 Resident Ambassador Meeting [LIB] 3:30 Variety Games [A3] 6:00 Kings in the Corner for dimes -Resident Run [A3]	<b>Palentine Gram 4</b> 10:00 Fox Exercise [A3] 2:00 Bingo [A3] 6:00 Uno - Resident Run [LIB]	<b>Palentine Gram 5</b> 10:00 Coffee Clutch [A3] 1:00 Crochet Club-Resident Run [A3] 2:00 Book Mobile [A3] 6:00 Wii Bowling - Resident Run [A3]	<b>Palentine Gram 6</b> 10:00 Coffee Clutch [A3] 2:00 Valentine Fitness Trivia [A3] 3:00 Rosary Group [CH] 7:00 Non-Domination Bible Study [CH]	<b>Palentine Gram 7</b> <b>Wear RED Day</b> 9:30 The Spring Primary Election [LIB] 10:00 Coffee Clutch [A3] <b>2:00 Manicures 2:00-3pm [A3]</b>	<b>8</b> 10:00 Resident Run Bingo [A3] 1:30 Mass [CH] 6:00 Movie Night - Resident Run [A3]
1:00 Kings in a Corner for Dimes [A3] <b>9</b> 5:00 Super Bowl Potluck -Resident Run [A3] 6:00 Movie Night - Resident Run [A3]	<b>Palentine Gram 10</b> 10:00 Coffee Clutch [A3] 10:00 <u>Pick N Save Online Ordering [LIB]</u> 1:00 Movie Matinee - Black History Theme [A4] 3:00 Variety Games [A3] 6:00 Kings in the Corner for dimes -Resident Run [A3]	<b>Palentine Gram 11</b> 10:00 Fox Exercise [A3] 1:00 The Spring Primary Election [LIB] 2:00 Bingo [A3] 6:00 Uno - Resident Run [LIB]	<b>Palentine Gram 12</b> 10:00 Coffee Clutch [A3] 1:00 Crochet Club-Resident Run [A3] 2:00 Heart Game [A3] 6:00 Wii Bowling - Resident Run [A3]	<b>Palentine Gram 13</b> 10:00 Coffee Clutch [A3] 2:00 Scavenger Hunt: Lost Heart 3:00 Rosary Group [CH] 7:00 Non-Domination Bible Study [CH]	<b>Palentine Gram Delivery 14</b> <b>Valentine's Day</b> 10:00 Coffee Clutch [A3] 11:30 Valentine's Day Lunch	<b>Wisconsin Day 15</b> 10:00 Resident Run Bingo [A3] 1:30 Mass [CH] 6:00 Movie Night - Resident Run [A3]
<b>Black History Spirit Week Begins 16</b> 1:00 Kings in a Corner for Dimes [A3] 6:00 Movie Night - Resident Run [A3]	<b>HBCU Attire or Colors Presidents' Day 17</b> 10:00 Coffee Clutch [A3] 1:00 Movie Matinee - Black History Theme [A4] 6:00 Kings in the Corner for dimes -Resident Run [A3]	<b>Black Love Day: Wear Red, Black, &amp; Green 18</b> 6:00a Voting [CCR] 10:00 Fox Exercise [A3] 2:00 Bingo [A3] 3:30 Creativity & Crafts [A3] 6:00 Uno - Resident Run [LIB]	<b>Black Out Day: Wear All Black 19</b> 10:00 Coffee Clutch [A3] 1:00 Crochet Club-Resident Run [A3] 2:00 Chair Yoga [A3] 4:30 <u>Around the World \$15- New Mexico [CCR]</u> 6:00 Wii Bowling - Resident Run [A3]	<b>Throwback Thursday: Decade Day Dress From 70's 80's 90's 20</b> 10:00 Coffee Clutch [A3] 1:00 <u>BirthDay Party [A3]</u> 2:00 Line Dancing [A3] 3:00 Rosary Group [CH] 7:00 Non-Domination Bible Study [CH]	<b>Dress Like A Black Icon 21</b> 10:00 Coffee Clutch [A3] 1:00 Have A Heart: Card Game [A3] <b>2:00 Manicures 2:00-3pm [A3]</b>	<b>22</b> 10:00 Resident Run Bingo [A3] 1:30 Mass [CH] 6:00 Movie Night - Resident Run [A3]
1:00 Kings in a Corner for Dimes [A3] <b>23</b> 6:00 Movie Night - Resident Run [A3]	<b>24</b> 10:00 Coffee Clutch [A3] 10:00 <u>Pick N Save Online Ordering [LIB]</u> 1:00 Bingo [A3] 3:00 Variety Games [A3] 6:00 Kings in the Corner for dimes -Resident Run [A3]	<b>25</b> 10:00 Fox Exercise [A3] 2:00 Resident Meeting [A4] 6:00 Uno - Resident Run [LIB]	<b>26</b> 10:00 Coffee Clutch [A3] 1:00 Crochet Club [LIB] 1:00 Movie Matinee - Black History Theme [A4] 6:00 Wii Bowling - Resident Run [A3]	<b>27</b> 10:00 Coffee Clutch [A3] 2:00 Baking with Charles [A3] 3:00 Rosary Group [CH] 7:00 Non-Domination Bible Study [CH]	<b>28</b> 10:00 Coffee Clutch [A3] 2:00 Piggly Wiggly Mobile Market [OP]	<b>Location Keys</b> Chapel CH Chopin Community Room CCR Fourth Floor Activity Room A4 Library LIB Outside of Polonaise OP Third Floor Activity Room A3