

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>150 Bella Vista Dr Madison, WI 53717 (608) 820-1800</p> <p>Clubs scheduled weekly *Programs subject to change</p>	<p>■ Alzheimer Poetry Project</p> <p>■ Field to Fare</p> <p>■ Memories in the Making</p> <p>■ Mindful Matters</p> <p>🦋 Spiritual</p>		<p>10:00 ■ Seated Yoga</p> <p>10:30 ■ Daily News/Weather Report</p> <p>11:00 ■ April Fool's Day Around the World</p> <p>1:30 ■ Yarn Crafter's Club [CR]</p> <p>2:00 ■ Noodle Exercises</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration PB&J Day</p> <p>3:30 ■ Fact or Foolery</p> <p>4:00 ■ Music and Motion</p>	<p>10:00 ■ Mobility and Flexibility</p> <p>10:30 ■ Jane Goodall Day Discussion</p> <p>1:00 ■ Stand Up and S-T-R-E-T-C-H</p> <p>1:30 ■ Movie Club- A Doris Day</p> <p>2:00 ■ BINGO Bash!</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ Book Club Read Aloud and Discussion</p> <p>4:00 ■ Dart Board Game</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily Chronicles/Weather Report</p> <p>11:00 🦋 SPECIAL GUEST: Communion with Reverend Childress</p> <p>1:00 ■ Kitchen Fun</p> <p>2:00 ■ Noodle Exercises</p> <p>2:30 ■ Maya Angelou Poetry</p> <p>3:00 ■ Sounds and Snacks [BG]</p> <p>3:00 ■ Table Top Games</p> <p>4:00 ■ Kickball and Other Active Games</p>	<p>10:00 ■ Chair Dancing</p> <p>10:30 ■ Daily News/Weather Report</p> <p>1:00 ■ Life In Color Painting Session</p> <p>2:00 ■ Seated Yoga</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>4:00 ■ Stand Up and S-T-R-E-T-C-H</p>	<p>10:00 ■ Seated Exercises</p> <p>10:30 ■ Daily News/Weather Report</p> <p>1:00 ■ Indoor Walking Club</p> <p>2:00 ■ Table Top Games</p> <p>3:00 ■ Crafter's Corner</p> <p>4:00 ■ Active Games</p>	
	<p>HAPPY BIRTHDAY to Carole!</p> <p>10:00 Virtual Church Service</p> <p>10:30 Daily Groove</p> <p>1:00 ■ Indoor Walking Club-Self-Guided</p> <p>2:00 Word Games and Puzzles</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily News/Weather Report/This Day in History</p> <p>11:00 ■ Poetry Corner</p> <p>1:00 ■ Indoor Walk Club</p> <p>1:30 ■ Crafter's Corner</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ Nail Care and Hand Massages</p> <p>2:30 ■ SPECIAL GUESTS: Card Making with Kathie and Sharon</p> <p>3:00 ■ Midday Musings and Snacks and Rehydration</p> <p>4:00 ■ Word Games/Puzzles</p>	<p>10:00 ■ Seated Yoga</p> <p>10:30 ■ Daily News/Weather Report</p> <p>11:00 ■ TV Dinner Reminisce</p> <p>1:30 ■ Yarn Crafter's Club [CR]</p> <p>2:00 ■ Noodle Exercises</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ How is it Made?</p> <p>4:00 ■ Music and Motion</p>	<p>10:00 ■ Mobility and Flexibility</p> <p>10:30 ■ Green Bay Packer Day</p> <p>1:00 ■ Stand Up and S-T-R-E-T-C-H</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ BINGO Bash!</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ Book Club Read Aloud and Discussion</p> <p>4:00 ■ Dart Board Game</p>	<p>100 Day- 100th Day of the Year</p> <p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily Chronicles/Weather Report</p> <p>11:00 ■ Sibling Day Discussion</p> <p>1:00 ■ Kitchen Fun</p> <p>2:00 ■ Noodle Exercises</p> <p>3:00 ■ Sounds and Snacks [BG]</p> <p>3:00 ■ Table Top Games</p> <p>4:00 ■ Kickball and Other Active Games</p>	<p>10:00 ■ Chair Dancing</p> <p>10:30 ■ Daily News/Weather Report</p> <p>1:00 ■ Life In Color Painting Session</p> <p>2:00 ■ Seated Yoga</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>4:00 ■ Stand Up and S-T-R-E-T-C-H</p>	<p>10:00 Resident Choice: Puzzles, Music and Movies</p> <p>1:00 ■ Indoor Walking Club-Self-Guided</p> <p>2:00 Resident Choice: At the Movies</p>	
<p>DAILY RHYTHM</p> <p>8:00 Breakfast</p> <p>10:00 Mindful Matters/Exercise</p> <p>10:30 Hydration</p> <p>11:00 This Day in History/Various Programs</p> <p>12:00 Lunch</p> <p>1:00 Walking Club</p> <p>2:00 Mindful Matters/Partner Programs</p> <p>3:00 Group Programs</p> <p>4:00 Art Corner/Recharge</p> <p>5:00 Dinner</p> <p>6:00 Resident's Choice</p>	<p>1:00 ■ Indoor Walking Club-Self-Guided</p> <p>2:00 Word Games and Puzzles</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily News/Weather Report/This Day in History</p> <p>11:00 ■ Poetry Corner</p> <p>1:00 ■ Indoor Walk Club</p> <p>1:30 ■ Crafter's Corner</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ Nail Care and Hand Massages</p> <p>2:30 ■ Art Fun with Dawn</p> <p>3:00 ■ Midday Musings and Snacks and Rehydration</p> <p>4:00 ■ Word Games/Puzzles</p>	<p>10:00 ■ Seated Yoga</p> <p>10:30 ■ Daily News/Weather Report</p> <p>11:00 ■ Barbershop Quartet Appreciation</p> <p>1:30 ■ Yarn Crafter's Club [CR]</p> <p>2:30 ■ SPECIAL GUEST: Qi Gong with Joan</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ How is it Made?</p> <p>4:00 ■ Music and Motion</p>	<p>10:00 ■ Mobility and Flexibility</p> <p>10:30 ■ Alzheimer's Family Caregiver Support Group [U]</p> <p>10:30 ■ Singin' in the Rain Day</p> <p>1:00 ■ Stand Up and S-T-R-E-T-C-H</p> <p>1:30 ■ Movie Club- Singin' in the Rain</p> <p>2:00 ■ BINGO Bash!</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ Book Club Read Aloud and Discussion</p> <p>4:00 ■ Dart Board Game</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily Chronicles/Weather Report</p> <p>1:30 ■ MSO- HeartStrings Quartet [CR]</p> <p>3:00 ■ Sounds and Snacks [BG]</p> <p>3:00 ■ Table Top Games</p> <p>4:00 ■ Kickball and Other Active Games</p>	<p>10:00 ■ Chair Dancing</p> <p>10:30 ■ Daily News/Weather Report</p> <p>1:00 ■ Life In Color Painting Session- Pinata Day</p> <p>2:00 ■ Seated Yoga</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>4:00 ■ Stand Up and S-T-R-E-T-C-H</p>	<p>10:00 ■ Seated Exercises</p> <p>10:30 ■ Daily News/Weather Report</p> <p>1:00 ■ Indoor Walking Club</p> <p>2:00 ■ Table Top Games</p> <p>3:00 ■ Crafter's Corner</p> <p>4:00 ■ Active Games</p>	
	<p>Easter</p> <p>10:00 Virtual Church Service</p> <p>10:30 Daily Groove</p> <p>1:00 ■ Indoor Walking Club-Self-Guided</p> <p>2:00 Word Games and Puzzles</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily News/Weather Report/This Day in History</p> <p>11:00 ■ Poetry Corner- Haiku</p> <p>1:00 ■ Indoor Walk Club</p> <p>1:30 ■ Crafter's Corner</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ Nail Care and Hand Massages</p> <p>2:30 ■ Art Fun with Dawn</p> <p>3:00 ■ Midday Musings and Snacks and Rehydration</p> <p>4:00 ■ Word Games/Puzzles</p>	<p>10:00 ■ Seated Yoga</p> <p>10:30 ■ Daily News/Weather Report</p> <p>11:00 ■ Earth Day Discussion</p> <p>1:30 ■ Yarn Crafter's Club [CR]</p> <p>2:00 ■ Noodle Exercises</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ How is it Made?</p> <p>4:00 ■ Music and Motion</p>	<p>10:00 ■ Mobility and Flexibility</p> <p>10:30 ■ New Orleans Jazz Festival Music</p> <p>1:00 ■ Stand Up and S-T-R-E-T-C-H</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ BINGO Bash!</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ Book Club Read Aloud and Discussion</p> <p>4:00 ■ Dart Board Game</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily Chronicles/Weather Report</p> <p>1:00 ■ Kitchen Fun</p> <p>2:00 ■ Noodle Exercises</p> <p>3:00 ■ Sounds and Snacks [BG]</p> <p>3:00 ■ Table Top Games</p> <p>4:00 ■ Kickball and Other Active Games</p>	<p>10:00 ■ Chair Dancing</p> <p>10:30 ■ Daily News/Weather Report</p> <p>11:00 ■ Ella Fitzgerald Listening Day</p> <p>1:00 ■ Life In Color Painting Session- Tabby Cat Day</p> <p>2:00 ■ Seated Yoga</p> <p>3:00 ■ Pizza Party</p> <p>3:15 ■ Super Hero Discussion</p> <p>4:00 ■ Stand Up and S-T-R-E-T-C-H</p>	<p>10:00 Resident Choice: Puzzles, Music and Movies</p> <p>1:00 ■ Indoor Walking Club-Self-Guided</p> <p>2:00 Resident Choice: At the Movies</p>	
	<p>1:00 ■ Indoor Walking Club-Self-Guided</p> <p>2:00 Word Games and Puzzles</p>	<p>10:00 ■ Daily Groove</p> <p>10:30 ■ Daily News/Weather Report/This Day in History</p> <p>11:00 ■ Poetry Corner</p> <p>1:00 ■ Indoor Walk Club</p> <p>1:30 ■ Crafter's Corner</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ Nail Care and Hand Massages</p> <p>2:30 ■ Art Fun with Dawn</p> <p>3:00 ■ Midday Musings and Snacks and Rehydration</p> <p>4:00 ■ Word Games/Puzzles</p>	<p>10:00 ■ Seated Yoga</p> <p>10:30 ■ Daily News/Weather Report</p> <p>11:00 ■ Springtime Discussions</p> <p>1:30 ■ Yarn Crafter's Club [CR]</p> <p>2:30 ■ SPECIAL GUEST: Qi Gong with Joan</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ How is it Made?</p> <p>4:00 ■ Music and Motion</p>	<p>10:00 ■ Mobility and Flexibility</p> <p>10:30 ■ Retro Toys Day Discussion</p> <p>1:00 ■ Stand Up and S-T-R-E-T-C-H</p> <p>1:30 ■ Movie Club</p> <p>2:00 ■ BINGO Bash!</p> <p>3:00 ■ Afternoon Refresh with Snacks/Hydration</p> <p>3:30 ■ Book Club Read Aloud and Discussion</p> <p>4:00 ■ Dart Board Game</p> <p>5:00 ■ Blu Grotto Family Meeting [CR]</p>				