The best things in life are the people we love, the places we've been and the memories we've made along the way.

# VILLAGE POINTE COMMONS a (capri) community

101 Walnut Circle Grafton, WI 53024



#### **DON'T FORGET TO RSVP!**

(capri) communities



\$Shopping at Metro Market 11/6
Community Meal @Ozaukee Food Alliance 11/9
\$Lambeau Tour 11/12
Ornament making 11/12
\$Trip to Family Sharing 11/13
Cedarburg H.S. Play-Almost Maine 11/13
\$Trip to Sprecher's Brewery 11/15
\$Shopping at Marshalls 11/20
\$Adventure Series-Potluck at Ruby Commons 11/21
\$Trip to Farm and Fleet 11/27

### **JOIN THE CLUB**



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below.

- -Book Club, Marge J.
- -Knit Witz, Audrey F.
- -Rosary, Joe & Joan G.
- Jokers & Pegs Sheila O.
- -Billard's Club- Jim G.

# enjoy life

# THIS MONTH'S FEATURED PROGRAMS



Positive, Meaningful, Relationships and Service

# Enjoy Life-Adventure Series Pot Luck Luncheon

November 21st 12pm to 2pm
Cost is \$10.00 a person
Share your culinary talents during a warm,
welcoming afternoon with friends! Drinks and
entertainment will be provided to honor the spirit
of togetherness.
RSVP by November 14th

# Community Meal @Ozaukee Food Alliance Bus will depart VPC on 11/9 @11:00am

Come and join us as we share a Lasagna meal. Hosted by our wonderful community partners, including area church groups, neighborhoods, and companies, patrons are invited to join us in person from 11:30am – 1pm.

# Come Hoste include and community

# Self-Improvement and Discovery



## Pursuit of Overall Personal Wellness



## **Balance for Better Mobility**

1:00pm every Thursday, beginning 8/1 in the gym.

Come join Fox Therapy in this new class. We hope you can join us!

### **Bocce Ball**

Bocce ball has started!
Join the team at 9:00am in the courtyard.
Mondays, Thursdays, and Saturdays.
Come learn a new sport or just come and cheer them on.

November 2024 Enjoy Life Together

# INDEPENDENT LIVING

Enjoy Life Together				-		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
VILLAGE POINTE COMMONS  a (capri) community	Program Key Bold- Enjoy Life Special feature Program Underlined- Program requires sign up \$\$- Cost for program *Resident run program*	Location Keys           1st Floor Activity Room         A1           2nd Floor Activity Room         A2           3rd Floor Activity Room         A3           Community Room         CR           Court Yard         CY           Fitness Room         GYM           General Store         GS           Lobby         LO           Lower Level         LL           Pool         POOL           Pub         P           Theatre         T			9 *Water Aerobics* [POOL] 10 *General Store* [GS] 11 Nancy [GYM] 10 Sing-a-Long 10 Art with Nancy [A2]	oliday Market :00 *Bocce Ball* [CY] :00 *Pool Walking [POOL]
Book Swap in Upstairs Library Daylight Saving Time Ends  9:00	9:00 *Water Aerobics* [POOL] 10:00 *Book Club* [CR] 10:00 *Casetta Coffee* 10:00 Entertainment: Rob Peterson 10:00 Yoga with Melissa [GYM] 10:30 * *Bible Study* [A1]	Election Day Trishaw Rides  9:00 Water Aerobics with Fox Therapy [POOL]  09:30 *General Store* [GS]  9:30- Coffee Hour [LO]  10:00 Dining & L.E Meeting [CR]  10:00 Exercise with Fox Therapy [GYM]  2:00 Art with staff-Christmas card making [A2]  3:00 *\$ Bingo* [CR]	9:00 *Water Aerobics* [POOL] 9:30 *Rosary & Communion* [CR]  10:45 \$Shopping at Metro Market  1:00 *\$ Sheepshead* [A1]  1:00 *Bridge* [LO]  2:00 Resident Meeting [CR]  3:00 * Mexican Train Dominoes* [A1]  3:00 ★ Service w/ Pastor Rohrback [T]  6:00 Meditation with Heather [T]  6:30 Billiards Group [POOL]	9:00 Water Aerobics with Nancy [POOL] 1:00 Balance for Better Mobility with Fox Therapy [GYM] 1:30 *Knit Witz* [P] 2:00 *Canasta* [A1] 2:00 New Resident Mix and Mingle [CR] 3:00 BINGO [LO] 6:00 *Kings Corner* [A1]	Aerobics* [POOL]  0 *General Store* [GS]  11:0  Flexibility Exercise with [GYM]  0 Sing-a-Long  1:0  1:0  1:0  2:0	casual get together of former educators-IND. LVG. 3rd floor Act. Rm. [A3]  *Pool Walking * [POOL]  Community Meal @ Ozaukee Food Alliance-Lasagna  *\$ Sheepshead* [A1]  BINGO with Nancy [LO]
Book Swap in Upstairs Library  9:00 ★ Catholic Mass (Ch. 24)  11:00 *Pool Walking * [POOL]  1:00 *Cribbage* [A1]  2:00 Movie Matinee: Fried Green Tomatoes [T]  3:00 *LCR Game* [A1]  3:00 Art with staff [A2]	Tech Genie Veterans Day  9:00 *Water Aerobics* [POOL]  10:00 Yoga with Melissa [GYM]  10:30 ★ *Bible Study* [A1]  1:00 *\$ Sheepshead* [A1]  1:00 Veterans Day Recognition [CR]  2:30 WWII Trivia [LO]  6:00 Concert Series-James Taylor [Tight]	Trishaw Rides  7:15 Adventure Series-Lambeau Tour [LO]  9:00 Water Aerobics with Fox Therapy [POOL]  09:30 *General Store* [GS]  9:30 *Coffee Hour [LO]  10:00 № Bible Study with Pastor O'Reilly-Christensen [A1]  10:00 Exercise with Fox Therapy [GYM]  2:00 Art with staff-Ornament making  3:00 *\$ Bingo* [CR]  6:00 Rock and Roll Trivia with hot cocoa [LO]	9:00 *Water Aerobics* [POOL] 9:30 *Rosary & Communion* [CR] 10:45 \$Trip to Family Sharing 1:00 *\$ Sheepshead* [A1] 1:00 *Bridge* [LO] 1:30 Legacy Grief Support [A2] 2:00 Enjoy Life on the Road-2025 Trips [CR] 3:00 *Mexican Train Dominoes* [A1] 3:00 Service w/ Pastor Rohrback [T] 5:15 Cedarburg High School Play-Almost Maine 6:30 Billiards Group [POOL]	9:00 Water Aerobics with Nancy [POOL] 14 09:30 10:00 Blood Pressure Clinic [CR] 10:00 Know Before You Go- Potluck [CR] 10:00 Balance for Better Mobility with Fox Therapy [GYM] 12:00 *Knit Witz* [P] 1:00 2:00 *Canasta* [A1] 3:00 BINGO [LO] 3:00 When a little help goes a long way-assisted living conversation [CR] 6:00 *Kings Corner* [A1] 7:00 Milwaukee Lieder Kranz singers [CR]	Flexibility Exercise with Nancy [GYM]  \$Trip to Sprecher's Brewery  Sing-a-Long Art with Nancy [A1]  Blu Grotto Prom Las Vegas Style [LL]	* [POOL]  00 *\$ Sheepshead* [A1]  00 BINGO with Heather [LO]
9:00 ★ Catholic Mass (Ch. 24)  11:00 *Pool Walking * [POOL]  12:00 Green Bay Packers vs. Chicago Bears [P]  1:00 *Cribbage* [A1]  2:00 Movie Matinee: Coal Miners Daughter [T]  3:00 *LCR Game* [A1]	Tech Genie  9:00 *Water Aerobics* [POOL]  10:00 Yoga with Melissa [GYM]  10:30 ★ *Bible Study* [A1]  1:00 *\$ Sheepshead* [A1]  2:30 Complimentary Happy Hour [CR]	Hearing Clinic 9:00 Water Aerobics with Fox Therapy [POOL] 09:30 *General Store* [GS] 9:30- Coffee Hour [LO] 10:00 Exercise with Fox Therapy [GYM] 10:00 Veterans Coffee Hour [P] 1:30pi Heatlhcare 101 [CR] 3:00 *\$ Bingo* [CR]	9:00 *Water Aerobics* [POOL] 9:30 *Rosary & Communion* [CR]  10:45 \$Shopping at Marshalls 1:00 *\$ Sheepshead* [A1] 1:00 *Bridge* [LO] 1:30 Legacy Grief Support [A2] 3:00 * Mexican Train Dominoes* [A1] 3:00 \$Service w/ Pastor Rohrback [T] 3:00 USS Liberty Memorial Public Library [LO] 6:00 Meditation with Heather [T] 6:30 Billiards Group [POOL]	9:00 Water Aerobics with Nancy [POOL]  10:45 IL Adventure Series: Potluck Ruby Commons [LO]  1:00 Balance for Better Mobility with Fox Therapy [GYM]  1:30 *Knit Witz* [P]  2:00 *Canasta* [A1]  3:00 BINGO [LO]  6:00 *Kings Corner* [A1]	*General Store* [GS] Flexibility Exercise with [GYM] Sing-a-Long Birthday Party: Entertainment from John Elvis Lyons [CR]	* [POOL] <b>2.</b> 00 *\$ Sheepshead* [A1]
9:00 ★ Catholic Mass (Ch. 24)  11:00 *Pool Walking * [POOL] 1:00 *Cribbage* [A1] 2:00 Movie Matinee: Wonder [T] 3:00 *LCR Game* [A1] 3:00 Art with staff [A2] 3:25 Green Bay Packers vs. San Francisco 49ers [P]		Trishaw Rides  9:00 Water Aerobics with Fox Therapy [POOL]  09:30 *General Store* [GS]  9:30- Coffee Hour [LO]  10:00 Bible Study with Pastor O'Reilly-Christensen [A1]  10:00 Exercise with Fox Therapy [GYM]  3:00 *\$ Bingo* [CR]  6:00 Sip and Sing with Heather [A1]	9:00 *Water Aerobics* [POOL] 9:30 *Rosary &	Thanksgiving 1:30 *Knit Witz* [P] 2:00 *Canasta* [A1] 6:00 *Kings Corner* [A1] 7:20 Green Bay Packers vs. Miami Dolphins [P]  9:0 09:31 10:0 1:0 2:0 3:0	Aerobics* [POOL]  0 *General Store* [GS]  0 Flexibility Exercise with Nancy [GYM]  1: 0 Sing-a-Long Art with Nancy [A1]  2:	[POOL] 00 *\$ Sheepshead* [A1]