

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>10995 N Market Street Mequon, Wisconsin 53092 2624781566</p> <p>Clubs scheduled weekly</p> <p>Calendar is subject to change.</p>	 <p>capri communities' signature memory care</p>						<p>9:30 Kickball</p> <p>10:00 Infusion Bar</p> <p>10:30 If I would, I could...</p> <p>11:00 Creating Fork Art</p> <p>2:00 No-bake items</p> <p>3:30 Uncorked</p> <p>6:30 Table Games</p> <p style="text-align: right;"><b>1</b></p>	<p>9:30 Rocking and Rolling</p> <p>10:00 Infusion Bar</p> <p>11:00 A World of Good-News</p> <p>2:00 Puzzle Club</p> <p>3:00 Finish the Phrase</p> <p>4:00 Armchair Travel: Germany</p> <p>6:30 Pass the Popcorn</p> <p style="text-align: right;"><b>2</b></p>
	<p><b>Daylight Saving Time Begins</b></p> <p>9:30 Badminton</p> <p>10:00 Church Gathering and Worship</p> <p>11:30 Community Choice</p> <p>2:00 Little words from big words</p> <p>3:00 Team Circle Bowling</p> <p>4:00 Creative Corner</p> <p>6:30 Trivia</p> <p style="text-align: right;"><b>3</b></p>	<p>9:30 Table Ball / Table Pong</p> <p>10:00 Infusion Bar</p> <p>10:30 Timeless Melodies Choir Club</p> <p>11:00 Tablet or Colored Pencils</p> <p>2:00 Crafty Club: Jewelry Making</p> <p>3:00 Monday Social and Sweets</p> <p>6:30 Chicken Soup for the Soul</p> <p style="text-align: right;"><b>4</b></p>	<p><b>Election Day</b></p> <p>9:30 Stretchersize</p> <p>10:00 History Class:</p> <p>10:30 Guess the Phrase</p> <p>11:00 Group Rhyme</p> <p>2:00 Poetry Project:</p> <p>3:00 Manicures and Shoulder Rubs</p> <p>4:00 Freerice</p> <p>6:30 Timeless Melodies Choir Club</p> <p style="text-align: right;"><b>5</b></p>	<p>9:30 Balance Class</p> <p>9:30 Seated Qigong Tai Chi and Yoga</p> <p>10:00 Infusion Bar</p> <p>10:30 Parachute</p> <p>11:00 Follow the Rhythms</p> <p>2:00 Resident Life Stories</p> <p>3:00 Timeless Melodies Choir Club</p> <p>6:30 Music in Motion</p> <p style="text-align: right;"><b>6</b></p>	<p>9:30 Ageless Grace</p> <p>10:00 Hand Massages and Gossip</p> <p>10:00 Life with Color</p> <p>10:15 Infusion Bar Basics w/ MP</p> <p>11:00 Finish The Phrase Game</p> <p>2:30 Prize Bingo</p> <p>4:00 Sunshine and Sing-a-long</p> <p>6:30 Meditation Circle</p> <p style="text-align: right;"><b>7</b></p>	<p>9:30 Aqua Toss</p> <p>10:00 Infusion Bar</p> <p>10:30 Dear Abby</p> <p>11:00 This Day in History Discussion Group</p> <p>2:00 Crafty Club: Stained Glass</p> <p>3:30 Uncorked</p> <p>6:30 Table Games</p> <p style="text-align: right;"><b>8</b></p>	<p>9:30 Croquet</p> <p>10:00 Twister bags</p> <p>11:30 A World of Good-News</p> <p>2:00 Puzzle Club</p> <p>3:00 Finish the Phrase</p> <p>3:30 Cheese and Crackers Social</p> <p>6:30 Pass the Popcorn</p> <p style="text-align: right;"><b>9</b></p>	
<p><b>DAILY RHYTHM</b></p> <p>8:00 Breakfast</p> <p>10:00 Mindful Matters/Exercise</p> <p>10:30 Field to Fare/Refreshments</p> <p>11:00 Creative Arts/Partner Programs</p> <p>12:00 Lunch</p> <p>2:00 Games/Mindful Matters/Refreshments</p> <p>3:00 Cultural Arts/Wellness</p> <p>4:00 Community/Music/Spiritual</p> <p>5:00 Dinner</p> <p>6:00 Evening program/Resident's Choice</p>	<p>9:30 Meditation and Relaxation</p> <p>10:00 Church Gathering and Worship</p> <p>10:00 Infusion Bar</p> <p>10:30 Team Bowling</p> <p>11:30 Finishing Lyrics and Finishing Lines</p> <p>2:00 Little words from big words</p> <p>2:00 World of Color</p> <p>3:00 Team Circle Bowling</p> <p>4:00 Creative Corner</p> <p>4:00 Green Thumb Gardeners</p> <p>6:30 Chicken Soup for the Soul</p> <p>6:30 Trivia</p> <p>7:00 Church Gathering and Worship</p> <p style="text-align: right;"><b>10</b></p>	<p><b>Veterans Day</b></p> <p>9:30 Shaker Dancing</p> <p>10:00 Infusion Bar</p> <p>10:30 Timeless Melodies Choir Club</p> <p>11:00 Tablet or Colored Pencils</p> <p>11:30 History of Film</p> <p>2:00 Decorating Club</p> <p>2:00 Get Crafty:</p> <p>4:00 Wheel of Fortune</p> <p>6:30 Prayer or group spiritual reading</p> <p style="text-align: right;"><b>11</b></p>	<p>9:30 Bean Bag Toss</p> <p>9:30 Stretchersize</p> <p>10:00 History Class:</p> <p>10:00 Infusion Bar</p> <p>11:30 Word Wall</p> <p>2:00 Poetry Project:</p> <p>2:00 Scented dough claytonary</p> <p>3:00 Manicures and Shoulder Rubs</p> <p>4:00 Dirt cups</p> <p>4:00 Freerice</p> <p>6:30 Mindfulness Meditation</p> <p>7:00 Timeless Melodies Choir Club</p> <p style="text-align: right;"><b>12</b></p>	<p>9:30 Balance Class</p> <p>9:30 Seated Aerobics</p> <p>10:00 Infusion Bar</p> <p>10:30 Parachute</p> <p>11:30 Poetry Pals</p> <p>2:00 Make popsicles</p> <p>2:00 Resident Life Stories</p> <p>3:00 Timeless Melodies Choir Club</p> <p>4:00 Welcome Wagon</p> <p>6:30 Weekday Worship: Favorite Hymns</p> <p>7:00 Chapter Chat</p> <p style="text-align: right;"><b>13</b></p>	<p>9:30 Lively Drumming</p> <p>9:30 Strengthening Exercises</p> <p>10:00 Hand Massages and Gossip</p> <p>10:00 Infusion Bar</p> <p>10:00 Life with Color</p> <p>10:15 Infusion Bar Basics w/ MP</p> <p>11:30 Name that Noise</p> <p>2:00 Scratch and Design</p> <p>2:30 Prize Bingo</p> <p>4:00 Birthday Bash</p> <p>6:30 Music in Motion</p> <p style="text-align: right;"><b>14</b></p>	<p>9:30 Chair Dance</p> <p>10:00 Infusion Bar</p> <p>10:30 If I would, I could...</p> <p>11:30 Brainstorming</p> <p>1:00 Trips and Travels</p> <p>2:00 Crafty Club: Suncatchers</p> <p>3:30 Uncorked</p> <p>4:00 Uncorked</p> <p>6:00 Sentimental Serenity</p> <p>6:30 Table Games</p> <p>7:00 Montessori Life</p> <p style="text-align: right;"><b>15</b></p>	<p>9:30 Bag Toss</p> <p>10:00 Infusion Bar</p> <p>11:30 A World of Good-News</p> <p>1:00 Be Our Guest</p> <p>2:00 Puzzle Club</p> <p>3:00 Finish the Phrase</p> <p>3:30 Cheese and Crackers Social</p> <p>4:00 Flag-colored parfaits</p> <p>4:00 Daily Devotions</p> <p>6:30 Pass the Popcorn</p> <p>7:00 Pass the Popcorn</p> <p style="text-align: right;"><b>16</b></p>	
	<p>9:30 Baget Golf</p> <p>10:00 Church Gathering and Worship</p> <p>10:00 Infusion Bar</p> <p>11:30 Word Search</p> <p>2:00 Little words from big words</p> <p>2:00 World of Color</p> <p>3:00 Team Circle Bowling</p> <p>4:00 Creative Corner</p> <p>4:00 Green Thumb Gardeners</p> <p>6:30 Meditation Circle</p> <p>6:30 Trivia</p> <p>7:00 Church Gathering and Worship</p> <p style="text-align: right;"><b>17</b></p>	<p>9:30 HORSE</p> <p>10:00 Infusion Bar</p> <p>10:30 Timeless Melodies Choir Club</p> <p>11:00 Tablet or Colored Pencils</p> <p>11:30 Higher or Lower</p> <p>2:00 Get Crafty:</p> <p>2:00 Stamp Art</p> <p>4:00 Sunshine Social</p> <p>6:30 Tablet for relaxation</p> <p style="text-align: right;"><b>18</b></p>	<p>9:30 Stretchersize</p> <p>9:30 Throw Tic Tac Toe</p> <p>10:00 History Class:</p> <p>10:00 Infusion Bar</p> <p>10:30 Guess the Phrase</p> <p>11:30 Putting a puzzle together</p> <p>2:00 Food on the griddle</p> <p>2:00 Poetry Project:</p> <p>3:00 Manicures and Shoulder Rubs</p> <p>4:00 Freerice</p> <p>4:00 Resident Spotlight: My History</p> <p>6:30 Daily Devotions</p> <p>7:00 Timeless Melodies Choir Club</p> <p style="text-align: right;"><b>19</b></p>	<p>9:30 Balance Class</p> <p>9:30 Home Stretch Derby</p> <p>10:00 Infusion Bar</p> <p>10:30 Parachute</p> <p>11:30 Master Minds</p> <p>2:00 Resident Life Stories</p> <p>2:00 Wonderful World of Watercolor</p> <p>3:00 Timeless Melodies Choir Club</p> <p>4:00 Jolly Jokes and Silly Sayings</p> <p>6:30 Music in Motion</p> <p>7:00 Chapter Chat</p> <p style="text-align: right;"><b>20</b></p>	<p>9:30 Basketball</p> <p>9:30 Strengthening Exercises</p> <p>10:00 Hand Massages and Gossip</p> <p>10:00 Infusion Bar</p> <p>10:00 Life with Color</p> <p>10:15 Infusion Bar Basics w/ MP</p> <p>11:30 Treeval Word Game: US Presidents</p> <p>2:00 Staff Appreciation: Aroma Sachet</p> <p>2:30 Prize Bingo</p> <p>4:00 What is in that purse?</p> <p>6:30 Prayer or group spiritual reading</p> <p style="text-align: right;"><b>21</b></p>	<p>9:30 Senior Stretch</p> <p>10:00 Infusion Bar</p> <p>10:30 Dear Abby</p> <p>11:30 Daily Chronicles</p> <p>1:00 Trips and Travels</p> <p>2:00 Dinner Party name cards</p> <p>3:30 Uncorked</p> <p>4:00 Uncorked</p> <p>6:30 Table Games</p> <p>6:30 Tablet for relaxation</p> <p>7:00 Montessori Life</p> <p style="text-align: right;"><b>22</b></p>	<p>9:30 Irish Chair Dance</p> <p>10:00 Infusion Bar</p> <p>11:30 A World of Good-News</p> <p>1:00 Be Our Guest</p> <p>2:00 Puzzle Club</p> <p>3:00 Finish the Phrase</p> <p>3:30 Cheese and Crackers Social</p> <p>4:00 I Love Lucy</p> <p>6:30 Chicken Soup for the Soul</p> <p>6:30 Pass the Popcorn</p> <p>7:00 Pass the Popcorn</p> <p style="text-align: right;"><b>23</b></p>	
	<p>9:30 Weight training</p> <p>10:00 Church Gathering and Worship</p> <p>10:00 Infusion Bar</p> <p>10:30 Team Bowling</p> <p>11:30 Treeval Word Game: Peacemakers</p> <p>2:00 Little words from big words</p> <p>2:00 World of Color</p> <p>3:00 Team Circle Bowling</p> <p>4:00 Creative Corner</p> <p>4:00 Green Thumb Gardeners</p> <p>6:30 Mindfulness Meditation</p> <p>6:30 Trivia</p> <p>7:00 Church Gathering and Worship</p> <p style="text-align: right;"><b>24</b></p>	<p>9:30 Sit and Be Fit</p> <p>10:00 Infusion Bar</p> <p>10:30 Timeless Melodies Choir Club</p> <p>11:00 Tablet or Colored Pencils</p> <p>11:30 MindStart Puzzling</p> <p>2:00 Get Crafty:</p> <p>2:00 Potpourri Pals</p> <p>4:00 Painting watercolor dreidels</p> <p>6:30 Sentimental Serenity</p> <p style="text-align: right;"><b>25</b></p>	<p>9:30 Stretchersize</p> <p>9:30 Volleyball</p> <p>10:00 History Class:</p> <p>10:00 Infusion Bar</p> <p>11:30 Word Search with Friends</p> <p>2:00 Fruit Cake Creation</p> <p>2:00 Poetry Project:</p> <p>3:00 Manicures and Shoulder Rubs</p> <p>4:00 Freerice</p> <p>4:00 Go Team- Sports Hour</p> <p>6:30 Weekday Worship: Favorite Hymns</p> <p>7:00 Timeless Melodies Choir Club</p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 Balance Class</p> <p>9:30 Balloon Toss</p> <p>10:00 Infusion Bar</p> <p>10:30 Parachute</p> <p>11:30 Group Imagination</p> <p>2:00 Resident Life Stories</p> <p>2:00 Sand and Surf</p> <p>3:00 Timeless Melodies Choir Club</p> <p>4:00 Taste of home</p> <p>6:30 Meditation Circle</p> <p>7:00 Chapter Chat</p> <p style="text-align: right;"><b>27</b></p>	<p><b>Thanksgiving</b></p> <p>9:30 Ribbon Dance</p> <p>9:30 Strengthening Exercises</p> <p>10:00 Hand Massages and Gossip</p> <p>10:00 Infusion Bar</p> <p>10:00 Life with Color</p> <p>10:15 Infusion Bar Basics w/ MP</p> <p>11:30 Famous Duos</p> <p>2:00 Crafty Club: Picture Perfect</p> <p>2:30 Prize Bingo</p> <p>4:00 Blessed Blooms Club</p> <p>6:30 Tablet for relaxation</p> <p style="text-align: right;"><b>28</b></p>	<p>9:30 Morning Stretch</p> <p>10:00 Infusion Bar</p> <p>10:30 If I would, I could...</p> <p>11:30 Team's Choice Trivia</p> <p>1:00 Trips and Travels</p> <p>2:00 Residents Pick</p> <p>3:30 Uncorked</p> <p>4:00 Uncorked</p> <p>6:30 Table Games</p> <p>6:30 Weekday Worship: Favorite Hymns</p> <p>7:00 Montessori Life</p> <p style="text-align: right;"><b>29</b></p>	<p>9:30 Frisbee Golf</p> <p>10:00 Infusion Bar</p> <p>11:30 A World of Good-News</p> <p>1:00 Be Our Guest</p> <p>2:00 Puzzle Club</p> <p>3:00 Finish the Phrase</p> <p>3:30 Cheese and Crackers Social</p> <p>4:00 Seasonal Celebration</p> <p>6:30 Mindfulness Meditation</p> <p>6:30 Pass the Popcorn</p> <p>7:00 Pass the Popcorn</p> <p style="text-align: right;"><b>30</b></p>	