

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
10995 N Market Street Mequon, Wisconsin 53092 2624781566		blu grotto capri communities' signature memory care		April Fool's Day 1 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Qigong Tai Chai and Yoga 1:30 National Geographic 2:00 Do You Know Your Neighbors? 3:30 Poetry Project: You Know What They Say About Fools 6:30 Freerice 7:00 Timeless Melodies Choir Club		2 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sit and be Fit 1:30 BINGO! for Quarters 1:30 National Geographic 3:30 Manicures and Gossip 6:30 Freerice 7:00 Chapter Chat		3 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Mid-Morning Workout 1:30 National Geographic 2:00 Life with Color 3:30 Resident's Choice: Eldercare Worship 6:30 Mindfulness Meditation		4 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sittercise 1:30 National Geographic 2:00 Floral Club 3:30 Uncorked: With The Beatles 4:00 Resident Spotlight: My History 6:30 Prayer or Group spiritual reading 7:00 Montessori Life		5 10:00 Zumba Exercise 10:30 Infusion Bar 11:00 Be Our Guess 2:00 BINGO! for Quarters [A] 2:00 Puzzle Club 3:30 Finish the Phrase 6:30 Pass the Popcorn			
				6 10:00 Morning Stretch 10:30 Church Gathering and Worship 10:30 Infusion Bar 11:30 Word Game 2:00 Little Word from Big Word 3:00 Team Circle Bowling 4:00 Creative Corner 6:30 Mindfulness Meditation 7:00 Church Gathering and Worship		7 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Chair Dance 1:30 National Geographic 2:00 Getting Crafty: 3:30 Book Club 6:30 Sentimental Serenity		8 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Qigong Tai Chai and Yoga 1:30 National Geographic 2:00 Baking Club: 3:30 Poetry Project: 6:30 Freerice 7:00 Timeless Melodies Choir Club		9 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sit and be Fit 1:30 BINGO! for Quarters 1:30 National Geographic 3:30 Manicures and Gossip 6:30 Freerice 7:00 Chapter Chat		10 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Mid-Morning Workout 1:30 National Geographic 2:00 Life with Color 4:00 Resident's Choice 6:30 Mindfulness Meditation		11 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sittercise 1:30 National Geographic 2:00 Floral Club 3:30 Uncorked 4:00 Sing Along w/ Suzie Q 6:30 Prayer or Group spiritual reading 7:00 Montessori Life	
DAILY RHYTHM 8:00 Breakfast 10:00 Mindful Matters/Exercise 10:30 Field to Fare/Refreshments 11:00 Creative Arts/Partner Programs 12:00 Lunch 2:00 Games/Mindful Matters/ Refreshments 3:00 Cultural Arts/Wellness 4:00 Community/Music/Spiritual 5:00 Dinner 6:00 Evening program/Resident's Choice		13 10:00 Morning Stretch 10:30 Church Gathering and Worship 10:30 Infusion Bar 11:30 Word Game 2:00 Little Word from Big Word 3:00 Team Circle Bowling 4:00 Creative Corner 6:30 Mindfulness Meditation 7:00 Church Gathering and Worship		14 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Chair Dance 1:30 National Geographic 2:00 Getting Crafty: 3:30 Book Club 6:30 Sentimental Serenity		15 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Qigong Tai Chai and Yoga 1:30 National Geographic 2:00 Baking Club: 3:30 Poetry Project: 6:30 Freerice 7:00 Timeless Melodies Choir Club		16 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sit and be Fit 1:30 BINGO! for Quarters 1:30 National Geographic 3:30 Passover Fun and Games 6:30 Freerice 7:00 Chapter Chat		17 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Mid-Morning Workout 1:30 National Geographic 2:00 Life with Color 4:00 Resident's Choice 6:30 Mindfulness Meditation		18 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sittercise 1:30 National Geographic 2:00 Floral Club 3:30 Uncorked 6:30 Prayer or Group spiritual reading 7:00 Montessori Life		19 10:00 Zumba Exercise 10:30 Infusion Bar 11:00 Be Our Guess 2:00 BINGO! for Quarters [A] 2:00 Puzzle Club 3:30 Finish the Phrase 6:30 Pass the Popcorn	
		20 Easter PASSOVER Ends 10:00 Morning Stretch 10:30 Church Gathering and Worship 10:30 Infusion Bar 11:30 Word Game 2:00 Little Word from Big Word 3:00 Team Circle Bowling 4:00 Creative Corner 6:30 Mindfulness Meditation 7:00 Church Gathering and Worship		21 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Chair Dance 1:30 National Geographic 2:00 Getting Crafty: 3:30 Book Club 6:30 Sentimental Serenity		22 Earth Day 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Qigong Tai Chai and Yoga 1:30 National Geographic 2:00 Celebrating Earth Day 3:30 Poetry Project: 6:30 Freerice 7:00 Timeless Melodies Choir Club		23 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sit and be Fit 1:30 BINGO! for Quarters 1:30 National Geographic 3:30 Manicures and Gossip 6:30 Freerice 7:00 Chapter Chat		24 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Mid-Morning Workout 1:30 National Geographic 2:30 Monthly Birthday w/ Standard Issue 4:00 Resident's Choice 6:30 Mindfulness Meditation		25 Arbor Day 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sittercise 1:30 Floral Club 2:00 National Geographic: History of Arbor Day Uncorked with Forest Funnies 3:30 Prayer or Group spiritual reading 6:30 7:00 Montessori Life		26 10:00 Zumba Exercise 10:30 Infusion Bar 11:00 Be Our Guess 2:00 BINGO! for Quarters [A] 2:00 Puzzle Club 3:30 Finish the Phrase 6:30 Pass the Popcorn	
		27 10:00 Morning Stretch 10:30 Church Gathering and Worship 10:30 Infusion Bar 11:30 Word Game 2:00 Little Word from Big Word 3:00 Team Circle Bowling 4:00 Creative Corner 6:30 Mindfulness Meditation 7:00 Church Gathering and Worship		28 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Chair Dance 1:30 National Geographic 2:00 Getting Crafty: 3:30 Book Club 6:30 Sentimental Serenity		29 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Qigong Tai Chai and Yoga 1:30 National Geographic 2:00 Baking Club: 3:30 Poetry Project: 6:30 Freerice 7:00 Timeless Melodies Choir Club		30 9:30 Morning Stroll 10:00 Daily Chronicle 10:30 Infusion Bar 11:00 Sit and be Fit 1:30 BINGO! for Quarters 1:30 National Geographic 3:30 Manicures and Gossip 6:30 Freerice 7:00 Chapter Chat		Alzheimer Poetry Project Field to Fare Life with Color Mindful Matters					