

In Honor Of Those Who Have Served

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VETERANS DAY RECOGNITION

Monday, November 11th
2:00pm – 3:00pm

Here at Summit Woods, we will be honoring our amazing Veteran's with a ceremony led by Commonheart Hospice. Refreshments to follow. Please bring a picture of you in the service to Jessica by Thursday, 11/7.



capri COMMUNITIES

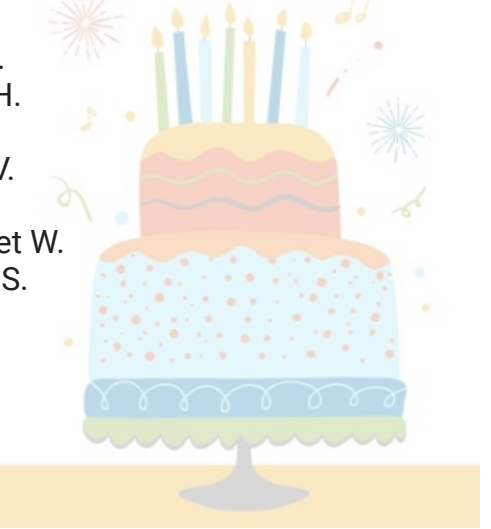
SUMMIT WOODS

a capri community

2501 Summit Ave
 Waukesha, WI 53188

(262) 521-1388

Happy Birthday!



Judy M.	11/2
Nancy H.	11/7
Ellen J.	11/12
Judith V.	11/18
Don C.	11/24
Margaret W.	11/24
Sharon S.	11/28

JOIN THE CLUB



If you're interested in joining one of our many clubs, please see the main bulletin board for information.

Sheepshead
 Farkle
 Skyjo

Kings in the Corner
 Bridge
 Others

DON'T FORGET TO SIGN-UP IN THE ENJOY LIFE BINDER!



Out to Eat: East Troy House Restaurant 11/15
 WCTC IT Students 11/19
 Waukesha Parade Memorial Dedication 11/21
 Trip: Hobby Lobby 11/22

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Adventure Series: Lambeau Field Tour
 This full-day adventure begins with an exclusive Lambeau Field Classic Stadium Tour, where you'll walk down the same tunnel as Packers players on game day and dive into the rich history of one of the NFL's most iconic teams. Enjoy a delicious lunch at 1919 Kitchen & Tap. Afterward, explore the Packers Hall of Fame Museum. **RSVP was by 10/28**
Date: Tuesday, 11/12 **Leave at:** 6:30am

Positive, Meaningful, Relationships and Service



COMMUNITY

Adventure Series: Potluck Luncheon
 Strengthen community bonds and celebrate another year of enjoying life together. Share your culinary talents—or enlist your community's dining team—during a warm, welcoming afternoon with friends! Drinks and entertainment will be provided to honor the spirit of togetherness **Price:** \$10 per person
RSVP to Jessica by 11/12

Self-Improvement and Discovery



LEARNING

Presentation led by Stephanie Todd
 Stephanie will be coming to Summit Woods to talk about her experience serving in the US Army. Come and listen to her stories.
Date: Wednesday, 11/20 **Time:** 2:00pm

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Music Wellness with McKenzie Nicewander
 McKenzie is a board certified music therapist. She offers community based music wellness groups with a focus on fostering mind, body, emotional, spiritual, and interpersonal connection through music. Come and listen to her music session.
Date: Wednesday, 11/13 **Time:** 2:00pm

November 2024

Enjoy Life Together

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Location Keys Chapel (3rd FL) CH Family Room (1st FL) FR Library (2nd FL) L Multipurpose Room (2nd FL) MR Patio P Summit Room (1st FL) SR		**Anything underlined requires a sign-up. Please be sure to check the Enjoy Life Binder. Bold: Special Feature Programs		10:00 Morning Stretch [SR] 10:20 Coffee Klatsch [SR] 11:00 Catholic Service [CH] 12:00 Outing: Ambassador Lunch 2:30 Ambassador Meeting [FR] 3:15 Rosary [CH] 6:00 Game Night [FR]	9:30 Country Store 9:30-10:30 10:00 Exercise with Joan [SR] 10:20 Coffee Klatsch [SR] 1:00 Hand and Foot [L] 3:00 Trivia [FR] 6:00 Movie Night - Dark Victory [FR]
Daylight Saving Time Ends 1:00 Kings in the Corner [FR] 2:00 The Crafters Corner [L] 3:30 Farkle [FR] 6:00 Wii Bowling [FR]	10:00 Exercise with Fox Therapy [SR] 10:00 <u>Walmart (Waukesha)</u> 10:20 Coffee Klatsch [SR] 2:00 Bridge [MR] 2:00 Patio Clean Up [P] 2:00 Sheepshead [L] 3:00 Trivia [FR] 6:00 Bingo with Chris & Cheryl [FR]	9:30 Country Store 9:30-10:30 10:00 Fancy Nails with Lisa [MR] 10:00 Get Your Groove On [SR] 10:20 Coffee Klatsch [SR] 11:00 Wii Bowling [FR] 1:00 Bible Study [L] 2:00 Kings in the Corner [FR] 2:00 Presentation: Jessica's Trip to Germany [SR] 3:00 Dominoes [L] 6:00 Hand and Foot [FR]	10:00 Sit & Be - Fit with Joan [SR] 10:20 Coffee Klatsch [SR] 11:00 Walking Group Around Summit Woods [FR] 1:00 Lutheran/Protestant Service [CH] 1:00 Waukesha Library [L] 2:00 Cribbage [MR] 2:00 Monthly Birthday Party with Jay Isaacson [SR] 2:00 Skyjo [L] 6:00 Bingo [FR]	9:30 Country Store 9:30-10:30 10:00 Fitness with Orange Shoe - Scott Michel [SR] 10:20 Coffee Klatsch [SR] 10:30 Resident Meeting [SR] 2:00 Bridge [MR] 2:00 Pet Visit from HAWS [FR] 2:00 Sheepshead [L] 3:00 Karaoke [FR] 6:00 Trivia [FR]	10:00 Morning Stretch [SR] 10:20 Coffee Klatsch [SR] 11:00 Catholic Service [CH] 2:00 Intergenerational Friends Club - Trivia Games [SR] 3:15 Rosary [CH] 6:00 Game Night [FR]	9:30 Country Store 9:30-10:30 10:00 Exercise with Joan [SR] 10:20 Coffee Klatsch [SR] 1:00 Hand and Foot [L] 3:00 Trivia [FR] 6:00 Movie Night - War of Roses [FR]	
1:00 Kings in the Corner [FR] 3:30 Farkle [FR] 6:00 Wii Bowling [FR]	Veterans Day 10:00 <u>Aldi/Kohl's</u> 10:00 Exercise with Fox Therapy [SR] 10:20 Coffee Klatsch [SR] 2:00 Bridge [MR] 2:00 Sheepshead [L] 2:00 Veterans Day Celebration led by Commonheart Hospice [SR] 3:00 Trivia [FR] 6:00 Bingo with Chris & Cheryl [FR]	Adventure Series: Lambeau Field 9:30 Country Store 9:30-10:30 10:00 Fancy Nails with Lisa [MR] 10:00 Get Your Groove On with Joan [SR] 10:20 Coffee Klatsch [SR] 1:00 Dominoes [L] 2:00 Kings in the Corner [FR] 6:00 Hand and Foot [FR]	10:00 Sit & Be-Fit [SR] 10:20 Coffee Klatsch [SR] 11:00 Activity Meeting [FR] 2:00 Cribbage [MR] 2:00 Music Wellness with McKenzie Nicewander [FR] 2:00 Skyjo [L] 6:00 Bingo [FR]	9:30 Country Store 9:30-10:30 10:00 Fitness with Orange Shoe - Scott Michel [SR] 10:20 Coffee Klatsch [SR] 11:00 Walking Group Around Summit Woods [FR] 1:00 Lutheran/Protestant Service [CH] 2:00 Bean Auction [FR] 2:00 Bridge [MR] 2:00 Sheepshead [L] 3:00 Summit Singers [FR] 6:00 Trivia [FR]	10:00 Morning Stretch [SR] 10:20 Coffee Klatsch [SR] 11:00 Catholic Service [CH] 12:00 <u>Out to Eat: East Troy House Restaurant / Trip to The Elegant Farmer</u> 2:00 Book Club [L] 3:15 Rosary [CH] 6:00 Game Night [FR]	9:30 Country Store 9:30-10:30 10:00 Exercise with Joan [SR] 10:20 Coffee Klatsch [SR] 1:00 Hand and Foot [L] 3:00 Trivia [FR] 6:00 Movie Night - Pelican Brief [FR]	
1:00 Kings in the Corner [FR] 2:00 The Crafters Corner [L] 3:30 Farkle [FR] 6:00 Wii Bowling [FR]	10:00 Exercise with Fox Therapy [SR] 10:00 <u>Meijer (Sunset)</u> 10:20 Coffee Klatsch [SR] 2:00 Bridge [MR] 2:00 Sheepshead [L] 2:00 Thanksgiving Craft [FR] 3:00 Trivia [FR] 6:00 Bingo with Chris & Cheryl [FR]	9:30 Country Store 9:30-10:30 10:00 Fancy Nails with Lisa [MR] 10:00 Get Your Groove On [SR] 10:20 Coffee Klatsch [SR] 11:00 Walking Group Around Summit Woods [FR] 1:00 Bible Study [L] 2:00 Kings in the Corner [FR] 2:00 <u>WCTC IT Students [SR]</u> 3:00 Dominoes [L] 6:00 Hand and Foot [FR]	10:00 Sit & Be-Fit [SR] 10:20 Coffee Klatsch [SR] 11:00 Wii Bowling [FR] 2:00 Cribbage [MR] 2:00 Presentation led by Stephanie Todd [SR] 2:00 Skyjo [L] 6:00 Bingo [FR]	9:30 Country Store 9:30-10:30 10:00 Fitness with Orange Shoe - Scott Michel [SR] 10:20 Coffee Klatsch [SR] 11:15 Adventure Series: Potluck Luncheon at Ruby Commons [FR] 1:00 Lutheran/Protestant Service [CH] 2:00 Bridge [MR] 2:00 Sheepshead [L] 4:00 <u>Waukesha Parade Memorial Dedication Ceremony</u> 6:00 Trivia [FR]	10:00 Morning Stretch [SR] 10:20 Coffee Klatsch [SR] 11:00 Catholic Service [CH] 1:00 <u>Trip to Hobby Lobby</u> 3:15 Rosary [CH] 6:00 Game Night [FR]	9:30 Country Store 9:30-10:30 10:00 Exercise with Joan [SR] 10:20 Coffee Klatsch [SR] 1:00 Hand and Foot [L] 3:00 Trivia [FR] 6:00 Movie Night - Catch Me If You Can [FR]	
1:00 Kings in the Corner [FR] 3:30 Farkle [FR] 6:00 Wii Bowling [FR]	10:00 Exercise with Fox Therapy [SR] 10:00 <u>MetroMarket/Dollar Tree</u> 10:20 Coffee Klatsch [SR] 2:00 Bridge [MR] 2:00 Sheepshead [L] 2:00 Watercolor Painting: Thanksgiving 3:00 Trivia [FR] 6:00 Bingo with Chris & Cheryl [FR]	9:30 Country Store 9:30-10:30 10:00 Fancy Nails with Lisa [MR] 10:00 Get Your Groove On [SR] 10:20 Coffee Klatsch [SR] 11:00 Walking Group Around Summit Woods [FR] 1:00 Dominoes [L] 2:00 Kings in the Corner [FR] 6:00 Hand and Foot [FR]	10:00 Sit & Be-Fit [SR] 10:20 Coffee Klatsch [SR] 11:00 Thanksgiving Day Trivia and Coloring [FR] 1:00 Lutheran/Protestant Service [CH] 2:00 Cribbage [MR] 2:00 Happy Hour [SR] 2:00 Skyjo [L] 6:00 Bingo [FR]	Thanksgiving 9:30 Country Store 9:30-10:30 10:20 Coffee Klatsch [SR] 2:00 Bridge [MR] 2:00 Sheepshead [L] 3:00 Summit Singers [FR] 6:00 Trivia [FR]	10:00 Morning Stretch with Joan [SR] 10:20 Coffee Klatsch [SR] 11:00 Catholic Service [CH] 3:15 Rosary [CH] 6:00 Game Night [FR]	9:30 Country Store 9:30-10:30 10:00 Exercise with Joan [SR] 10:20 Coffee Klatsch [SR] 1:00 Hand and Foot [L] 3:00 Trivia [FR] 6:00 Movie Night - The Sting [FR]	