



ST. RITA SQUARE

a **capri** community

728 E. Pleasant Street, Milwaukee 53202
 stritasquare.com
 414-485-6600

Gift Exchange
Friday, December 13th
1:00pm in the Cannoli Room

Bring a wrapped gift- \$15 max. We will be drawing numbers to decide the order of picking gifts. If you bring a gift, you will also receive a gift!



DON'T FORGET TO RSVP!



- Swimming in Grafton | Wednesdays at 9am
- Grocery Shopping | Tuesdays/Thursdays
- Speakers | Thursdays at 2pm
- Readers Theater | 12/2 at 1pm
- Mileager's & O&H Bakery | 12/3 at 9am
- Trip to the Domes 12/16 at 10am
- December Birthday Party | 12/20 at 12pm
- Singing Christmas Carols | 12/23 at 1pm
- New Years Eve Celebration | 12/31 at 6pm

Happy Birthday!

- | | |
|------------------|-----------------|
| Denise K. 12/4 | Barbara T. 12/9 |
| John S. 12/13 | Pat M. 12/14 |
| Bob M. 12/16 | Win T. 12/18 |
| Richard L. 12/19 | Ronnie M. 12/19 |
| Kathy N. 12/27 | Terri M. 12/28 |
| Martha S. 12/29 | |



JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below.

- Civic Engagement Group | Bruce & Terry W.
- Composting Committee | Barb T. & Eleanor H.
- Gardening Club | Jackie H.
- Rosary and Bible Study | Jack H.
- Sunshine Committee | Jackie H.
- Go Green Committee | Sue C. & Jackie H.

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Big Band Holiday Performance (\$34/person)
 Embrace the holiday spirit with an uplifting program of soulful and swinging big band jazz renditions of seasonal classics. The Milwaukee Jazz Institute will dazzle us with a festive performance, featuring an all-star lineup of the region's top jazz talent. Hum along, dance in your seats, and celebrate the season!
Date: Thursday, 12/19 **Time:** 1:00pm

Positive, Meaningful, Relationships and Service



COMMUNITY

Amazing Grace Choir Performance
 Celebrate the holiday season with the beautiful voices of the Amazing Grace Choir at St. Rita's Church. This free event will be followed by a festive reception in St. Rita Square Trattoria, where light snacks and refreshments will be served.
Date: Saturday, 12/7 **Time:** 2:30pm
 Sign-up in the enjoy life binder.

Self-Improvement and Discovery



LEARNING

High Tea at the Pfister (\$50/person)
 Get ready for a delightful afternoon with fellow residents as you savor The Pfister Hotel's elegant afternoon tea service. Residents are invited to a refined experience filled with delicious teas, delicate pastries and warm company in a beautiful setting. Dress up in your finest and prepare for an outing of charm and relaxation.
Date: Wednesday, 12/18 **Time:** 11:30am

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

TedTalk: Setting the Right Goals & Stay Motivated
 You can't just "find" motivation, says scientist Ayelet Fishbach – you have to learn how to motivate yourself. She shares a handful of tips backed by 20 years of motivation research, offering surprisingly simple wisdom on how to optimize your goals, set yourself up for success, and avoid the tempting calls of procrastination.
Date: Friday, 12/27 **Time:** 1:00pm

December 2024

Storytellers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:30 St. Rita Mass [CH] 1	10:30 Balance Class [F] 2 11:00 Ballet Barre Video [F] 1:00 Bridge [T] <u>1:00 Readers Theater: "A Tasty Compromise" & "Hama the No-Drama Llama" [CLR]</u> 1:30 Grief Support Group [C] 2:30 Bingo 0.50c per Game [CLR] 3:30 BYOB Happy Hour [T] 6:00 Scrabble [5]	9:00 <u>Trip to Mileagers and O&H Bakery in Racine [O]</u> 3 10:30 Strengthening Video [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 1:30 Sheepshead [T] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "The Grinch" (Amazon) [CLR]	10:00 Art with Ann [T] 4 10:30 Chair Pilates Video [F] <u>11:15 Lunch at Foxtown Brewing in Mequon [O]</u> 2:30 Cribbage [T] 3:30 Documentary: "The Black Candle" (Amazon) [CLR] 7:00 Civic Engagement Group [C]	Novir Vaccine Clinic 5 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] <u>11:15 Pick N Save Trip [O]</u> 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Jackie Haessly- Grandmother of Jesus [C]</u> 2:15 Dominoes [T] 2:30 Quiet Reading Group [4] 3:00 <u>Complimentary Cocktail Hour [T]</u> 7:00 AMERICA MAGAZINE Discussion Group [C] 7:15 Packers VS Lions [CLR]	Green and Red Day 6 10:30 Body Workout [F] 11:00 Tai Chi [F] 12:45 Bridge [T] 1:00 Enjoy Life Planning Meeting with Abby [CLR] 2:00 Bingo with Mike- 0.50c per sheet [5] 2:30 Movie: "Miracle on 34th Street" (Amazon) [CLR] 5:00 First Friday at Grace Lutheran Church: Tenors MKE	10:00 Rosary with Jack [CH] 7 1:00 Scrabble [5] 2:30 Amazing Grace Chorus Performance/Holiday Party [CH] 6:30 Game Night: Bring your favorite game to play [C]	
10:30 St. Rita Mass [CH] 8 3:00 Holidays on the Hop Music Series: 3-6pm (Milwaukee Choristers & Sarah Fierek) 4:30 Resident Led Potluck [T]	10:30 Balance Class [F] 9 11:00 Ballet Barre Video [F] 11:15 Parkinson's Support Group [CLR] 1:00 Bridge [T] 1:00 Resident Ambassador Meeting [C] 2:30 Bingo 0.50c per Game [CLR] 3:30 Complimentary Happy Hour [T] 6:00 Scrabble [5]	10:00 <u>Trader Joes Trip [O]</u> 10 10:30 Strengthening Video [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] <u>1:00 Speaker: Andrew Steward on Aging [C]</u> 1:30 Sheepshead [T] 2:00 Caregiver Support Group [CLR] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "The Polar Express" (Amazon) [CLR]	9:00 <u>Open Swim in Grafton [O]</u> 11 10:30 Chair Yoga Video [F] 11:30 IL Town Hall [T] <u>1:30 Christmas Carol Bingo [CLR]</u> 2:30 Cribbage [T] 3:30 Documentary: "Honukkah in History and Prophecy" (YouTube) [CLR] 4:00 <u>Holiday Lights Drive- Candy Cane Lane [O]</u> 7:00 <u>Story Sharing: Holiday Gifts [CLR]</u>	Bake Sale for Eastside Senior Services 12 10:30 Chair Aerobics Video [F] 11:00 Zumba Video [F] 11:30 AL Town Hall [5] 12:30 <u>Holiday Lunch [T]</u> 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Dan DiDomizio on the origin of the Christmas Crib [C]</u> 2:15 Dominoes [T] 2:30 Coloring Group [5] 3:00 <u>Holiday Party with Cass Street Students [C]</u> 6:00 Musical: "Holiday Inn" (Amazon) [CLR]	Holiday Socks Day 13 9:00 <u>Breakfast at Blue's Egg [O]</u> 10:30 Body Workout Video [F] 11:00 Tai Chi [F] 12:45 Bridge [T] <u>1:00 Gift Exchange- Bring a Gift, Get a Gift (\$15 max) [C]</u> 1:00 Yoga with Connie [F] 2:00 Bingo with Mike- 0.50c per sheet [5] 2:30 Movie: "Christmas in Connecticut" (Amazon) [CLR]	10:00 Rosary with Jack [CH] 14 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]	
10:30 St. Rita Mass [CH] 15 3:00 Holidays on the Hop Music Series: 3-5pm (JL Russell Jazz Trio) 7:20 Packers VS Seahawks [CLR]	10:00 <u>Trip to the Domes Holiday Show (\$6/ person) [O]</u> 16 10:30 Balance Class Video [F] 11:00 Ballet Barre Video [F] 1:00 Bridge [T] 1:30 iPhone Tips and Tricks [CLR] 2:30 Bingo 0.50c per Game [CLR] 3:30 BYOB Happy Hour [T] 6:00 Scrabble [5]	10:00 <u>Target/Cermak Trip [O]</u> 17 10:30 Strengthening Video [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 1:00 Panel: Christmas Traditions [C] 1:30 Sheepshead [T] <u>2:00 Baking Sugar Cookies [5]</u> 2:45 Prayer Shawl Ministry [CH] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "Home Alone" (Amazon) [CLR]	9:00 <u>Open Swim in Grafton [O]</u> 18 10:00 Art with Ann [T] 10:30 Chair Pilates Video [F] 11:30 Afternoon Tea at the Pfister (\$50/ person) [O] 1:45 Holiday Performance by Tamarack School [T] 2:30 Cribbage [T] 3:30 Documentary: "I Am Santa Claus" (Amazon) [CLR] <u>7:00 Literary Reading: Reader's Choice [CLR]</u>	10:30 Chair Aerobics [F] 19 11:00 Zumba Video [F] 1:00 Fox Exercise Class [F] 1:00 Milwaukee Jazz Institute Big Band Holiday (RSVP by 12/5- \$34/person) [O] 1:30 AL Fox Exercise Class [4] 2:15 Dominoes [T] 2:30 Quiet Reading Group [4] 6:00 Musical: "White Christmas" (Amazon) [CLR]	Holiday Sweater Day 20 10:30 Body Workout [F] 11:00 Tai Chi [F] <u>12:00 December Birthday Party and Live Music with JL Russel [T]</u> 12:45 Bridge [T] 2:00 Bingo with Mike- 0.50c per sheet [5] 2:30 Movie: "It's A Wonderful Life" (Amazon) [CLR] 3:00 Resident Community Council [C]	10:00 Rosary with Jack [CH] 21 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]	
10:30 St. Rita Mass [CH] 22	10:30 Balance Class [F] 23 11:00 Ballet Barre Video [F] 1:00 Bridge [T] <u>1:00 Singing Christmas Carols [C]</u> 2:30 Bingo 0.50c per Game [CLR] 3:30 Complimentary Happy Hour [T] 6:00 Scrabble [5] 7:15 Packers VS Saints [CLR]	Christmas Eve 24 10:30 Strengthening Video [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 1:30 Sheepshead [T] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "A Christmas Story" (Amazon) [CLR]	Christmas Day 25 10:30 Chair Yoga Video [F] 2:30 Cribbage [T] <u>4:30 Christmas Day Potluck [T]</u>	10:00 <u>Aldi Trip [O]</u> 26 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] 11:30 AL Town Hall [5] 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Leon Todd on Kwanzaa [C]</u> 2:15 Dominoes [T] 2:30 Coloring Group [5] 6:00 Musical: "Meet Me in Saint Louis" (Amazon) [CLR]	Blue and White Day 27 10:30 Body Workout [F] 11:00 Tai Chi [F] 12:45 Bridge [T] 1:00 Ted Talk: Setting the Right Goals and Staying Motivated [CLR] 1:00 Yoga with Connie [F] 2:00 Bingo with Mike- 0.50c per sheet [5] 2:30 Movie: "The Shop Around the Corner" (Amazon) [CLR]	10:00 Rosary with Jack [CH] 28 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]	
10:30 St. Rita Mass [CH] 29 12:00 Packers VS Vikings [CLR]	9:30 Life in Transition Group with LaToya Bates [CLR] 30 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 1:00 Bridge [T] <u>1:00 Making New Years Eve Hats [CLR]</u> 2:30 Bingo 0.50c per Game [CLR] 3:30 BYOB Happy Hour [T] 6:00 Scrabble [5]	10:30 Strengthening [F] 31 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 1:00 Book Club [CLR] 1:30 Sheepshead [T] 4:00 St. Rita Mass [CH] <u>6:00 Resident New Years Eve Celebration [C]</u> 7:00 Movie Night: "Elf" (Amazon) [CLR]	<p>Location Keys</p> <p>4 4th Floor Tower B 5 5th Floor Tower B 6 6th Floor Club Room Bus Outing</p> <p>4 Cannoli Room 5 Church CLR Fitness Studio O Trattoria</p> <p>C CH F T</p>			<p>Program Key</p> <p><u>Underlined programs require a sign up.</u></p> <p>Bold Enjoy Life Special Feature Programs with more details on the back of the calendar.</p> <p>728 E Pleasant St Milwaukee, WI 53202 (414) 485-6600</p>	