

In Honor Of Those Who Have Served

VETERANS DAY RECOGNITION

Monday, November 11th
11:00am | Cannoli Room

Please join us at our Veterans Day Program to recognize and celebrate the Veterans who live at St. Rita Square. There will be snacks and refreshments after the program.

capri COMMUNITIES

ST. RITA SQUARE

a **capri** community

728 E. Pleasant Street, Milwaukee, WI 53202
414-485-6600
stritasquare.com

Happy Birthday!

- | | |
|-------------------|----------------|
| Terry H. 11/3 | Chuck B. 11/7 |
| Kathy D. 11/11 | Leon T. 11/11 |
| Michelle C. 11/13 | Tony M. 11/18 |
| Jean W. 11/23 | Sandi M. 11/25 |
| Donna S. 11/26 | Joan S. 11/27 |



DON'T FORGET TO RSVP!



- Swimming in Grafton | Wednesdays at 9am
- Shopping Trips | 11:15 Tuesdays/Thursdays
- Speakers | Thursdays
- Readers Theater | 11/4
- Renaissance Theaterworks Performance | 11/6
- Milwaukee Art Museum | 11/8
- Osher Classes | 11/13 & 11/20
- Milwaukee Chamber Theater Performance | 11/13
- MSO Concert | 11/15

JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below.

- Civic Engagement Group | Bruce & Terry W.
- Composting Committee | Barb T. & Eleanor H.
- Gardening Club | Jackie H.
- Rosary and Bible Study | Jack H.
- Sunshine Committee | Jackie H.
- Go Green Committee | Sue C. & Jackie H.

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Harley-Davidson Museum and Lunch

When you visit, you will discover culture and history through stories and interactive exhibits that celebrate expression, camaraderie, and love for the sport. No matter how long your visit, a trip to the H-D Museum is an experience that will last a lifetime. Tickets are \$16/person.

Date: Monday, 11/18 **Time:** 10:00am
Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

Enjoy Life Together Potluck at Ruby Commons

Strengthen community bonds and celebrate another year of enjoying life together. Share your culinary talents during a warm, welcoming afternoon with friends! Drinks and entertainment will be provided to honor the spirit of togetherness.

Date: Thursday, 11/21 **Time:** 11:15am
Sign-up in the enjoy life binder.

Self-Improvement and Discovery



LEARNING

Lambeau Field Hall of Fame Tour and Lunch

This full-day adventure begins with an exclusive Lambeau Field Classic Stadium Tour, where you'll walk down the same tunnel as Packers players on game day and dive into the rich history of one of the NFL's most iconic teams. Enjoy a delicious lunch at 1919 Kitchen & Tap and explore the Packers Hall of Fame Museum. \$100/person.

Date: Tuesday, 11/12 **Time:** 7:15am

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Making a Gratitude Flower

Join us to make your own gratitude flower! A gratitude flower is a craft activity that involves writing down things you are grateful for on flower petals and gluing them to a circle. The activity is similar to a gratitude tree, but instead of leaves, you create flower petals.

Date: Tuesday, 11/26 **Time:** 2:30pm
Sign-up in the enjoy life binder.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program Key</p> <p>Underlined programs require a sign up.</p> <p>Bold Enjoy Life Special Feature Programs with more details on the back of the calendar.</p>						
<p>728 E Pleasant St Milwaukee, WI 53202 (414) 485-6600</p>		<p>Location Keys</p> <p>4 Cannoli Room 5 Church CLR Fitness Studio 0 Trattoria</p>		<p>ST. RITA SQUARE a capri community</p>		
					<p>10:30 Body Workout Video [F] 1</p> <p>11:00 Tai Chi [F]</p> <p>12:45 Bridge [T]</p> <p>2:00 Bingo with Mike- 0.50c per sheet [5]</p> <p>2:30 Movie: "Hallelujah" (Amazon) [CLR]</p>	<p>10:00 Rosary with Jack [CH] 2</p> <p>1:00 Scrabble [5]</p> <p>6:30 Game Night: Bring your favorite game to play [C]</p>
<p>Daylight Saving Time Ends 3</p> <p>10:30 St. Rita Mass [CH]</p> <p>3:25 Packers VS Lions [CLR]</p>	<p>4</p> <p>10:30 Balance Class [F]</p> <p>11:00 Ballet Barre Video [F]</p> <p>12:00 <u>Memory Care Speaker Series Lunch and Learn: Caregiver Burn Out [C]</u></p> <p>1:00 Bridge [T]</p> <p>1:30 <u>Readers Theater: "It's A Zoo!" and "An Unexpected Adventure" [CLR]</u></p> <p>2:30 Bingo 0.50c per Game [CLR]</p> <p>3:30 BYOB Happy Hour [T]</p> <p>6:00 Scrabble [5]</p>	<p>Election Day 5</p> <p>10:00 Escort to Polling Place for Voting 10am - 4pm</p> <p>10:30 Strengthening Video [F]</p> <p>11:00 Low Impact Cardio [F]</p> <p>11:00 Rosary with Jack [CLR]</p> <p>11:30 <u>New Resident Orientation [C]</u></p> <p>1:30 Sheepshead [T]</p> <p>4:00 St. Rita Mass [CH]</p> <p>7:00 Presidential Election Watch Party [CLR]</p>	<p>6</p> <p>10:30 Chair Pilates Video [F]</p> <p>11:00 Resident Ambassador Meeting [T]</p> <p>12:45 <u>Renaissance Theaterworks: The Moors (Contact Cheri for Tickets) [O]</u></p> <p>1:00 Art with Ann [T]</p> <p>2:30 Cribbage [T]</p> <p>3:30 Documentary: "An Inconvenient Truth" (Amazon) [CLR]</p> <p>7:00 Civic Engagement Group [C]</p>	<p>7</p> <p>10:30 Chair Aerobics [F]</p> <p>11:00 Zumba Video [F]</p> <p>11:15 <u>Pick N Save Trip [O]</u></p> <p>1:00 Fox Exercise Class [F]</p> <p>1:30 AL Fox Exercise Class [4]</p> <p>2:00 <u>Speaker: Emilio from Milwaukee Turners-Turner Hall: Yesterday and Today [C]</u></p> <p>2:15 Dominoes [T]</p> <p>2:30 Quiet Reading Group [4]</p> <p>3:00 <u>Complimentary Cocktail Hour [T]</u></p> <p>6:00 Musical: "Phantom of the Opera" (Amazon) [CLR]</p> <p>7:00 AMERICA MAGAZINE Discussion Group [C]</p>	<p>8</p> <p>10:00 <u>Trip to Milwaukee Art Museum (\$17/person) [O]</u></p> <p>10:30 Body Workout [F]</p> <p>11:00 Tai Chi [F]</p> <p>12:45 Bridge [T]</p> <p>1:00 Yoga with Connie [F]</p> <p>2:00 Bingo with Mike- 0.50c per sheet [5]</p> <p>2:30 Movie: "My Man Godfrey" (Amazon) [CLR]</p>	<p>9</p> <p>10:00 Rosary with Jack [CH]</p> <p>1:00 Scrabble [5]</p> <p>6:30 Game Night: Bring your favorite game to play [C]</p>
<p>10:30 St. Rita Mass [CH] 10</p>	<p>Veterans Day 11</p> <p>10:30 Balance Class Video [F]</p> <p>11:00 Ballet Barre Video [F]</p> <p>11:00 <u>Veterans Day Program [C]</u></p> <p>1:00 Bridge [T]</p> <p>1:00 Enjoy Life Planning Meeting with Abby [CLR]</p> <p>1:30 <u>Grief Support Group Week 8: Questions For God and Stuck in Grief [C]</u></p> <p>2:30 Bingo 0.50c per Game [CLR]</p> <p>3:30 Complimentary Happy Hour [T]</p> <p>6:00 Scrabble [5]</p>	<p>7:15 Lambeau Field Hall of Fame Tour and Lunch [O] 12</p> <p>10:30 Strengthening Video [F]</p> <p>11:00 Low Impact Cardio [F]</p> <p>11:00 Rosary with Jack [CLR]</p> <p>1:30 Sheepshead [T]</p> <p>4:00 St. Rita Mass [CH]</p> <p>7:00 Movie Night: "Butch Cassidy and the Sundance Kid" (Amazon) [CLR]</p>	<p>9:00 Open Swim in Grafton [O] 13</p> <p>10:30 Chair Yoga Video [F]</p> <p>11:30 IL Town Hall [T]</p> <p>12:15 <u>Milwaukee Chamber Theater Performance: Clyde's (\$37/ticket) [O]</u></p> <p>2:30 Cribbage [T]</p> <p>4:00 <u>Osher Class: Native History of Milwaukee [CLR]</u></p> <p>7:00 <u>Story Sharing: Unusual Thanksgivings [CLR]</u></p>	<p>14</p> <p>10:00 <u>Aldi Trip [O]</u></p> <p>10:30 Chair Aerobics [F]</p> <p>11:00 Zumba Video [F]</p> <p>11:30 AL Town Hall [5]</p> <p>12:30 <u>IL Lunch: Thanksgiving Meal [T]</u></p> <p>1:00 Fox Exercise Class [F]</p> <p>1:30 AL Fox Exercise Class [4]</p> <p>2:00 <u>Speaker: Tyler on Wisconsin Medicaid Options for Older Adults in Assisted Living Facilities [C]</u></p> <p>2:15 Dominoes [T]</p> <p>2:30 Coloring Group [5]</p> <p>6:00 Musical: "The Music Man" (Amazon) [CLR]</p>	<p>9:30 MSO Concert: Reinhardt Conducts Beethoven (\$30/ticket) [O] 15</p> <p>10:30 Body Workout Video [F]</p> <p>11:00 Tai Chi [F]</p> <p>12:45 Bridge [T]</p> <p>1:00 Yoga with Connie [F]</p> <p>2:00 Bingo with Mike- 0.50c per sheet [5]</p> <p>2:30 Movie: "Swing High, Swing Low" (Amazon) [CLR]</p>	<p>10:00 Rosary with Jack [CH] 16</p> <p>1:00 Scrabble [5]</p> <p>6:30 Game Night: Bring your favorite game to play [C]</p>
<p>10:30 St. Rita Mass [CH] 17</p> <p>12:00 Packers VS Bears [CLR]</p> <p>4:30 <u>Resident Led Potluck [T]</u></p>	<p>10:00 Harley-Davidson Museum and Lunch at Motor Restaurant (\$16/person) [O] 18</p> <p>10:30 Balance Class Video [F]</p> <p>11:00 Ballet Barre Video [F]</p> <p>1:00 Bridge [T]</p> <p>1:30 <u>Grief Support Group Week 9: Hope and Resilience [C]</u></p> <p>2:30 Bingo 0.50c per Game [CLR]</p> <p>3:30 BYOB Happy Hour [T]</p> <p>6:00 Scrabble [5]</p>	<p>11:00 Low Impact Cardio [F] 19</p> <p>11:00 Rosary with Jack [CLR]</p> <p>11:15 <u>Trader Joes Trip [O]</u></p> <p>1:30 Sheepshead [T]</p> <p>2:00 <u>Speaker: Aaron Boyd (Artist/Writer) sharing his inspiring children's book Giving Good - will have copies available [C]</u></p> <p>2:45 Prayer Shawl Ministry [CH]</p> <p>4:00 St. Rita Mass [CH]</p> <p>7:00 Movie Night: "War Horse" (Amazon) [CLR]</p>	<p>1:00 Art with Ann [T] 20</p> <p>2:15 <u>Osher Class: Art, Visual Illusions, and the Brain (\$5/person) [CLR]</u></p> <p>2:30 Cribbage [T]</p> <p>4:00 Netflix Documentary: "Mountain Queen: The Summits of Lhakpa Sherpa" [CLR]</p> <p>7:00 <u>Literary Reading [CLR]</u></p>	<p>11:15 Potluck Luncheon at Ruby Commons in Brookfield (RSVP by 11/14- \$10/person) [O] 21</p> <p>1:00 Fox Exercise Class [F]</p> <p>1:00 <u>Speaker: Dwight Morgan "Let's Make a Plan: Your Loved Ones Will Thank You!" [C]</u></p> <p>1:30 AL Fox Exercise Class [4]</p> <p>2:15 Dominoes [T]</p> <p>2:30 Quiet Reading Group [4]</p> <p>3:00 <u>Wreath Sale Event [C]</u></p> <p>6:00 Musical: "The Unsinkable Molly Brown" (Amazon) [CLR]</p>	<p>10:30 Body Workout [F] 22</p> <p>11:00 Tai Chi [F]</p> <p>12:30 <u>November Birthday Party and live music from J Ryan Trio [T]</u></p> <p>12:45 Bridge [T]</p> <p>2:00 Bingo with Mike- 0.50c per sheet [5]</p> <p>2:30 Movie: "Molly and Me" (Amazon) [CLR]</p>	<p>10:00 Rosary with Jack [CH] 23</p> <p>1:00 Scrabble [5]</p> <p>6:30 Game Night: Bring your favorite game to play [C]</p>
<p>10:30 St. Rita Mass [CH] 24</p> <p>3:25 Packers VS 49ers [CLR]</p>	<p>11:00 Ballet Barre Video [F] 25</p> <p>1:00 Bridge [T]</p> <p>1:00 iPhone Tips and Tricks [CLR]</p> <p>1:30 <u>Grief Support Group Week 10: What Do I Live For Now? [C]</u></p> <p>2:30 Bingo 0.50c per Game [CLR]</p> <p>3:30 Complimentary Happy Hour [T]</p> <p>6:00 Scrabble [5]</p>	<p>10:00 Target Trip [O] 26</p> <p>10:30 Strengthening [F]</p> <p>11:00 Low Impact Cardio [F]</p> <p>11:00 Rosary with Jack [CLR]</p> <p>1:00 Book Club [CLR]</p> <p>1:30 Sheepshead [T]</p> <p>2:30 <u>Making A Gratitude Flower [CLR]</u></p> <p>4:00 St. Rita Mass [CH]</p> <p>7:00 Movie Night: "Champions" (Amazon) [CLR]</p>	<p>9:00 Open Swim in Grafton [O] 27</p> <p>10:30 AL Culinary Council [5]</p> <p>10:30 Chair Yoga Video [F]</p> <p>11:45 <u>Lunch at El Beso Mexican Restaurant [O]</u></p> <p>2:30 Cribbage [T]</p> <p>3:00 <u>Debunking the Myths of Assisted Living [4]</u></p> <p>3:30 Documentary: "A Most Beautiful Thing" (Amazon) [CLR]</p> <p>7:00 <u>Thanksgiving Reflection Gathering [CLR]</u></p>	<p>Club Room Reserved All Day Thanksgiving 28</p> <p>10:30 Chair Aerobics Video [F]</p> <p>11:00 Zumba Video [F]</p> <p>2:15 Dominoes [T]</p> <p>2:30 Coloring Group [5]</p> <p>4:30 <u>Thanksgiving Potluck [T]</u></p> <p>7:20 Packers VS Dolphins [4]</p>	<p>10:30 Body Workout Video [F] 29</p> <p>11:00 Tai Chi [F]</p> <p>12:45 Bridge [T]</p> <p>2:00 Bingo with Mike- 0.50c per sheet [5]</p> <p>2:30 Movie: "Our Town" (Amazon) [CLR]</p>	<p>10:00 Rosary with Jack [CH] 30</p> <p>1:00 Scrabble [5]</p> <p>6:30 Game Night: Bring your favorite game to play [C]</p>