

ST. CATHERINE COMMONS

a capri community

3524 7th Avenue
Kenosha, WI 53140
(262)654-6080

Happy Birthday!

James B. 11/1	Jayne M. 11/20
Donald B. 11/4	Nancy P. 11/22
Peggy N. 11/5	Barbara H. 11/23
William B. 11/6	Doris M. 11/25
Diane B. 11/9	Mary H. 11/26
Eileen T. 11/10	John P. 11/27
Harold O. 11/12	Beatrice M. 11/28
Gael H. 11/17	Joyce N. 11/29
Vygand P. 11/20	Barbara K. 11/30

Lunch Bunch \$\$

Lunch bunch is back for November!

Join us on:
Friday, November 22 @ 12:30pm
Chicken Alfredo
Caesar Salad
Garlic Bread + Dessert

“The best things in life are the people we love, the places we’ve been and the memories we’ve made along the way.”

capri COMMUNITIES

enjoy life

HAPPY THANKSGIVING

capri COMMUNITIES

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Kenosha Public Museum

Kick start your holiday season and experience the Holiday Train Display at the Kenosha Public Museum.

Date: Friday, November 29 **Time:** 11am
*Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

Meet and Greet

Meet Crystal, the new Life Enrichment Coordinator, at St Cat's. Join us for light refreshments and good conversation!

Date: Monday, November 4 **Time:** 3:30pm

Self-Improvement and Discovery



LEARNING

Thanksgiving Craft

Flex your crafting skills and bring your creativity as we complete a Thanksgiving craft.

Date: Monday, November 18 **Time:** 3:30pm

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Gratitude Meditation

Prepare for the holiday season and meditate on all that we are grateful for

Date: Monday, Nov. 4 & 25 **Time:** 11am

INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ST. CATHERINE COMMONS a capri community</p>	<p>3524 7th Ave Kenosha, WI 53140 262-654-6080</p>	<p>Location Keys Billiards Room BR Community Room CR Hobby Room HR Lobby (1) L Reflection Room RR</p>	<p>Program Key <u>**Underlined Programs</u> <u>Require Sign-up</u> Bold - Enjoy Life Feature Program \$ - Extra Payment Required</p>	<p>Program Key Bold-enjoy life Special Feature Programs <u>Underline</u>-Program Requires Sign-Up \$-Cost for Program</p>	<p>10:00 Exercise [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>
<p>Daylight Saving Time Ends 6:30 Skip Bo [BR]</p>	<p>10:30 Exercise with Mike [CR] 1:00 Gratitude Meditation [RR] 2:00 Euchre [BR] 2:00 Game 25 Words or Less [CR] 3:30 Meet New LE Crystal [CR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>Election Day Election Day 10:00 Qigong Stretching w/ Joan [CR] 11:00 Flu Shot Clinic 1:00 Walking Club [L] 5:00 Night Bingo [CR]</p>	<p>North Elevator out of Service 9:00 Catholic Service [RR] 10:00 Exercise with Fox Therapy 1:00 Jerry's Sausage King 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>10:30 Choir Practice [CR] 11:00 Garden Club [RR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>9:15 <u>Pick N Save Grocery Shopping</u> 9:45 <u>Pick N Save Grocery Shopping</u> 10:00 Exercise [CR] 10:30 Spiritual Reflections [RR] 2:00 <u>Matinee Movie and Popcorn - Stand by Me [RR]</u> 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] 11:00 Canasta [BR] 1:00 Resident Craft Fair [CR] 2:00 Bridge [HR] 6:30 Dominoes [CR]</p>
<p>6:30 Skip Bo [BR]</p>	<p>Veterans Day 9:00 <u>Men's Coffee Hour [CR]</u> 10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 2:00 Euchre [BR] 2:00 Veterans' Celebration [CR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>South Elevator out of Service 10:00 Qigong Stretching w/ Joan [CR] 11:00 Book Club [RR] 1:00 Walking Club [L] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p>	<p>9:00 Catholic Service [RR] 10:00 Exercise with Fox Therapy 11:00 Celebrity Birthday History [CR] 2:00 "Cover the Number" Dice Game [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>9:15 <u>Festival Grocery Shopping</u> 9:45 <u>Festival Grocery Shopping</u> 10:30 Choir Practice [CR] 1:30 "Revital Eyes" low vision/blind peer support group [RR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>10:00 Exercise [CR] 1:30 Harvest Happy Hour [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>
<p>6:30 Skip Bo [BR]</p>	<p>9:00 <u>Ladies' Coffee Hour [CR]</u> 10:30 Exercise with Mike [CR] 2:00 Euchre [BR] 3:30 Thanksgiving Craft [HR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>10:00 Qigong Stretching w/ Joan [CR] 11:00 Exploring Ideas with Wayne "Why Wars?" [RR] 1:00 Walking Club [L] 5:00 Night Bingo [CR]</p>	<p>9:00 Catholic Service [RR] 10:00 Exercise with Fox Therapy 3:00 Bible Study [RR] 3:30 Prize Bingo [CR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>9:15 <u>Pick N Save Grocery Shopping</u> 9:45 Pick N Save Grocery Shopping 10:30 Choir Practice [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>10:00 Exercise [CR] 12:30 Lunch Bunch \$\$ [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>
<p>6:30 Skip Bo [BR]</p>	<p>9:00 <u>Donut Social Hour w/ Board Games [CR]</u> 10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 1:00 Gratitude Meditation [RR] 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>10:00 Qigong Stretching w/ Joan [CR] 1:00 Walking Club [L] 2:00 Book Read Aloud with Kenosha Public Library [RR] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p>	<p>9:00 Catholic Service [RR] 9:15 Mass [RR] 9:15 <u>Piggly Wiggly Grocery Shopping</u> 9:45 <u>Piggly Wiggly Grocery Shopping</u> 10:30 Exercise W/Fox [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>Thanksgiving Thanksgiving Day - Office Closed 10:30 Choir Practice [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>10:00 Exercise [CR] 11:00 Kenosha Public Museum - Holiday Train Display 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>Community Room Reserved 10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [BR] 6:30 Dominoes [HR]</p>