

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3508 7th Avenue Kenosha, WI 53140 (262) 653-1234	Location Keys Beauty Shop (3) B Dining Room (1) DR Front Living Room F Garden Living Room GL Media Room (4) MR Alzheimer Poetry Project Field to Fare Memories in the Making Mindful Matters				Location Keys Beauty Shop (3) B Dining Room (1) DR Front Living Room F Garden Living Room GL Media Room (4) MR	9:00 Beauty Shop [B] 1 10:30 Morning Stretch & News [GL] 11:00 Bingo! [GL] 2:00 Happiest Hour [DR] 3:00 Pumpkin Chuck [GL] 4:00 Manicures [GL] 5:45 Resident Choice	10:00 Walking the Halls [F] 2 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	Daylight Saving Time Ends 3 10:00 Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 3:25 Lions vs. Packers Game 5:45 Sunday Night Movie [GL]	10:30 Morning Stretch & News [GL] 4 11:00 Candy Bar Evolution Game [GL] 2:00 Mini Apple Pie Bites [DR] 3:00 Armchair Travels [DR] 4:00 Pumpkin Bowling [GL] 5:45 Spa Evening [F]	Election Day 5 Happy Birthday Betty L! 10:30 Morning Stretch & News [GL] 11:00 If We Were President... [GL] 2:00 Board Games [GL] 3:00 Balloon Volleyball [GL] 3:30 Senior Science Lab: Why Do Leaves Change Color? [GL] 5:45 Evening Trivia [F]	National Nacho Day 6 10:30 Morning Stretch & News [GL] 11:00 Thankfulness Game [GL] 2:00 Apple Nachos [DR] 3:00 Karaoke! [F] 4:00 Gratitude Calendar [GL] 5:45 Evening Stretch [F]	9:00 Communion Service [MR] 7 10:30 Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 Watercolors [GL] 3:30 Reminiscing & Refreshments [GL] 5:45 Evening Coloring [F]	National Cappuccino Day 8 9:00 Beauty Shop [B] 10:30 Morning Stretch & News [GL] 11:00 Tunes & Trivia [GL] 2:00 Cappuccinos & Crosswords [DR] 3:00 Turkey Toss [GL] 4:00 Manicures [GL] 5:45 Resident Choice	10:00 Walking the Halls [F] 9 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	Clubs scheduled weekly 10:00 Morning Fitness [F] 10 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	Veterans Day 11 10:30 Morning Stretch & News [GL] 11:00 Life Stories of Our Veterans [GL] 2:00 Veteran's Day Program 4:00 Chair Yoga or Afternoon Walk [GL] 5:45 Spa Evening [F]	National Happy Hour Day 12 10:30 Morning Stretch & News [GL] 11:00 Gratitude Poetry [GL] 2:00 Happy Hour with Special Mocktails! [DR] 3:00 Balloon Volleyball [GL] 3:30 Senior Science Lab: Sink or Float? [GL] 5:45 Evening Trivia [F]	10:30 Morning Stretch & News [GL] 13 11:00 Higher or Lower? Card Game [GL] 2:00 November Birthday Party [DR] 3:30 Gratitude Calendar 5:45 Evening Stretch [F]	9:00 Communion Service [MR] 14 10:30 Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 Watercolors [GL] 3:30 Reminiscing & Refreshments: American Bandstand [GL] 5:45 Evening Coloring [F]	9:00 Beauty Shop [B] 15 10:30 Morning Stretch & News [GL] 11:00 Finish the Phrase [GL] 2:00 Movie Matinee 4:00 Manicures [GL] 5:45 Resident Choice	Happy Birthday Nancy M! 16 10:00 Walking the Halls [F] 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
DAILY RHYTHM 8:30 Breakfast 10:30 Mindful Matters/Exercise 10:45 Refreshments 11:00 Creative Arts/Partner Programs 12:00 Lunch 2:00 Games/Mindful Matters/Field to Fare 3:00 Cultural Arts/Wellness 4:00 Community/Music/Spiritual	10:00 Morning Fitness [F] 17 11:00 Activity with Volunteer Peggy 12:00 Packers vs. Bears Game 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	10:30 Morning Stretch & News [GL] 18 11:00 Music Therapy with Heidi [GL] 1:30 Grocery Store Shopping Outing 3:00 Armchair Travels [DR] 4:00 Table Golf or Afternoon Walk [GL] 5:45 Spa Evening [F]	10:30 Morning Stretch & News [GL] 19 11:00 Chicken Soup for the Soul Poems & Stories [GL] 2:00 Homemade Chicken Soup [DR] 3:00 Balloon Volleyball [GL] 3:30 Senior Science Lab or Afternoon Walk [GL] 5:00 Thanksgiving Potluck with Families [DR]	10:30 Morning Stretch & News [GL] 20 11:00 Thanksgiving Price is Right [GL] 2:00 Board Games [GL] 3:00 Karaoke! [F] 4:00 Gratitude Calendar [DR] 5:45 Evening Stretch [F]	9:00 Communion Service [MR] 21 10:30 Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 Watercolors [GL] 3:30 Reminiscing & Refreshments [GL] 5:45 Evening Coloring [F]	9:00 Beauty Shop [B] 22 10:30 Morning Stretch & News [GL] 11:00 Tunes & Trivia [GL] 2:00 Happiest Hour [DR] 3:00 Turkey Toss [GL] 4:00 Manicures [GL] 5:45 Resident Choice	10:00 Walking the Halls [F] 23 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	10:00 Morning Fitness [F] 24 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 3:25 Packers vs. 49ers Game 5:45 Sunday Night Movie [GL]	10:30 Morning Stretch & News [GL] 25 11:00 Thanksgiving Jeopardy [GL] 2:00 Autumn Harvest Punch [DR] 3:00 Armchair Travels [DR] 4:00 Cardio Drumming [GL] 5:45 Spa Evening [F]	10:30 Morning Stretch & News [GL] 26 11:00 Holiday Poems [GL] 2:00 Movie Matinee [F] 3:00 Pet Therapy with Cecille & Timber [GL] 3:30 Beach Ball Exercise [GL] 5:45 Evening Trivia [F]	10:30 Morning Stretch & News [GL] 27 11:00 National Geographic Photos [GL] 2:00 Pumpkin Pie in a Cup [DR] 3:00 Karaoke! [F] 4:00 Gratitude Calendar [DR] 5:45 Evening Stretch [F]	Thanksgiving 28 7:30 Macy's Day Parade on NBC 11:00 Morning Stretch & News [GL] 2:00 Thanksgiving Trivia [GL] 3:30 Balloon Volleyball [GL] 7:20 Dolphins vs. Packers Game	9:00 Beauty Shop [B] 29 10:30 Morning Stretch & News [GL] 11:00 Tunes & Trivia [GL] 2:00 Holiday Movie [F] 3:30 Manicures [GL] 5:45 Resident Choice	10:00 Walking the Halls [F] 30 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club