April 2025 Discover & Grow

ST. CATHERINE COMMONS

Discover & Grow							a (capri) community
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kenosha, WI 53140 (262) 653-1234	 Alzheimer Poetry Project Field to Fare Memories in the Making Mindful Matters 		April Fool's Day 1 10:30 Morning Stretch & News [GL] 11:00 April Poetry [GL] 2:00 Coverall Bingo [GL] 3:00 Afternoon Walk [GL] 3:30 Fact or Foolery? [GL]	PB & Jelly Day 2 10:30 Morning Stretch & News [GL] 11:00 Pictionary [GL] 2:00 Air Fryer Peanut Butter & Jelly Sandwiches [DR] 3:00 Karaoke! [F] 4:00 Cardio Drumming [GL]	World Party Day 3 10:30 Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 Watercolors: Flowering Pot Painting [GL] 3:00 Welcome Spring Party [DR]	9:00Beauty Shop [B]410:30Morning Stretch & News [GL]11:00Tunes & Trivia [GL]2:00Happiest Hour [DR]3:00Bean Bag Toss [GL]4:00Manicures [GL]5:45Resident Choice	10:00Walking the Halls [F]511:00Resident Choice [F]2:00Balloon Toss3:00Saturday Matinee [GL]5:45Puzzles & Coloring Club
Clubs scheduled weekly	10:00Morning Fitness [F]611:00Activity with Volunteer Peggy62:00Resident Choice3:00Beach Ball [GL]5:45Sunday Night Movie [GL]	Happy Birthday Mimi! 10:30 Morning Stretch & News [GL] 11:00 Name That Landmark [GL] 2:00 Spring Snack Chex Mix [DR] 3:00 Armchair Travels: Italy [DR] 4:00 Table Golf [GL] 6:00 Easter Egg Hunt with Carthage Sorority	10:30Morning Stretch & News [GL]811:00Bucket List [GL]2:00Board Games [GL]3:00Balloon Volleyball [GL]3:30Senior Science Lab: Jelly Beans [GL]	 X News [GL] Spring Word in a Word [GL] 2:00 March Birthday Party (Rescheduled) with 	10:00 Morning 10 Stretch & News [GL] 10:30 Bingo [GL] 2:00 Watercolors [GL] 3:30 Bunny Funnies [GL]	9:00Beauty Shop [B]1110:30Morning Stretch & News [GL]11:00Tunes & Trivia [GL]2:00Happiest Hour [DR]3:00Bean Bag Toss [GL]4:00Manicures [GL]5:45Resident Choice	10:00Walking the Halls [F]12 Halls [F]11:00Resident Choice [F]2:00Balloon Toss3:00Saturday Matinee [GL]5:45Puzzles & Coloring Club
DAILY RHYTHM 8:30 Breakfast 10:30 Mindful Matters/Exercise 10:45 Refreshments 11:00 Creative Arts/Partner Programs	10:00Morning Fitness [F]1311:00Activity with Volunteer Peggy2:00Resident Choice3:00Beach Ball [GL]5:45Sunday Night Movie [GL]	10:30 Morning Stretch & News [GL] 14 11:00 Scrambled Eggs Word Game [GL] 2:00 Hot Ham and Cheese Croissants [DR] 3:00 Reminiscing with Nadia [GL] 4:00 Chair Yoga [GL]	News [GL]	10:30 Morning 16 Stretch & A News [GL] 11:00 Easter Egg Dyeing! [DR] 2:00 Italian Easter Bread [DR] 3:00 Karaoke! [F] 4:00 Cardio Drumming [GL]	Happy Birthday Marilee! 17 10:30 Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 Watercolors [GL] 3:30 Reminiscing & Refreshments: Easter Around the World [GL]	9:00Beauty Shop [B]1810:30Morning Stretch & News [GL]11:00Tunes & Trivia [GL]2:00Happiest Hour [DR]3:00Bean Bag Toss [GL]4:00Manicures [GL]5:45Resident Choice	10:00 Walking the Halls [F] 19 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
12:00 Lunch 2:00 Games/Mindful Matters/Field to Fare 3:00 Cultural Arts/Wellness 4:00 Community/Music/Spiritual	Easter 20 10:00 Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	10:30 Morning Stretch & News [GL] 21 11:00 Music Therapy with Heidi [GL] 2:00 Egg Salad Sandwiches [DR] 3:00 Armchair Travels [DR] 4:00 Table Golf [GL]	10:30Morning Stretch & News [GL]2211:00Pictionary [GL]2:00Board Games [GL]3:00Balloon Volleyball [GL]3:30Senior Science Lab: Skittles [GL]	World Book Day 10:30 Morning Stretch & News [GL] 11:00 Chicken Soup for the Soul Poems & Stories [GL] 2:00 Zucchini Bread [DR] 3:00 Karaoke! [F] 4:00 Beach Ball Exercise [DR]	News [GL]	9:00Beauty Shop [B]2510:30Morning Stretch & News [GL]11:00Tunes & Trivia [GL]2:00Soft Pretzels & Root Beer [DR]3:00Bean Bag Toss [GL]4:00Manicures [GL]5:45Resident Choice	National Pretzel Day2610:00Walking the Halls [F]2611:00Resident Choice [F]2:00Balloon Toss3:00Saturday Matinee [GL]5:45Puzzles & Coloring Club
5:00 Dinner 5:45 Evening program/Resident's Choice * Calendar is subject to change	Fitness [F]	 10:30 Morning Stretch & News [GL] 11:00 Masterminds [GL] 2:00 Strawberry Chocolate Greek Yogurt Bark [DR] 3:00 Armchair Travels [DR] 4:00 Chair Yoga [GL] 	10:30 Morning 29 Stretch & News [GL] 11:00 May Poetry [GL] 1:30 Movie Matinee [F] 3:30 Balloon Volleyball [GL]	10:30Morning Stretch & News [GL]3011:00Horse Races [GL]2:00April Birthday Party [DR]3:30Beach Ball Exercise [GL]		rotto	Location Keys Beauty Shop (3) B Dining Room (1) DR Front Living Room F Garden Living Room GL

Created on Wednesday, April 2, 2025 4:23 PM