

ST. CATHERINE COMMONS

a  community

3508 7th Ave.
Kenosha, Wisconsin 53140
Ph. (262-653-1234)



GRACE COMMONS PRESENTS FALL CRAFT FAIR

Gifts, Quilted Pieces, Paintings, Jewelry, Ornaments, and other Hand-crafted Items

October 17th, 2024
10:00am-2:00pm
W195N9550 Rolling Meadow Cir.
Menomonee Falls, WI 53051

Please enter through the Front Entrance, additional parking in back



DON'T FORGET TO RSVP!



- Walmart Shopping: 10/16 & 10/30
- Pic n' Save/Dollar Tree: 10/9 & 10/23
- Meijer's Shopping: 10/1
- Grace Commons Craft Fair & Lunch at Trolley Dog: 10/17
- The Haunted Parlor Trip: 10/29

JOIN THE CLUB




If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below. Have an idea on a new group to add? Talk with your Lifestyle Enrichment team!

- Wii Bowling, Sissy N. #512
- It's Yarn Fun Knitting & Crochet Club, Dawn LE

Happy Birthday!

Phyllis L.	10/3
Pauline U.	10/14
Betty C.	10/17
Lill H.	10/26
Cyndi M.	10/31



enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Trip to The Haunted Parlor

Visit Kenosha's Haunted Parlor. A detailed family friendly garage haunt guaranteed to make your Halloween extra spooky!

Date: Tuesday, 10/29 **Time:** 3:30pm

***Sign-up in the enjoy life binder.**

Positive, Meaningful, Relationships and Service



COMMUNITY

Poetry & Wine Social

Calling all poets! Join us as we enjoy an afternoon sharing poems and sipping wine.

Date: Monday, 10/14 **Time:** 2pm

Self-Improvement and Discovery



LEARNING

Explore the Soundtrack of Cinema

Whether through inspiring stories, iconic performances, or unforgettable soundtracks, films centered around music often reflect and shape the times they depict. This presentation explores five notable music-based movies that have left a lasting cultural impact.

Date: Monday, 10/21 **Time:** 2pm

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Brain & Body Fitness

We all know that chair exercises workout the body and trivia questions exercise the brain. But, thinking about the answer while doing an exercises really exercises the brain by challenging it do to two things at once!

Date: Monday, 10/7 **Time:** 2pm

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>ST. CATHERINE COMMONS a capri community</p> <p>3508 7th Avenue Kenosha, WI 53140 (262) 653-1234</p>		<p>Active Aging Week 1</p> <p>9:30 <u>Meijer's Shopping Trip [L]</u></p> <p>10:00 Fox Therapy Exercise [MR]</p> <p>1:30 Creative Canvas [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p>	<p>Active Aging Week 2</p> <p>10:00 Bible Study [PP]</p> <p>2:00 Wheel of Fortune [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>Active Aging Week 3</p> <p>Happy Birthday Phyllis L.!</p> <p>10:00 Communion w/ Deacon Sosa [MR]</p> <p>10:00 Exercise w/ Resistance bands [MR]</p> <p>10:30 10 min Exercise for Beginners [MR]</p> <p>1:30 Brain Games [PP]</p> <p>2:00 Bingo! [PP]</p> <p>6:30 Yahtzee [PP]</p>	<p>Active Aging Week 4</p> <p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>2:30 Happy Hour! [PP]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p>	<p>5</p> <p>10:00 Pinochle [PP]</p> <p>2:00 Board Games & Jigsaw Puzzles [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	
	<p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p> <p>6</p>	<p>10:00 Nail Painting [PP]</p> <p>2:00 Brain & Body Fitness [MR]</p> <p>6:00 Golden Bachelor Senior Prom w/ Live Music! [PP]</p> <p>7</p>	<p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 Wheel of Fortune [PP]</p> <p>1:30 Craft Corner [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p> <p>8</p>	<p>9:30 <u>Pic n' Save/Dollar Tree [L]</u></p> <p>10:00 Bible Study [PP]</p> <p>1:30 Bingo! [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>9</p>	<p>10:00 Communion w/ Deacon Sosa [MR]</p> <p>10:30 5000 Dice Game [PP]</p> <p>1:30 Brain Games [PP]</p> <p>6:30 Yahtzee [PP]</p> <p>10</p>	<p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>1:30 Movie Matinee [MR]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p> <p>11</p>	<p>10:00 Pinochle [PP]</p> <p>2:00 Board Games & Jigsaw Puzzles [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>12</p>
	<p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p> <p>13</p>	<p>Columbus Day</p> <p>Happy Birthday Pauline U.!</p> <p>Indigenous People's Day</p> <p>10:30 Wheel of Fortune [PP]</p> <p>2:00 Poetry & Wine Reading Social [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>14</p>	<p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 5000 Dice Game [PP]</p> <p>1:30 Creative Canvas [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p> <p>15</p>	<p>9:30 <u>Walmart Shopping Trip [L]</u></p> <p>10:00 Bible Study [PP]</p> <p>1:30 Bingo! [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>16</p>	<p>Happy Birthday Betty C.!</p> <p>9:00 <u>Grace Commons Fall Craft Fair & lunch at Trolley Dogs [L]</u></p> <p>10:00 Communion w/ Deacon Sosa [MR]</p> <p>1:30 Brain Games [PP]</p> <p>6:30 Yahtzee [PP]</p> <p>17</p>	<p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>2:00 Cribbage [PP]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p> <p>18</p>	<p>10:00 Pinochle [PP]</p> <p>2:00 Board Games & Jigsaw Puzzles [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>19</p>
	<p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p> <p>20</p>	<p>10:30 Wheel of Fortune [PP]</p> <p>2:00 Explore the Soundtrack of Cinema [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>21</p>	<p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 5000 Dice Game [PP]</p> <p>1:30 Craft Corner [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p> <p>22</p>	<p>9:30 <u>Pic n' Save/Dollar Tree [L]</u></p> <p>10:00 Bible Study [PP]</p> <p>1:30 It's Yarn Fun Knitting & Crochet Club [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>23</p>	<p>10:00 Communion w/ Deacon Sosa [MR]</p> <p>10:00 Exercise w/ Resistance bands [MR]</p> <p>10:30 10 min Exercise for Beginners [MR]</p> <p>1:30 Brain Games [PP]</p> <p>2:00 Bingo! [PP]</p> <p>6:30 Yahtzee [PP]</p> <p>24</p>	<p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>2:00 Top Choice Party & Happy Hour! [DR]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p> <p>25</p>	<p>Happy Birthday Lill H.!</p> <p>10:00 Pinochle [PP]</p> <p>2:00 Board Games & Jigsaw Puzzles [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>26</p>
	<p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p> <p>27</p>	<p>10:30 Wheel of Fortune [PP]</p> <p>2:00 Bingo! [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>28</p>	<p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 Resident Food Committee Meeting [DR]</p> <p>11:00 Resident Community Meeting [DR]</p> <p>2:00 5000 Dice Game [PP]</p> <p>3:30 The Haunted Parlor Trip [L]</p> <p>6:30 Mexican Train Dominos [PP]</p> <p>29</p>	<p>9:30 <u>Walmart Shopping Trip [L]</u></p> <p>10:00 Bible Study [PP]</p> <p>2:00 October Birthday Party! [DR]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p> <p>30</p>	<p>Halloween</p> <p>Happy Birthday Cyndi M.!</p> <p>10:00 Communion w/ Deacon Sosa [MR]</p> <p>10:00 Exercise w/ Resistance bands [MR]</p> <p>10:30 10 min Exercise for Beginners [MR]</p> <p>1:00 Trick-or-Treater Walk-through & Halloween Party! [DR]</p> <p>6:30 Yahtzee [PP]</p> <p>31</p>	<p>Program Key</p> <p>**Underlined Programs</p> <p>Require Sign-up Program</p> <p>Bold - Enjoy Life Feature Program</p> <p>\$ - Extra Payment Required</p> <p>Location Keys</p> <p>Beauty Shop (3) B</p> <p>Dining Room (1) DR</p> <p>Lobby (1) L</p> <p>Media Room (4) MR</p> <p>Pennoyer Pointe (5) PP</p>	