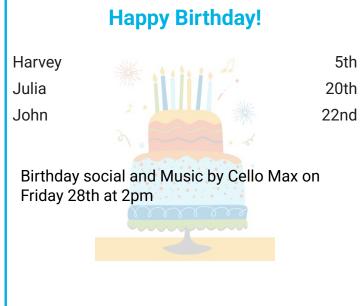


# HYLAND **CAMPUS**

a (capri) community

881 Liberty Blvd Sun Prairie, WI 53590



### **DON'T FORGET TO RSVP!**



3rd at 2:30- Shopping at Walmart 8th at 11:15- Lunch outing- Full Mile 16th at 2- Shopping anywhere in Sun Prairie 17th at 2- Easter stain glass craft 21st at 12:45- Outing to UW Planetarium 24th at 1- VR Beatsabers 30th at 1:30- Spring drive and Ice Cream

### **JOIN THE CLUB**



Card Club- Meets in dining room on Monday, Wednesday, and Saturdays to play cards of your choice.

Book Club- Meeting on 3rd at 1pm in theater to discuss relaunch and select books.

# enjoy life

# THIS MONTH'S FEATURED PROGRAMS



Come try out some fun VR activities as we try Beatsabers and other interesting apps. We will also be trying out some fun AI tools that make you wonder what the future holds. Sign up for a time to play Beatsabers, Al discussion to follow.

**Date**: Thursday 24th **Time:** 1pm

**Virtual Reality Fun & AI Discussion** 



## **Craft Fair**

Come check it out as we have many local vendors coming this year. A reminder that lunches will be delivered/ pickup due to dining rooms being occupied.

**Date**: Saturday 26th **Time:** 10-3

# Self-Improvement and Discovery

COMMUNITY



Pursuit of Overall Personal Wellness



#### **Fox Rehab Presentation**

Join us as we discuss ways to prevents falls and protect your joints with the use of adaptive equipment that can be taught to you.

**Date**: Thursday 3rd **Time:** 10:45 am

### **Tranquil Time**

Take some time and relax with us while we use healing frequencies to help ourselves feel better. Sound has power and new research shows the benefits of Solfeggio frequencies in healing all sorts of ailments. We will learn about this and have a relaxing time.

Date: Tuesday 15th Time: 1pm

April 2025  Discover & Grow	ASSISTED LIVING					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HYLAND CAMPUS  a (capri) community	<ul> <li>Alzheimer Poetry Project</li> <li>Field to Fare</li> <li>Mindful Matters</li> <li>Spiritual</li> </ul>		10:00 Chair Yoga 10:30 Daily Chronicle 11:00 Finish the Phrase 2:00 Poetry Project 2:30 Table Top Fun 3:30 Sing Along 4:00 Blessed Blooms Club 4:00 Taste of Hyland	10:00 Morning Balance Class 10:30 Daily Chronicle 11:00 Team Bowling 11:00 What Comes Next? 11:30 Word Puzzles 1:15 Stretch and Sing 2:00 Sensory Fun 2:00 Table Top Game: Pictionary 2:00 Wheel of Fortune 3:00 Community Cookbook	10:00 Gentle Range of Motion 10:30 Daily Chronicle 11:30 Word Clue- fill in the blank 2:00 Where in the world? 2:00 Wonderful World of Watercolor 3:00 Happy Hour 4:00 Sing Along: Love Songs	10:00 The Daily Rewind 10:15 Morning Stretch 11:00 Cooking Club 11:30 Insects A to Z 1:00 Who Am I? (Honey Bee) 2:30 Afternoon Social 3:00 Seed Packet RUMMY 4:00 Sing Along with Mary Sue
10:30  Sunday Devotions 11:30  Praise and Joy	10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Name 5 1:30 Library Kit 3:30 Card Matching Game 4:00 Armchair Travel: Ireland	DALY'S BIRTHDAY Salon Day  10:00 Pool Noodle Exercise  10:30 Daily Chronicle  11:00 Brain Game: Name 5  11:30 Bakers Corner  1:30 Wheel of Fortune  4:00 Craft Corner: Easter Door Craft	10:00 Chair Yoga 10:30 Daily Chronicle 2:00 Poetry Project 2:30 Table Top Fun 3:30 Sing Along 4:00 Taste of Hyland	10:00 Morning Balance Class 10:30 Daily Chronicle 11:00 Scattegories 2:00 Table Top Game: Pictionary 3:00 Bingo	10:00 Gentle Range of Motion 10:30 Daily Chronicle 2:00 Music by Casey & Greg 3:00 Ice Cream Social 4:00 Sing Along: 50's	10:00 Morning Exercises 10:30 A World of Good- News 10:30 Daily Chronicle 11:00 Finish The Phrase 11:00 Finish the Lyrics 2:00 Team Bowling 3:00 Manicures and Chat 4:30 Sing Along
	10:00 Morning Exercises 10:30 Daily Chronicle 10:30 Timeless Melodies Choir Club 2:00 Table Top Game: Penny Pitching 3:00 Noodle Floor Hockey 3:30 Card Matching Game 4:00 Armchair Travel: Ireland	Salon Day 10:00 Pool Noodle Exercise 10:30 Daily Chronicle 4:00 Craft Corner: Easter Wooden Art	10:00 Chair Yoga 10:30 Daily Chronicle 11:00 Finish the Phrase 2:00 Poetry Project 2:30 Table Top Fun 3:30 Sing Along 4:00 Blessed Blooms Club 4:00 Taste of Hyland	10:00 Morning Balance Class 10:30 Daily Chronicle 11:00 Team Bowling 11:30 Word Puzzles 1:15 Stretch and Sing 2:00 Sensory Fun 2:00 Table Top Game: Pictionary 2:00 Wheel of Fortune 3:00 Community Cookbook	10:00 Gentle Range of Motion 10:30 Daily Chronicle 11:30 Word Clue- fill in the blank 2:00 Where in the world? 2:00 Wonderful World of Watercolor 3:00 Happy Hour: Easter Bunny Apperance 4:00 Easter Egg Hunt	10:00 The Daily Rewind 10:15 Morning Stretch 11:00 Cooking Club 11:30 Easter Game Show Trivia 1:00 Who Am I? (Rosie the Riveter) 2:30 Afternoon Social 3:00 Bunny BINGO 4:00 Memories in the Making Sing Along
Easter  10:30 ★ Sunday Devotions  11:30 ★ Praise and Joy Hymn Sing  1:00 ■ Afternoon Stretch  1:30 Comedy Wildlife Photography Awards  2:30 Afternoon Social with Easter Dirt Cake  3:00 Easter Rummy  4:00 Bunny Races	3:30 ■ Card Matching Game 4:00 Manicure Monday	10:00 Pool Noodle Exercise 10:30 Daily Chronicle 11:00 Brain Game: Name 5 11:30 Bakers Corner 1:30 Wheel of Fortune 4:00 Craft Corner: Earth Day Hands & Heart Craft	10:30 Daily Chronicle 2:00 ■ Poetry Project 2:30 Table Top Fun 3:30 Sing Along 4:00 Taste of Hyland	10:00 Morning Balance Class  10:30 Daily Chronicle 2:00 Table Top Game: Pictionary 4:00 Armchair Travel: Ireland	10:00 Gentle Range of Motion 10:30 Daily Chronicle 2:00 Where in the world? 3:00 Monthly Birthday Celebration 4:00 Sing Along: 60's	10:00 Morning Exercises 10:30 A World of Good- News 10:30 Daily Chronicle 11:00 Finish the Lyrics 2:00 Chair Volleyball 3:00 Manicures and Chat 4:30 Sing Along
10:30 Sing Along Hymns with Sun Prairie United Methodist Church  11:15 Sunday Devotions 11:30 Coloring Corner 1:30 Afternoon Stretch 2:00 BINGO	10:00 Morning Exercises 10:30 Daily Chronicle 10:30 Timeless Melodies Choir Club 2:00 Shake Loose a Memory 3:00 Community Store 3:00 Noodle Floor Hockey 3:30 Card Matching Game 4:00 Manicure Monday	Salon Day  10:00 Pool Noodle Exercise  10:30 Daily Chronicle 4:00 Craft Corner: Easter Themed Paintings	10:00 Chair Yoga 10:30 Daily Chronicle 11:00 Finish the Phrase 2:00 Poetry Project 2:30 Table Top Fun 3:30 Sing Along 4:00 Blessed Blooms Club 4:00 Taste of Hyland			