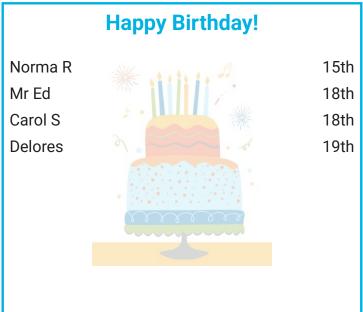




a (capri) community

881 Liberty Blvd Sun Prairie, WI 53590



#### **DON'T FORGET TO RSVP!**



4th at 12:45- Outing to Movie Theater to see "Green & Gold" \$10 6th at 2:30- Shopping at Walmart 7th at 11am- Lunch at Eagle Inn & watch eagles 11th at 12:45- Outing to Library 12th at 9- Podiatrist 18th at 1- Euchre Tournament 26th at 2:30- Shopping at Metro Market

#### **JOIN THE CLUB**



Card Club- Meets Monday, Wednesday, and Saturdays at 1pm. Come for Euchre, Sheepshead, or any other fun game you know.

# enjoy life

### THIS MONTH'S FEATURED PROGRAMS



#### **Eagle Days**

Join us as we head up to Sauk Prairie for lunch at the Eagle Inn restaurant. After lunch we'll head over to the dam to watch the eagles fishing and flying around.

Invite friends and family for a nice evening meal

and music. Wear red for this party and the

proceeds go towards the American Heart

**Resident Rights & POA Presentation** 

Come and learn your rights and also find out what a POA is and what it's used for. This is

open to all and will have a Q & A to answer any

**Date**: 2/7 **Time**: 11:00am





2/21 at 5pm

questions.

association.

**Red Party** 

## Self-Improvement and Discovery



#### Pursuit of Overall Personal Wellness



**Cross Lateral Brain Exercises** 

**Date**: 1/24 **Time**: 3:00

Join us for a new challenging exercise that is focused more on making you think and use your brain when you exercise. There are several movements we'll be working on in our first session.

**Date**: 2/26 **Time**: 10:45

## February 2025 **Sending Love**

Sending Love						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HYLAND CAMPUS  a (capri) community	881 Liberty Blvd Sun Prairie, WI 53590 (608) 834-2073	<b>Location Keys</b> Dining Room Theater	Program Key Bold-enjoy life Special Feature Programs Underline-Program Requires Sign-Up \$-Cost for Program			10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 Groundhog Day 8:00 Catholic 10:00 Lutheran 11:00 Methodist	10:15 Exercise (Slow M & M) [T] 10:45 Jeopardy 1:00 Card Games 2:30 Bingo [D]	10:15 Exercise [T] 10:45 February Is & Famous in Feb 12:45 Outing to Movies- "Green & Gold" \$ 2:00 Table Games	9:30 Lutheran Church Service [T] 10:15 Exercise [T] 12:45 Food Committee Meeting 1:00 Card Games	5 10:15 Exercise (M & M) [T] 10:45 Guess Who? 1:00 3-9 Card Game 2:30 Shopping at Walmart	10:15 Exercise (Weights) [T]  10:45 This week in History & TED Talks  11:00 Lunch outing to Eagle Inn & Stop to view eagles on river	10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 8:00 Catholic 10:00 Lutheran 11:00 Methodist 5:30 Super Bowl	10:15 Exercise (Slow M & M) [T] 10:45 Crossword 1:00 Card Games 2-3 Fingernail Care [T] 3:00 Devotional Group [T]	10:45 Bocce Ball 12:45 <u>Outing to Library</u> 2:30 Bingo [D]	Podiatrist 10:15 Exercise (Bin-GO) 10:45 Family Feud 1:00 Card Games 2:00 Craft time-Centerpieces for Red Party	2 10:15 Exercise (M & 13 M) [T] 10:45 Boggle 1:00 Methodist Service 2:30 Pokeno	Valentine's Day 10:15 Exercise (Weights) [T] 10:45 This week in History & TED Talks 2:00 Happy Hour (Valentine's fun)	Norma R Birthday 9:00 Scavenger Hunt 10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 8:00 Catholic 10:00 Lutheran 11:00 Methodist	Presidents' Day 10:15 Exercise (Slow M & M) [T] 10:45 Jeopardy 1:00 Card Games 2:00 Hymn Sing Along [T] 3:00 3-9 Card Game	Mr Ed & Carol S Birthday 10:15 Exercise [T] 10:45 Chair Hockey 1:30 Euchre Tournament	[T] 10:45 Library Kit	10:15 Exercise (M & 20 M) [T] 10:45 Remember When 2:00 Cooking Club-Cactus Bread	10:15 Exercise (Weights) [T] 10:45 This week in History & TED Talks 2:00 Happy Hour- Smoothie Bar 5:00 Red Party	10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 8:00 Catholic 10:00 Lutheran 11:00 Methodist 1:00 Movie Matinee	10:15 Exercise (Slow M & M) [T] 10:45 Crossword 1:00 Card Games 2-3 Fingernail Care [T] 3:00 Presentation- Resident Rights & Power of Attorney	10:15 Exercise [T] 10:45 Volleyball 1:30 Resident Council	10:15 Exercise(Cross Lateral Brain Exercises) 10:45 The 1% Club 1:00 Card Games 2:30 Shopping to Metro Market	10:15 Exercise (M & 27 M) [T] 10:45 Wheel Of Fortune 2:00 Armchair Traveler- Worlds most extreme	10:15 Exercise (Weights) [T] 28 10:45 This week in History & TED Talks 2:00 Happy Hour (make ur own mini pizza)	