

HYLAND CAMPUS

a  community

881 Liberty Blvd
Sun Prairie, WI 53590

Happy Birthday!

Norma R	15th
Mr Ed	18th
Carol S	18th
Delores	19th



YOU'RE INVITED TO THE

Red Party

Celebrate Women's Health in Style!

\$5
per person

FEB 21
5PM

WHAT TO EXPECT:

- ♥ Live Music
- ♥ Red Wine & Punch
- ♥ Red Themed Food
- ♥ Red Velvet Cake

Wear your best red attire and show your support for women's health!

Proceeds benefit the American Heart Association.

881 Liberty Blvd, Sun Prairie
RSVP by 2/17 to hyland-events.com
Questions? Call Sarah at 608-318-6806



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DON'T FORGET TO RSVP!



- 4th at 12:45- Outing to Movie Theater to see "Green & Gold" \$10
- 6th at 2:30- Shopping at Walmart
- 7th at 11am- Lunch at Eagle Inn & watch eagles
- 11th at 12:45- Outing to Library
- 12th at 9- Podiatrist
- 18th at 1- Euchre Tournament
- 26th at 2:30- Shopping at Metro Market

JOIN THE CLUB



Card Club- Meets Monday, Wednesday, and Saturdays at 1pm. Come for Euchre, Sheephead, or any other fun game you know.

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Eagle Days

Join us as we head up to Sauk Prairie for lunch at the Eagle Inn restaurant. After lunch we'll head over to the dam to watch the eagles fishing and flying around.

Date: 2/7 **Time:** 11:00am

Positive, Meaningful, Relationships and Service



COMMUNITY

Red Party

Invite friends and family for a nice evening meal and music. Wear red for this party and the proceeds go towards the American Heart association.

2/21 at 5pm

Self-Improvement and Discovery



LEARNING

Resident Rights & POA Presentation

Come and learn your rights and also find out what a POA is and what it's used for. This is open to all and will have a Q & A to answer any questions.

Date: 1/24 **Time:** 3:00

Pursuit of Overall Personal Wellness




HEALTH & WELLNESS

Cross Lateral Brain Exercises

Join us for a new challenging exercise that is focused more on making you think and use your brain when you exercise. There are several movements we'll be working on in our first session.

Date: 2/26 **Time:** 10:45

February 2025
Sending Love

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		881 Liberty Blvd Sun Prairie, WI 53590 (608) 834-2073	Location Keys Dining Room Theater	Program Key Bold -enjoy life Special Feature Programs <u>Underline</u> -Program Requires Sign-Up \$-Cost for Program		10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 Groundhog Day 8:00 Catholic 10:00 Lutheran 11:00 Methodist	10:15 Exercise (Slow M & M) [T] 10:45 Jeopardy 1:00 Card Games 2:30 Bingo [D]	10:15 Exercise [T] 10:45 February Is & Famous in Feb 12:45 <u>Outing to Movies- "Green & Gold" \$</u> 2:00 Table Games	9:30 Lutheran Church Service [T] 10:15 Exercise [T] 12:45 Food Committee Meeting 1:00 Card Games	10:15 Exercise (M & M) [T] 10:45 Guess Who? 1:00 3-9 Card Game 2:30 Shopping at Walmart	10:15 Exercise (Weights) [T] 10:45 This week in History & TED Talks 11:00 Lunch outing to Eagle Inn & Stop to view eagles on river	10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 8:00 Catholic 10:00 Lutheran 11:00 Methodist 5:30 Super Bowl	10:15 Exercise (Slow M & M) [T] 10:45 Crossword 1:00 Card Games 2-3 Fingernail Care [T] 3:00 Devotional Group [T]	10:15 Exercise [T] 10:45 Bocce Ball 12:45 <u>Outing to Library</u> 2:30 Bingo [D]	Podiatrist 10:15 Exercise (Bin-GO) 10:45 Family Feud 1:00 Card Games 2:00 Craft time- Centerpieces for Red Party	10:15 Exercise (M & M) [T] 10:45 Boggle 1:00 Methodist Service 2:30 Pokeno	Valentine's Day 10:15 Exercise (Weights) [T] 10:45 This week in History & TED Talks 2:00 Happy Hour (Valentine's fun)	Norma R Birthday 9:00 Scavenger Hunt 10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 8:00 Catholic 10:00 Lutheran 11:00 Methodist	Presidents' Day 10:15 Exercise (Slow M & M) [T] 10:45 Jeopardy 1:00 Card Games 2:00 Hymn Sing Along [T] 3:00 3-9 Card Game	Mr Ed & Carol S Birthday 10:15 Exercise [T] 10:45 Chair Hockey 1:30 Euchre Tournament	Delores's Birthday 10:15 Exercise (Drum) [T] 10:45 Library Kit 1:00 Card Games 2:00 Community Bingo	10:15 Exercise (M & M) [T] 10:45 Remember When 2:00 Cooking Club-Cactus Bread	10:15 Exercise (Weights) [T] 10:45 This week in History & TED Talks 2:00 Happy Hour- Smoothie Bar 5:00 Red Party	10:15 Resident Led Exercise 1:00 Card Games
Church Services on Ch 983 & church anytime on Ch 125 8:00 Catholic 10:00 Lutheran 11:00 Methodist 1:00 Movie Matinee	10:15 Exercise (Slow M & M) [T] 10:45 Crossword 1:00 Card Games 2-3 Fingernail Care [T] 3:00 Presentation- Resident Rights & Power of Attorney	9:30 Catholic Mass [T] 10:15 Exercise [T] 10:45 Volleyball 1:30 Resident Council Meeting 2:30 Bingo [D]	Exercise(Cross Lateral Brain Exercises) 10:45 The 1% Club 1:00 Card Games 2:30 Shopping to Metro Market	10:15 Exercise (M & M) [T] 10:45 Wheel Of Fortune 2:00 Armchair Traveler- Worlds most extreme	10:15 Exercise (Weights) [T] 10:45 This week in History & TED Talks 2:00 Happy Hour (make ur own mini pizza)	