

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>881 Liberty Blvd Sun Prairie, WI 53590 (608) 834-2073</p>	 <p>■ Mindful Matters 🦋 Spiritual</p>						<p>9:00 Hobby Time 10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Who Am I? 11:30 Follow the Leader 2:00 Bingo 3:00 Library Kit 4:00 Manicures and Chat</p>
<p><b>DAILY RHYTHM</b></p> <p>8:00 Breakfast</p> <p>10:00 Mindful Matters/Exercise</p> <p>10:30 Field to Fare/Refreshments</p> <p>11:00 Creative Arts/Partner Programs</p> <p>12:00 Lunch</p> <p>2:00 Games/Mindful Matters/Refreshments</p> <p>3:00 Cultural Arts/Wellness</p> <p>4:00 Community/Music/Spiritual</p> <p>5:00 Dinner</p> <p>6:00 Evening program/Resident's Choice</p> <p>Clubs Scheduled Weekly Calendar is subject to change</p>	<p><b>Groundhog Day</b> 2</p> <p>10:30 🦋 Sunday Devotions 11:00 fun facts about groundhogs 11:30 Praise and Joy Sing Along 1:00 Afternoon Stretch 1:30 Dice Games 2:00 Groundhog Snack 3:00 Guess Who? 3:30 Sunday Reminisce</p>	<p>9:00 Hobby Time 10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Shake Loose a Memory 11:30 ■ What Comes Next? 1:15 Nature and Relax in Sun Room 2:00 Library Kit 3:00 Table Games 4:00 Remembering TV Game Shows</p>	<p>9:00 Helping Hands 9:30 Just You and Me 9:55 ■ The Daily Rewind 10:00 ■ Morning Stretch 11:00 ■ Cooking Club 11:30 ■ Candy A to Z 1:00 Celebrating Candy Making Day 2:30 ■ Afternoon Social 3:00 ■ Valentine Rummy 4:00 ■ Sweet Things Trivia</p>	<p>9:30 Helping Hands 10:00 ■ Cardio Exercises 10:30 Daily Rewind 11:30 Finish the Phrase 1:15 Relaxing Music in Sun Room 1:45 Reminisce Activity 2:30 Table Top Fun 3:30 Noodle Ball 4:00 Sing Along</p>	<p>9:30 Hobby Time 10:00 Morning Exercises 10:30 What Comes Next? 11:00 Bowling 11:30 Word Puzzles 1:15 Stretch and Sing 2:00 Sensory Fun 3:00 Table Game &amp; Snack</p>	<p>10:00 ■ Balance Class 10:30 Friday Funny's 11:00 A to Z Word Game 11:30 Have you Ever? 1:15 Bowling and Chat 2:00 Where in the world? 3:00 Happy Hour 4:00 Zany Zoom Ins 4:30 Family Feud</p>	<p>9:00 ■ Puzzle Club 9:30 Just You and Me 9:55 ■ The Daily Rewind 10:00 ■ Morning Stretch 11:00 ■ Cooking Club 11:30 ■ The Common Thread 1:00 Remembering Roy Rogers 2:30 ■ Afternoon Social 3:00 ■ Valentine BINGO 4:00 ■ Memory Lane Sing Along</p>
	<p>9:00 Hobby Time 9:30 Just You and Me 10:30 🦋 Sunday Devotions 11:30 Praise and Joy Hymn Sing 1:00 ■ Afternoon Stretch 1:30 Fads of the 1940's and 1950's 2:30 ■ Afternoon Social 3:00 ■ Wintertime Picture BINGO 4:00 Jackie and Shadow Update 4:30 ■ Concentration on the Whiteboard</p>	<p>9:00 Hobby Time 10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Shake Loose a Memory 11:30 ■ What Comes Next? 1:15 Nature and Relax in Sun Room 2:00 Library Kit 3:00 Table Games 4:00 Remembering Home</p>	<p>9:30 Coloring and Puzzles 10:00 Slow Stretches 10:30 What's on your mind? 11:00 Sounds Like.... 11:30 Bakers Corner 1:00 Bird watching 1:30 Wheel of Fortune 2:00 Bingo 3:00 Snack N Chat 4:00 Sing Along</p>	<p>9:30 Helping Hands 10:00 ■ Cardio Exercises 10:30 Daily Rewind 11:15 Finish The Phrase 11:30 Finish the Phrase 1:15 Relaxing Music in Sun Room 1:45 Reminisce Activity 2:30 Table Top Fun 3:30 Noodle Ball 4:00 Sing Along</p>	<p>9:00 Helping Hands 9:30 Just You and Me 9:55 The Daily Rewind 10:00 ■ Morning Stretch 11:00 ■ Cooking Club 11:30 ■ It Starts with the Letter 1:00 Penny for Your Thoughts 2:30 ■ Afternoon Social 3:00 ■ Valentine BINGO 4:00 ■ Songs from the Heart Sing Along</p>	<p><b>Valentine's Day</b> 14</p> <p>10:00 ■ Balance Class 10:30 Friday Funny's 11:00 A to Z Word Game 11:30 Have you Ever? 1:15 Bowling and Chat 2:00 Where in the world? 3:00 Happy Hour 4:00 Zany Zoom Ins 4:30 Family Feud</p>	<p>9:00 Hobby Time 10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Who Am I? 11:30 Follow the Leader 2:00 Bingo 3:00 Library Kit 4:00 Manicures and Chat</p>
	<p>10:30 🦋 Sunday Devotions 11:30 Praise and Joy Sing Along 1:00 Afternoon Stretch 1:30 Dice Games 3:30 Sunday Reminisce</p>	<p><b>Presidents' Day</b> 17</p> <p>9:00 Hobby Time 10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Shake Loose a Memory 11:30 ■ What Comes Next? 1:15 Nature and Relax in Sun Room 2:00 Library Kit 3:00 Table Games 4:00 Remembering TV Game Shows</p>	<p>9:00 Color My World 9:30 Just You and Me 9:55 ■ The Daily Rewind 10:00 ■ Morning Stretch 11:00 ■ Cooking Club 11:30 ■ Fake News 1:00 Remembering First Ladies 2:30 ■ Afternoon Social 3:00 ■ Snowman Rummy 4:00 ■ Book Club: The Rocking Chair Reader</p>	<p>9:30 Helping Hands 10:00 ■ Cardio Exercises 10:30 Daily Rewind 11:30 Finish the Phrase 1:15 Relaxing Music in Sun Room 1:45 Reminisce Activity 2:30 Table Top Fun 3:30 Noodle Ball 4:00 Sing Along</p>	<p>9:30 Hobby Time 9:55 The Daily Rewind 10:00 Morning Exercises 10:30 What Comes Next? 11:00 Bowling 11:30 Word Puzzles 1:15 Stretch and Sing 2:00 Sensory Fun 3:00 Table Game &amp; Snack</p>	<p>10:00 ■ Balance Class 10:30 Friday Funny's 11:00 A to Z Word Game 11:30 Have you Ever? 1:15 Bowling and Chat 2:00 Where in the world? 3:00 Happy Hour 4:00 Zany Zoom Ins 4:30 Family Feud</p>	<p>9:00 Hobby Time 9:30 Just You and Me 9:55 ■ The Daily Rewind 10:00 ■ Morning Stretch 11:00 ■ Cooking Club 11:30 ■ When You Think You Know Everything 1:00 Remembering the Dime Store 2:30 ■ Afternoon Social 3:00 ■ Snowman BINGO 4:00 ■ Sing Along with Georgina Rae</p>
	<p>9:00 Hobby Time 9:30 Just You and Me 10:30 🦋 Sunday Devotions 11:30 🦋 Praise and Joy Hymn Sing 1:00 Visit from Cody, Therapy Dog 1:30 ■ M and M Conversation Game 2:30 ■ Afternoon Social with Coffee and Donuts 3:00 ■ Snowflake RUMMY 4:00 ■ Roll A Word</p>	<p>9:00 Hobby Time 10:00 Morning Exercises 10:30 Daily Chronicle 11:00 Shake Loose a Memory 11:30 ■ What Comes Next? 1:15 Nature and Relax in Sun Room 2:00 Library Kit 3:00 Table Games 4:00 Remembering Home</p>	<p>9:30 Coloring and Puzzles 10:00 Slow Stretches 10:30 What's on your mind? 11:00 Sounds Like.... 11:30 Bakers Corner 1:00 Bird watching 1:30 Wheel of Fortune 2:00 Bingo 3:00 Snack N Chat 4:00 Sing Along</p>	<p>9:30 Helping Hands 10:00 ■ Cardio Exercises 10:30 Daily Rewind 11:30 Finish the Phrase 1:15 Relaxing Music in Sun Room 1:45 Reminisce Activity 2:30 Table Top Fun 3:30 Noodle Ball 4:00 Sing Along</p>	<p>9:00 Helping Hands 9:30 Just You and Me 9:55 The Daily Rewind 10:00 ■ Morning Stretch 11:00 ■ Cooking Club 11:30 ■ Name Three 1:00 Remembering Johnny Cash 2:30 ■ Afternoon Social 3:00 ■ Snowman BINGO 4:00 ■ Sing Along with Mary Sue</p>	<p>10:00 ■ Balance Class 10:30 Friday Funny's 11:00 A to Z Word Game 11:30 Have you Ever? 1:15 Bowling and Chat 2:00 Where in the world? 3:00 Happy Hour 4:00 Zany Zoom Ins 4:30 Family Feud</p>	