

HARBOR CAMPUS

a (capri) community

425 W. Walters St.
Port Washington, WI 53074
262-268-1800

Happy Birthday!

Residents:

11/8 - Charlotte R.
11/11 - Bob L.
11/20 - John T.

Staff:

11/2 - Monica Walker 11/3 - Reese Zimpelman
11/5 - Michelle Weber 11/8 - Margo Kielty
11/11 - Hasna Ali 11/13 - Lameisha Perkins
11/19 - Dawn Kratz 11/22 - Annette Zamora
11/23 - Kathy Wenzel 11/26 - Pamela Lang

JOIN THE CLUB

If you'd like more information on one of the clubs, contact Dawn, or just stop in at the designated time and see what it's all about.

- Resident Ambassador
- Diamond Club
- Artists in the Alcove Painting Club

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Trip to the Marcus North Shore Theater
Hop in the Harbor bus as we make our way to Mequon to see one of the latest films "Conclave" at the Marcus Theater.

Cost: \$8.00
Date: 11/12 **Depart:** TBD
Location: Outing

Positive, Meaningful, Relationships and Service



COMMUNITY

Honorary Veteran's Day Program
Join us as we honor our Veterans during this special event. Family is welcome. Light refreshments to follow the program.

Date: 11/11 **Time:** 2:00 p.m.
Location: Multipurpose Room

Self-Improvement and Discovery



LEARNING

Fond of Fondue Tasting
In honor of "Fun With Fondue Month", we will dive into the history of fondue, as well as, have a tasting of some different food combinations.

Date: Thursday, Nov. 21 **Time:** 2:30 p.m.
Location: Multipurpose Room

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Church Services with Pastor Nietzel
We have recently added a new church service to our monthly calendar. Pastor Nietzel of St. Matthew Lutheran Church will be leading a service the 3rd Thursday of each month. Take some time to check out this new spiritual opportunity.

Date: Thursdays **Time:** 10:00 a.m.
Location: Multipurpose Room

The best things in life are the people we love, the places we've been and the memories we've made along the way.

(capri) COMMUNITIES

enjoy life

DON'T FORGET TO RSVP!



- 11/3, 11/22 - Mini Manicures & Memories
- 11/7 - Walmart Trip
- 11/11 - Veteran's Breakfast - Invite Only
- 11/12 - Marcus Movie Trip
- 11/15 - November Birthday Social - Invite Only
- 11/19 - Hot Cocoa Scenic Drive
- 11/20 - Lunch at Charcoal Grill
- 11/21 - Piggly Wiggly Trip

ASSISTED LIVING

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Location Keys

Alcove Art Room	A	Multi Purpose Room	M
Dining Room	D	Outing	O
Individual Apartment	APT	Skylight Room	S
Library	L	Theatre Room	T

<p>HARBOR CAMPUS a capri community</p>						<p>10:00 Fox Therapy Exercise Class [M] 1 11:00 Blood Pressure Plus + Clinic 1:30 Bingo Bonanza with Leslie [M] 3:15 Board Games [L] 3:15 Root Beer Floats on Wheels [S]</p>	<p>2 9:30 "John McGivern's Main Streets" (Ch.10) [APT] 10:00 Move & Groove with Jazzy [M] 10:30-11:30am General Store Open [M] 1:30 Name that 50's Tune [M] 3:45 LCR Dice Game [S]</p>
<p>Daylight Saving Time Ends 3 9:00 Catholic Mass (TV-Ch.24) [APT] 9:30 PACERS Indoor Walking Group 1:30 Manicures & Memories [S] 3:45 Coffee & Kringle with Jazzy [M]</p>	<p>4 10:00 Fox Therapy Exercise Class [M] 10:30-11:30am General Store Open [M] 10:45 Artist in the Alcove [A] 1:30 Bingo Bonanza [M] 3:00 Diamond Club [L] 3:15 Trivia Fun [M]</p>	<p>Election Day 5 10:00 Rosary [M] 10:30 Mass with Father Pat [M] 11:00 Forever Fit "Zumba-Lite" [M] 2:00 Lakeshore Library Hour [M] 3:30 Horse Races [M]</p>	<p>6 10:00 Harmony Yoga [M] 11:00 Pet Visits with Arie [APT] 1:00 General Store Open -2:00pm [M] 1:45 Baker's Corner "Baked Apple Fritters" [M] 3:30 Jeopardy Trivia [M]</p>	<p>Podiatrist Visits 7 9:00 Walmart Trip [O] 10:00 Worship w/ Father Hills and St. Simon the Fisherman [M] 11:00 Forever Fit "Zumba-lite" [M] 1:30 Creative Arts "Clay Leaf Bowls" Part 1 3:30 Pictionary Game [M]</p>	<p>8 10:00 Fox Therapy Exercise Class [M] 1:30 Bingo Bonanza with Leslie [M] 3:00 Patriotic Music with Robert Welsch [M] 3:15 Board Games [L]</p>	<p>9 9:30 "John McGivern's Main Streets" (Ch.10) [APT] 10:00 Move & Groove with Jazzy [M] 10:30-11:30am General Store Open [M] 1:30 Wheel of Fortune Game [M] 3:45 Floats & Jokes with Jazzy [M]</p>	
<p>10 9:00 Catholic Mass (TV-Ch.24) [APT] 9:30 PACERS Indoor Walking Group 1:30 Spelling Bee Challenge [M]</p>	<p>Veterans Day 11 9:00 Veteran's Breakfast - Invite Only [M] 10:00 Fox Therapy Exercise Class [M] 10:30-11:30am General Store Open [M] 10:45 Artist in the Alcove [A] 2:00 Honorary Veteran's Day Program 3:00 Diamond Club [L] 3:15 Trivia Fun [M]</p>	<p>12 10:00 Rosary and Communion [M] 11:00 Forever Fit "Zumba-Lite" [M] 1:00 Marcus Movie Trip "Conclave" [O] 1:30 Horse Races [M]</p>	<p>13 10:00 Harmony Yoga [M] 10:00 Pet Visits with Isabella [APT] 1:00 General Store Open -2:00pm [M] 1:30 Bingo Bonanza [M] 3:00 Creative Arts Part 2</p>	<p>14 10:00 Worship with St. John's Lutheran [M] 11:00 Forever Fit "Zumba-lite" [M] 1:30 Nature Series "Our Planet" [T] 3:00 Happy Hour [M]</p>	<p>15 10:00 Fox Therapy Exercise Class [M] 1:30 Bingo Bonanza with Leslie [M] 3:15 Board Games [L] 3:30 November Birthday Social - Invite Only [M]</p>	<p>16 9:30 "John McGivern's Main Streets" (Ch.10) [APT] 10:00 Move & Groove with Jazzy [M] 10:30-11:30am General Store Open [M] 1:30 Card Making Session "Holiday Edition" [S] 3:45 Pumpkin Putt Putt [M]</p>	
<p>17 9:00 Catholic Mass (TV-Ch.24) [APT] 9:30 PACERS Indoor Walking Group 1:30 Fall Trivia [M] 3:45 UNO Cards with Jazzy [S]</p>	<p>18 10:00 Fox Therapy Exercise Class [M] 10:30-11:30am General Store Open [M] 10:45 Violin Program with Ada Duo [M] 1:30 Bingo Bonanza [M] 3:00 Diamond Club [L] 3:15 Trivia Fun [M]</p>	<p>19 10:00 Rosary and Communion [M] 11:00 Fox Therapy Exercise Class [M] 1:30 Horse Races [M] 3:00 "Hot Cocoa" Scenic Drive [O]</p>	<p>20 10:00 Harmony Yoga [M] 10:45 Culinary & Lifestyle Forum [M] 11:00 Lunch at Charcoal Grill [O] 11:00 Pet Visits with Arie [APT] 1:00 General Store Open -2:00pm [M] 2:15 Crosswords Crowd [A] 2:15 Jeopardy Trivia [M]</p>	<p>Fun With Fondue Month 21 9:00 Piggly Wiggly Trip [O] 10:00 Church Services with Pastor Nietzel - St. Matthew's Lutheran Church [M] 11:00 Forever Fit "Zumba-lite" [M] 2:30 Fond of Fondue Tasting Event [M]</p>	<p>Harbor Campus Donut Sale 8:30-9:30am 22 10:00 Fox Therapy Exercise Class [M] 10:00 Manicures & Memories [S] 1:30 Bingo Bonanza with Leslie [M] 3:15 Board Games [L] 3:15 Root Beer Floats on Wheels [S]</p>	<p>23 9:30 "John McGivern's Main Streets" (Ch.10) [APT] 10:30-11:30am General Store Open [M] 1:30 Thanksgiving Word Games [M]</p>	
<p>24 9:00 Catholic Mass (TV-Ch.24) [APT] 9:30 PACERS Indoor Walking Group 1:30 Shut the Box Game [M]</p>	<p>25 10:00 Fox Therapy Exercise Class [M] 10:30-11:30am General Store Open [M] 10:45 Artist in the Alcove [A] 1:30 Bingo Bonanza [M] 3:00 Diamond Club [L] 3:15 Trivia Fun [M]</p>	<p>26 10:00 Rosary and Communion [M] 11:00 Forever Fit "Zumba-Lite" [M] 1:30 Horse Races [M] 3:00 Tuesday Tastings with Carla & Michelle [M]</p>	<p>27 9:00 Church Services with Pastor Guse-United Methodist Church [M] 10:00 Harmony Yoga [M] 10:00 Pet Visits with Isabella [APT] 1:00 General Store Open -2:00pm [M] 1:30 Resident Meeting [M] 2:00 Short Stories & More [S] 3:00 Happy Hour - "Cornucopia Cocktail" [M]</p>	<p>Thanksgiving 28 8:00 Macy's Thanksgiving Day Parade (NBC) [T] 10:30 Thanksgiving Day Puzzle Packet (Pick up at Front Desk) 12:30 Traditional Thanksgiving Lunch [D]</p>	<p>29 10:00 Fox Therapy Exercise Class [M] 1:30 Bingo Bonanza with Leslie [M] 3:15 Board Games [L] 3:15 Cheese & Crackers on Wheels [S]</p>	<p>30 9:30 "John McGivern's Main Streets" (Ch.10) [APT] 10:00 Move & Groove with Jazzy [M] 10:30-11:30am General Store Open [M] 1:30 Prayer Circle with Jazzy [S] 3:45 What's In The Box?? [M]</p>	