

# GRACE COMMONS

a  community

W195N9550 Rolling Meadow Circle  
Menomonee Falls, WI 53051

(262) 252-9600

## Happy Birthday!

2nd Irma S.  
8th Jo C.  
10th Lenore C.  
10th Carol B.  
11th Marlene M.  
17th Ed F.  
23rd Sue A.  
25th Mary J.  
28th Dan K.  
29th Elva K.  
29th Karl D.  
29th Joan B.

## DON'T FORGET TO RSVP!



Please sign up in the ENJOY LIFE binder at front desk

Shopping  
luminary Christmas Lights Tour  
Whacky Women Club  
Tea at The Phister

## JOIN THE CLUB



If you are interested in joining or starting a club, please talk with Kelly for more information.

Book Club  
Flower Club  
Garden Club  
Walking Club

# enjoy life

## THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Positive, Meaningful, Relationships and Service



COMMUNITY

Self-Improvement and Discovery



LEARNING

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

### A Night Of Luminary Lights

Get into the holiday spirit as we drive through Windsong subdivision and enjoy a Christmas spectacle of luminary lights, including a stop at Eric's house for Hot Chocolate

**Sunday, December 8th**

**Bus Leaves at 4:30pm**

**Lobby**

### Grace Commons Holiday Bake Sale

Spread some holiday cheer and indulge in delicious homemade treats. Please sign up at the front desk if you like to bake/donate items.

ALL PROCEEDS GO TO:

THE LITTLE WARRIORS FOUNDATION-Childhood Cancer

**Monday, December 16th**

**2:00pm**

**Lobby**

### Grieving And The Holidays

The Holiday season can be a time of joy but can also bring feeling of sadness loneliness and overwhelm. Receive support and find tools to navigate this challenging time of year.

**Monday, December 9th**

**10:30AM**

**Family Room**

### Christmas Entertainment

Come enjoy the sounds of the holidays with musical entertainment


**Tuesday, December 3rd 6:30-Lobby**

**Thursday, December 5th 2:00 Tap Room**

**Saturday, December 7th 2:00 Lobby**

**Thursday, December 19th 6:30 Lobby**

**Sunday, December 22nd 1:30 Lobby**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1:00 Movie- 2:00 Dominos [M] 6:30 Wacky Womens Club [FR]	8:30 Exercise [W] 9:00 Exercise [W] 10:30 <u>Metro Market [L]</u> 1:00 BINGO With Katy-\$ [TR] 3:00 Catholic Church Service [G]	9:00 Coffee Club [TR] 1:00 Fox Exercise-Balance For Better Movement [W] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR] 6:30 Bethlehem Christmas Carolers [L]	9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 10:00 Fox Exercise [W] 10:30 Book Club [FR] 1:00 Grace Bible Study [FR] 3:30 <u>Walmart [L]</u>	9:00 Coffee Club [TR] 10:00 Christmas Tree Decorating [TR] 1:00 IL Resident Meeting [TR] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Resident's Sing-A-Long [TR] 2:00 Sheepshead-\$ [FR]	8:30 Orange Shoes Exercise [W] 9:00 Orange Shoe Exercise [W] 10:00 Friday Adventure 10:30 History Club With Tim [FR] 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] 1:00 Dominos [M] 1:00 Movie- 2:00 Grace Lutheran Church Carolers [L] 2:00 Rummicube [TR]		
1:00 Movie- 2:00 Dominos [M] 5:00 <u>Van Ride: Luminary Night [L]</u>	8:30 Exercise [W] 9:00 Exercise [W] 9:30 Exercise [W] 10:00 Speaking Series: Grieving and The Holidays [FR] 10:30 <u>Aldi [L]</u> 1:00 BINGO-\$ [TR] 2:30 Fox Therapy Screening [W]	9:00 Coffee Club [TR] 10:30 Speaker-LaToya Bates: Life In Translation [FR] 1:00 Fox Exercise-Balance For Better Movement [W] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR]	9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 10:00 Fox Exercise [W] 10:30 Grace Church Service [W] 2:00 Team Trivia with Kelly [TR] 3:30 <u>Dollar Tree/Hobby Lobby [L]</u>	9:00 Coffee Club [TR] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Sheepshead-\$ [FR]	8:30 Orange Shoes Exercise [W] 9:00 Orange Shoe Exercise [FR] 9:30 Communion Church Service [W] 10:00 Friday Adventure 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]		
1:00 Movie- 2:00 Dominos [M] 6:30 Wacky Womens Club [FR]	<b>Christmas Socks</b> 8:30 Exercise [W] 9:00 Exercise [W] 9:30 Exercise [W] 10:30 <u>Piggly Wiggly [L]</u> 1:00 BINGO-\$ [TR] 2:00 Holiday Bake Sale [L]	<b>Green Grinch Color</b> 9:00 Coffee Club [TR] 10:00 Trivia Games with Germantown Students [TR] 1:00 Fox Exercise-Balance For Better Movement [W] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR]	<b>Ugly Sweater</b> 9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 10:00 Fox Exercise [W] 11:00 <u>ENJOY LIFE-Tea At The Phister-\$ [L]</u> 1:00 Grace Bible Study [FR]	<b>Red &amp; Green Colors</b> 9:00 Coffee Club [TR] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Sheepshead-\$ [FR] 6:30 Girl Scout Christmas Caroling [L]	<b>Christmas PJs</b> 8:30 Orange Shoes Exercise [W] 9:00 Orange Shoe Exercise [W] 10:00 Friday Adventure 10:00 Story Tellers-Jim Gauger Part III [FR] 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]		
1:00 Movie- 1:30 Menomonee Falls Orchestra 2:00 Dominos [M]	8:30 Exercise [W] 9:00 Exercise [W] 9:30 Exercise [W] 10:30 Speaker-LaToya: Appreciating What We Have [FR] 10:30 <u>Walmart [L]</u> 1:00 BINGO-\$ [TR] 3:00 Happy Hour-Happy Birthday [TR]	<b>Christmas Eve</b> 9:00 Coffee Club [TR] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie-	<b>Christmas Day</b>	8:30 Blood Pressure Checks [W] 9:00 Coffee Club [TR] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Sheepshead-\$ [FR]	8:30 Orange Shoes Exercise [W] 9:00 Orange Shoe Exercise [FR] 9:30 Communion Church Service [W] 10:00 Friday Adventure 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]		
1:00 Movie- 2:00 Dominos [M]	9:00 Exercise [W] 9:30 Exercise [W] 10:30 <u>Metro Market [L]</u> 1:00 BINGO-\$ [TR]	<b>New Year's Eve Wear Sparkles</b> 9:00 Coffee Club [TR] 11:30 Noon Years Eve Toast [TR] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR]					<b>Location Keys</b> W195 N9550 Rolling Meadow Circle Menomonee Falls, WI 53051 (262) 252-9600 Family Room FR Great Room G Lobby L Multipurpose Room M Tap Room TR Wellness Suite W	
<b>Program Key</b> Bold-enjoy life Special Feature Programs Underline-Program Requires Sign-Up \$-Cost for Program								