

GRACE COMMONS

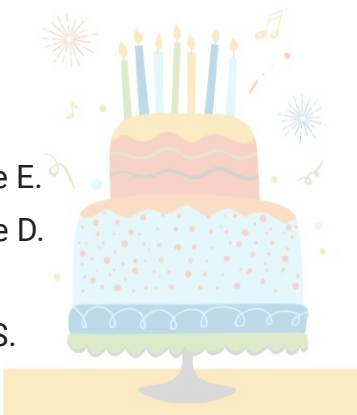
a  community

W195N9550 Rolling Meadow Circle
Menomonee Falls, WI 53051

(262) 252-9600

Happy Birthday!

1st Don F.
6th Bob B.
9th Ruth O.
10th Clarice E.
13th Connie D.
13th Pat L.
13th Mary S.
19th Pat P.
20th Carl W.
23rd Bill S.



DON'T FORGET TO RSVP!



Shopping

Lunch Bunch

Menomonee Falls Park

Basilica Of St. Josaphat Tour

JOIN THE CLUB



Book Club

Flower Club

Garden Club

Walking Club

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Positive, Meaningful, Relationships and Service



COMMUNITY

Self-Improvement and Discovery



LEARNING

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Tour Basilica of St. Josaphat

In honor of All Saints Day enjoy a guided tour of the lower chapel and learn about the history of this beautiful church.

Wednesday, October 30th

2:00pm

Lobby

\$5.00

Grace Commons-Fall Craft Fair

Gifts, Quilted Pieces, Paintings, Jewelry, Ornaments, and other Hand-crafted items.

Thursday, October 17th

10am-2pm

Lobby

Inspirational Speaker-LaToya Bates

Appreciating What We Have

Tuesday, October 8th

Positive Thought and Mindfulness

Tuesday, October 22nd

10:30

Family Room

Menomonee Falls Police Department Presents:

Crime Prevention For Seniors

Join The Menomonee Falls Police Department as they discuss ways to keep you safe

Wednesday, October 23rd

10:30AM

Family Room

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>GRACE COMMONS a capri community</p> <p>W195 N9550 Rolling Meadow Circle Menomonee Falls, WI 53051 (262) 252-9600</p>		<p>9:00 Coffee Club [TR] 1</p> <p>9:30 Drumming [G]</p> <p>10:30 Rummikub</p> <p>10:30 <u>Walk Menomonee Park [L]</u></p> <p>1:00 Connect Four [ALM]</p> <p>1:00 Fox Exercise-Balance For Better Movement [W]</p> <p>2:00 Baking</p> <p>4:00 Happy Hour-BYOB [TR]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 2</p> <p>9:30 Fox Exercise [W]</p> <p>10:30 Card Game-Garbage [L]</p> <p>1:00 Grace Bible Study [W]</p> <p>2:00 Horse Race-\$ [G]</p> <p>3:30 <u>Walmart [L]</u></p>	<p>9:00 Exercise [W] 3</p> <p>9:30 Daily Chronicles [G]</p> <p>10:00 Stretch and Flex [G]</p> <p>10:30 Family Feud [ALM]</p> <p>1:00 1st Floor Color with Music [G]</p> <p>2:00 BINGO</p> <p>3:30 Short Story Reading [ALM]</p> <p>3:30 The Chosen</p>	<p>9:00 Orange Shoe Exercise [W] 4</p> <p>10:00 Board Games [L]</p> <p>10:00 Story Telling-Jim Gauger [FR]</p> <p>1:15 Rosary [FR]</p> <p>2:00 AL Movie-[ALT]</p>	<p>10:00 Walking/Wheeling Club [L] 5</p> <p>10:30 Patio Chats [L]</p> <p>2:00 Theme BINGO-\$ [G]</p> <p>3:30 Pretty Nails [G]</p>	
	<p>10:30 Puzzle Time [ALM] 6</p> <p>2:00 AL Movie-</p> <p>2:15 Trivia Pursuit [G]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 7</p> <p>9:30 Exercise [W]</p> <p>10:30 Board Games [L]</p> <p>10:30 <u>Metro Market [L]</u></p> <p>1:00 Scrabble</p> <p>2:00 BINGO-\$</p> <p>3:00 Catholic Church Service [G]</p> <p>3:30 1st Floor 1 on 1 With Rose</p>	<p>9:00 Coffee Club [TR] 8</p> <p>9:30 Drumming [G]</p> <p>10:30 Rummikub</p> <p>10:30 Speaker-LaToya Bates: Appreciating What We Have [FR]</p> <p>1:00 Fox Exercise-Balance For Better Movement [W]</p> <p>1:30 <u>Goodwill [L]</u></p> <p>3:00 October Fest-Entertainment [TR]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 9</p> <p>9:30 Fox Exercise [W]</p> <p>10:30 Card Game-Garbage [L]</p> <p>10:30 Grace Church Service [W]</p> <p>1:00 AL Meeting [G]</p> <p>2:00 Horse Race-\$ [G]</p> <p>3:30 <u>Dollar Tree/Hobby Lobby [L]</u></p>	<p>9:00 Exercise [W] 10</p> <p>9:30 Daily Chronicles [G]</p> <p>10:00 Stretch and Flex [G]</p> <p>10:30 History Club With Tim [FR]</p> <p>10:30 Pretty Nails [ALM]</p> <p>2:00 BINGO</p> <p>3:30 1st Floor 1 on 1 With Rose</p> <p>3:30 The Chosen</p>	<p>9:00 Orange Shoe Exercise [W] 11</p> <p>9:30 Communion Service [W]</p> <p>10:00 Board Games [L]</p> <p>10:00 Story Telling-Jim Gauger [FR]</p> <p>1:15 Rosary [FR]</p> <p>2:00 AL Movie-[ALT]</p>	<p>10:00 Walking/Wheeling Club [L] 12</p> <p>10:30 Patio Chats [L]</p> <p>2:00 Theme BINGO-\$ [G]</p> <p>3:30 Pretty Nails [G]</p>
	<p>10:30 Puzzle Time [ALM] 13</p> <p>2:00 AL Movie-</p> <p>2:15 Card Game-Garbage [G]</p>	<p>Columbus Day 14</p> <p>Indigenous People's Day</p> <p>9:30 Daily Chronicles/Stretch & Flex [G]</p> <p>9:30 Exercise [W]</p> <p>10:30 <u>Aldi [L]</u></p> <p>10:30 Board Games [L]</p> <p>1:00 Scrabble</p> <p>2:00 BINGO-\$</p> <p>3:30 Trivia With Rose [ALM]</p>	<p>9:00 Coffee Club [TR] 15</p> <p>9:30 Drumming [G]</p> <p>10:30 <u>Lunch Bunch-Culvers [L]</u></p> <p>10:30 Rummikub</p> <p>1:00 Fox Exercise-Balance For Better Movement [W]</p> <p>2:00 Baking</p> <p>3:30 1st Floor 1 on 1 With Rose [G]</p> <p>4:00 Happy Hour-BYOB [TR]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 16</p> <p>9:30 Fox Exercise [W]</p> <p>10:30 Card Game-Garbage [L]</p> <p>10:30 Vote [W]</p> <p>1:00 Grace Bible Study [FR]</p> <p>2:00 Horse Race-\$ [G]</p> <p>3:30 <u>Kohl's/Target [L]</u></p>	<p>Craft Fair 17</p> <p>9:00 Exercise [W]</p> <p>9:30 Daily Chronicles [G]</p> <p>10:00 Stretch and Flex [G]</p> <p>10:30 Family Feud [ALM]</p> <p>1:00 1st Floor Color With Music [G]</p> <p>2:00 BINGO</p> <p>3:30 Short Story Reading [ALM]</p> <p>3:30 The Chosen</p>	<p>9:00 Orange Shoe Exercise [W] 18</p> <p>10:00 Board Games [L]</p> <p>1:15 Rosary [FR]</p> <p>2:00 AL Movie-[ALT]</p>	<p>10:00 Walking/Wheeling Club [L] 19</p> <p>10:30 Patio Chats [L]</p> <p>2:00 Theme BINGO-\$ [G]</p> <p>3:30 Pretty Nails [G]</p>
	<p>10:30 Puzzle Time [ALM] 20</p> <p>2:00 AL Movie-</p> <p>2:15 Trivia Pursuit [G]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 21</p> <p>9:30 Exercise [W]</p> <p>10:30 Board Games [L]</p> <p>10:30 <u>Piggly Wiggly [L]</u></p> <p>1:00 Scrabble</p> <p>2:00 BINGO-\$</p> <p>3:30 Destination Tours With Rose [ALM]</p>	<p>9:00 Coffee Club [TR] 22</p> <p>9:30 Drumming [G]</p> <p>10:30 Rummikub</p> <p>10:30 Speaker-LaToya Bates: Positive Thoughts & Mindfulness [FR]</p> <p>1:00 Fox Exercise-Balance For Better Movement [W]</p> <p>1:30 Games and Pie</p> <p>4:00 Happy Hour-BYOB [TR]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 23</p> <p>9:30 Fox Exercise [W]</p> <p>10:30 Card Game-Garbage [L]</p> <p>10:30 Speaker-Crime Prevention For Seniors [FR]</p> <p>1:00 Vote [W]</p> <p>2:00 Horse Race-\$ [G]</p> <p>3:30 <u>Metro Market [L]</u></p>	<p>9:00 Exercise [W] 24</p> <p>9:30 Daily Chronicles [G]</p> <p>10:00 Stretch and Flex [G]</p> <p>10:30 BINGO</p> <p>2:00 Musical Entertainment [D]</p> <p>3:30 1st Floor 1 on 1 With Rose</p> <p>3:30 The Chosen</p>	<p>9:00 Orange Shoe Exercise [W] 25</p> <p>9:30 Communion Service [FR]</p> <p>10:00 America And Voting With Tim [FR]</p> <p>10:00 Board Games [L]</p> <p>1:15 Rosary [FR]</p> <p>2:00 AL Movie-[ALT]</p>	<p>10:00 Walking/Wheeling Club [L] 26</p> <p>10:30 Patio Chats [L]</p> <p>2:00 Filipino Dacers [L]</p> <p>2:00 Theme BINGO-\$ [G]</p> <p>3:30 Pretty Nails [G]</p>
	<p>10:30 Puzzle Time [ALM] 27</p> <p>2:00 AL Movie-</p> <p>2:15 Card Game-Garbage [G]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 28</p> <p>9:30 Exercise [W]</p> <p>10:30 Board Games [L]</p> <p>10:30 <u>Walmart [L]</u></p> <p>1:00 Scrabble</p> <p>2:00 BINGO-\$</p> <p>3:30 Trivia With Rose [ALM]</p>	<p>9:00 Coffee Club [TR] 29</p> <p>9:30 Drumming [G]</p> <p>10:30 Rummikub</p> <p>1:00 Fox Exercise-Balance For Better Movement [W]</p> <p>2:00 Horse Race-\$ [G]</p> <p>3:00 Happy Hour-Happy Birthday [TR]</p>	<p>9:30 Daily Chronicles/Stretch & Flex [G] 30</p> <p>9:30 Fox Exercise [W]</p> <p>10:30 Card Game-Garbage [L]</p> <p>2:00 <u>Basilica of St. Josaphat Tour-\$ [L]</u></p>	<p>Halloween 31</p> <p>9:00 Exercise [W]</p> <p>9:00 Halloween Costumes Coffee Club with Donuts [TR]</p> <p>9:30 Daily Chronicles [G]</p> <p>10:00 Stretch and Flex [G]</p> <p>10:30 Family Feud [ALM]</p> <p>1:00 1st Floor Color with Music [G]</p> <p>2:00 BINGO</p> <p>3:30 Musicals [ALT]</p> <p>3:30 Short Story Reading [ALM]</p>	<p>Location Keys</p> <p>AL Multipurpose Room ALM</p> <p>AL Theater ALT</p> <p>Dining Room D</p> <p>Family Room FR</p> <p>Great Room G</p> <p>Lobby L</p> <p>Tap Room TR</p> <p>Wellness Suite W</p> <p>Program Key</p> <p>Bold-enjoy life Special Feature Programs</p> <p><u>Underline</u>-Program Requires Sign-Up</p> <p>\$-Cost for Program</p>	