

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>N109 W17110 Ava Circle Germantown, WI 53022 (262) 345-1025</p>	<p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 ■ Small Group Game & Snack 4:00 ■ Dining Room Discussions 6:00 Sunday Movie Night & Popcorn</p> <p>1</p>	<p>9:30 Word Search 10:00 ■ Exercise w/ Joan 10:30 Hydration & Music 1:30 "Stepping Seniors" Walking Club 2:30 ■ Winter Dog Treat Making 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p> <p>2</p>	<p>Merry Thanksgiving Party 3:30-5:30pm 9:30 Tuesday Manicures 10:30 Hydration & Shoulder Massages 1:30 "Stepping Seniors" Walking Club 2:30 ■ Christmas Sing-A-Long 4:15 Dining Room Discussions</p> <p>3</p>	<p>9:30 Morning Music 10:00 ■ Exercise w/ Joan 10:30 Are You Smarter than a 3rd Grader?? 1:00 ■ Festival of Tree's Outing 1:30 "Stepping Seniors" Walking Club 2:30 BINGO and Refreshments 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p> <p>4</p>	<p>9:30 Hand Massages 10:00 ■ Sophie the Therapy Dog Visits! 10:30 Trivia Thursday - St Nick Traditions 1:30 "Stepping Seniors" Walking Club 2:30 ■ Christmas Craft 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>5</p>	<p>9:30 ■ A Christmas Carole 10:30 Friday Funnies: Jokes, Riddles & Stories 1:00 ■ Manicures with Moraine Park 1p-3pm 1:30 ■ Gingerbread House Creating 3:00 BINGO Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>6</p>	<p>9:30 Nature Scenes & Music 10:30 ■ Hydration & Cranium Crunches 1:30 "Stepping Seniors" Walking Club 1:30 Puzzles with Friends 2:30 BINGO and Refreshments 4:00 ■ Dining Room Discussions 5:00 Agility Games w/ Belinda 6:00 Evening Social & Refreshments</p> <p>7</p>		
<p>Daily Rhythm</p> <p>7:15 Breakfast</p> <p>9:30 Relaxation</p> <p>10:00 Senior Fitness</p> <p>10:30 Hydration & Mindful Matters</p> <p>11:00 Lunch</p> <p>1:30 Active Game OR Partner Programs</p> <p>2:30 Group Games OR Art</p> <p>4:00 Dinner Hour</p> <p>5:00 Evening Events</p> <p>6:30 Social & Refreshments</p>	<p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 Snack and Ladder Golf 4:00 ■ Dining Room Discussions 5:00 Agility Games w/ Belinda 6:00 Evening Social & Refreshments</p> <p>8</p>	<p>9:30 Word Search 10:00 ■ Exercise w/ Joan 10:30 ■ Christmas Card Photos 1:30 "Stepping Seniors" Walking Club 2:30 ■ Christmas Card Creations 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p> <p>9</p>	<p>9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 "Stepping Seniors" Walking Club 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda 5:30 ■ Children's Choir & Puzzles</p> <p>10</p>	<p>9:00 Music with Lisa 10:00 ■ Exercise w/ Joan 10:30 Christmas Zoom Puzzle 1:30 "Stepping Seniors" Walking Club 2:30 ■ Holiday Gift Making 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p> <p>11</p>	<p>9:30 Hand Massages 10:30 Trivia Thursday - Roll a Question 1:30 "Stepping Seniors" Walking Club 2:30 Knock OUT Dice Game 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>12</p>	<p>9:30 Morning Coloring 10:30 ■ Morning Trivia 1:30 "Stepping Seniors" Walking Club 2:30 BINGO & Happy Hour [D] 2:30 ■ Holiday Craft & Movie at Library 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>13</p>	<p>9:30 Nature Scenes & Music 10:30 ■ Hydration & Cranium Crunches 1:30 "Stepping Seniors" Walking Club 2:30 BINGO and Refreshments 2:30 ■ Rivoli Movie Outing 4:00 ■ Dining Room Discussions 6:30 Color My Stress Away & Music</p> <p>14</p>		
	<p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 ■ Small Group Game & Snack 4:00 ■ Dining Room Discussions 6:00 Sunday Movie Night & Popcorn</p> <p>15</p>	<p>Spirit Week: Mr. & Mrs. Claus (Santa Hat) Day 9:30 Word Search 10:00 ■ Exercise w/ Joan 10:30 ■ Christmas Carols! 1:30 "Stepping Seniors" Walking Club 2:00 ■ Music with Brenna 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p> <p>16</p>	<p>Spirit Week: Red & Green Outfit Day 9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 "Stepping Seniors" Walking Club 2:00 ■ Drumming with Gary 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda 5:30 ■ Christmas Carols w/ Belinda</p> <p>17</p>	<p>Spirit Week: Christmas Shirt & Legging Day 9:30 Morning Music 10:00 ■ Exercise w/ Joan 10:30 ■ Christmas Story Telling 1:30 Christmas Movie 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p> <p>18</p>	<p>Spirit Week: Dress Like an Elf Day 9:30 Hand Massages 10:00 ■ Games with GHS 10:30 ■ Sophie The Therapy Dog Visits! 1:30 Trinity Lutheran Christmas Concert @ Himmel Haus 2:30 Letters to Santa 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>19</p>	<p>Spirit Week: Festive or Ugly Sweater Day 9:30 Morning Coloring 10:30 Friday Funnies: Jokes, Riddles & Stories 1:30 "Stepping Seniors" Walking Club 2:30 ■ Christmas Present Bingo [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda 5:15 ■ Enchantment in the Park Outing</p> <p>20</p>	<p>9:30 Nature Scenes & Music 10:30 ■ Hydration & Cranium Crunches 1:30 "Stepping Seniors" Walking Club 1:30 Puzzles with Friends 2:30 BINGO and Refreshments 4:00 ■ Dining Room Discussions 5:00 Agility Games w/ Belinda 6:00 Evening Social & Refreshments</p> <p>21</p>		
	<p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 Snack and Ladder Golf 4:00 ■ Dining Room Discussions 5:00 Agility Games w/ Belinda 6:00 Evening Social & Refreshments</p> <p>22</p>	<p>9:30 Word Search 10:00 ■ Christmas Cookie Making 10:30 Hydration & Music 1:30 "Stepping Seniors" Walking Club 2:30 ■ Cookie Decorating 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p> <p>23</p>	<p>Christmas Eve 9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 ■ The Night Before Christmas Reading 1:30 "Stepping Seniors" Walking Club 2:00 ■ Home Alone Movie & Cookies 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda 5:30 ■ Christmas Eve Holiday Special</p> <p>24</p>	<p>Christmas Day 7:00 ■ Santa Pancakes for Breakfast 9:30 Morning Music 10:00 ■ Visits with Morgan the Westie 1:30 "Stepping Seniors" Walking Club 2:30 Christmas Caroling 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p> <p>25</p>	<p>9:30 Hand Massages 10:30 Trivia Thursday - Winter Theme 1:30 "Stepping Seniors" Walking Club 2:30 Snowball Toss 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>26</p>	<p>9:30 Morning Coloring 10:30 Friday Funnies: Jokes, Riddles & Stories 1:30 "Stepping Seniors" Walking Club 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>27</p>	<p>9:30 Nature Scenes & Music 10:30 ■ Hydration & Cranium Crunches 1:30 "Stepping Seniors" Walking Club 2:30 BINGO and Refreshments 4:00 ■ Dining Room Discussions 6:30 Color My Stress Away & Music</p> <p>28</p>		
<p>All Events are subject to Change.</p> <p>See Staff for updates!</p>	<p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 ■ Small Group Game & Snack 4:00 ■ Dining Room Discussions 6:00 Sunday Movie Night & Popcorn</p> <p>29</p>	<p>9:30 Word Search 10:00 ■ Exercise w/ Joan 10:30 New Years Tradition Trivia 1:30 "Stepping Seniors" Walking Club 2:30 Snack & Coloring Club 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p> <p>30</p>	<p>New Year's Eve 9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 "Stepping Seniors" Walking Club 2:30 ■ Goodbye 2024 Bingo & Happy Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p> <p>31</p>	<p>Location Keys</p> <p>Activity room A ■ Mindful Matters</p> <p>Dining Room D</p>					