April 2025 Discover & Grow

a (capri) community							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
N109 W17110 Ava Circle Germantown, WI 53022 (262) 345-1025	Location Keys Activity room A Dining Room D	<ul> <li>Alzheimer Poetry Project</li> <li>Field to Fare</li> <li>Memories in the Making</li> <li>Mindful Matters</li> </ul>	9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 "Stepping Seniors" Walking Club 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 ■ Agility Games w/ Belinda	9:30Morning Music210:00Exercise w/ Joan210:30Are You Smarter than a 3rd Grader??11:30Its a Wonderful World2:30ZINGO!!!4:15Dining Room Discussions6:00Bag Toss Challenge	9:30 Hand Massages 10:00 Exercise w/ Joan <b>10:30</b> Sophie The Therapy Dog Visit 10:30 Trivia Thursday - Spring Time 1:30 "Stepping Seniors" Walking Club 2:30 Watercolors with Joan 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30 Morning Coloring 10:00 Exercise w/ Joan 10:30 Poetic Spirit: Spring Animals 1:30 Catch up with Joan 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30 Nature Scenes & 5 Music 5 10:30 Hydration & Cranium Crunches 1:30 "Stepping Seniors" Walking Club 2:30 BINGO and Refreshments 4:00 Dining Room Discussions 6:30 Color My Stress Away & Music
Daily Rhythm <b>7:15 Breakfast</b> 9:30 Relaxation 10:00 Senior Fitness	9:30 YouTube Hymn Sing 6 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 Small Group Game & Snack 4:00 Dining Room Discussions 6:00 Sunday Movie Night & Popcorn	9:30       Sing-A-Long w/ Susie       7         10:00       Lets Make Lunch: Honey Sesame Chicken       7         10:30       Hydration & Music       1:30         1:30       "Musical Marching" Walking Club       2:30         2:30       Easter Bunny Craft         4:15       Dining Room Discussions         5:00       Monday Madness w/ Belinda	Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages	9:30 10:00 Exercise w/ Joan 10:30 Are You Smarter than a 4th Grader?? 1:30 Its a Wonderful World 2:00 Drumming with Gary 4:15 Dining Room Discussions 6:00 Bag Toss Challenge	9:30 Hand Massages 10:00 Bunny Games w/ Raquel 10:30 Trivia Thursday - Easter Traditions 1:30 "Stepping Seniors" Walking Club 2:30 Watercolors with Joan 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30 10:30 Friday Trivia 1:30 Catch up with Joan 2:30 Welcome Back Gino Party [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30       Nature Scenes & Music       12         10:30       Hydration & Cranium Crunches       12         1:30       "Stepping Seniors" Walking Club       1:30         1:30       Puzzles with Friends         2:30       BINGO and Refreshments         4:00       Dining Room Discussions         5:00       Agility Games w/ Belinda         6:00       Evening Social & Refreshments
<ul> <li>10:30 Hydration &amp; Mindful Matters</li> <li><b>11:00 Lunch</b></li> <li>1:30 Active Game OR Partner Programs</li> </ul>	9:30YouTube Hymn Sing1310:30Dominoes1:30"Stepping Seniors" Walking Club2:30Snack and Ladder Golf4:00Dining Room Discussions5:00Agility Games w/ Belinda6:00Evening Social & Refreshments	9:30Music with Lisa1 410:30Hydration & Music1 41:30"Musical Marching" Walking Club2:30Spring Craft Coloring2:45Library Craft Outing!4:15Dining Room Discussions5:00Monday Madness w/ Belinda	9:30Tuesday Manicures 9:30-11:30 [A]1510:30Hydration & Shoulder Massages1:30"Stepping Seniors" Walking Club2:30BINGO Hour 3:303:30UNO Before Dinner 4:154:15Dining Room Discussions 5:00aAgility Games w/ Belinda	9:30Morning Music Are You Smarter Than a 5th Grader?161:30Easter Cookie Decorating with Leann2:30Easter Word Games & Cookies3:30Easter Trivia w/ Leann Dining Room Discussions 6:00	9:30Hand Massages Roll a Question Trivia1710:30Sophie The Therapy Dog VisitVisit1:30"Stepping Seniors" Walking Club2:30Easter Painting Craft4:15Dining Room Discussions5:00Agility Games w/ Belinda	9:30 Morning Coloring 10:30 UNO 1:30 Take a Hike - Walking Club 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30Nature Scenes & Music1910:30Hydration & Cranium Crunches1:30"Stepping Seniors" Walking Club2:30BINGO and Refreshments4:00Dining Room Discussions6:30Color My Stress Away & Music
<ul> <li>2:30 Group Games OR Art</li> <li>4:00 Dinner Hour</li> <li>5:00 Evening Events</li> <li>6:30 Social &amp; Refreshments</li> </ul>	Easter       YouTube Hymn       20         9:30       YouTube Hymn       20         10:30       Dominoes       1:30         1:30       "Stepping Seniors" Walking Club         2:30       Small Group Game & Snack         4:00       Dining Room Discussions         6:00       Sunday Movie Night & Popcorn	9:30       Sing-A-Long w/ Susie       21         10:00       Exercise w/ Joan       21         10:30       Spring Garden Planning       30         1:30       "Musical Marching" Walking Club       2:30         2:30       Snack & Coloring Club         4:15       Dining Room Discussions         5:00       Monday Madness w/ Belinda	9:30Tuesday Manicures 9:30-11:30 [A]22210:30Hydration & Shoulder Massages1:30"Stepping Seniors" Walking Club2:30BINGO Hour4:15Dining Room Discussions 5:005:00Agility Games w/ Belinda	9:30Morning Music Music with Brenna2310:30Music with Brenna3310:30American History Trivia!1:30Movie in Cinema - A Spring Surprise!2:30Afternoon Game Club4:15Dining Room Discussions6:00Bag Toss Challenge	9:30 10:00 10:30 Exercise w/ Joan Trivia Thursday - Spring Memories 1:30 "Stepping Seniors" Walking Club 2:30 Watercolors with Joan 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30 Morning Coloring 10:00 Exercise w/ Joan 10:30 Poetic Spirit: Easter Memories 1:00 Clean our Campus! 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda	9:30 Nature Scenes & 26 Music 26 10:30 Hydration & 26 1:30 "Stepping Seniors" Walking Club 1:30 Puzzles with Friends 2:30 BINGO and Refreshments 4:00 Dining Room Discussions 5:00 Agility Games w/ Belinda 6:00 Evening Social & Refreshments
All Events are subject to Change. See Staff for updates!	9:30 YouTube Hymn Sing 27 10:30 Dominoes 1:30 "Stepping Seniors" Walking Club 2:30 Snack and Ladder Golf 4:00 Dining Room Discussions 5:00 Agility Games w/ Belinda 6:00 Evening Social & Refreshments	9:30 Sing-A-Long w/ Susie 28 10:00 ■ Exercise w/ Joan 10:30 Hydration & Music 1:30 "Musical Marching" Walking Club 2:30 Vision Boards 4:15 Dining Room Discussions 5:00 ■ Monday Madness w/ Belinda	Manicures 29 9:30-11:30 [A] 10:30 Hydration & Shoulder	9:30 Morning Music 10:00 Exercise w/ Joan 1:30 Its a Wonderful World 2:30 Afternoon Game Club 4:15 Dining Room Discussions 6:00 Bag Toss Challenge	blu grotto		

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