

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>N109 W17110 Ava Circle Germantown, WI 53022 (262) 345-1025</p> <p>Location Keys Activity room A Dining Room D</p> <p>■ Memories in the Making ■ Mindful Matters</p>			<p>Active Aging Week 1</p> <p>9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Help Sam with Vitals 1:30 Magazine Reading 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>Active Aging Week 2</p> <p>9:30 Lets Make Apple Crisp & Apple Sauce! 10:00 Flu Shot Clinic 10:30 Trivia & Lemonade 1:30 Word Searches & Brain Puzzles 2:30 Afternoon Game Club 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p>	<p>Active Aging Week 3</p> <p>9:30 Hand Massages 10:00 Exercise w/ Joan 10:30 Trivia Thursday - Broadway Hits 1:30 "Stepping Seniors" Walking Club 2:30 Sculpt that Word! 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>Active Aging Week 4</p> <p>9:30 Morning Walk 10:00 Exercise w/ Joan 10:30 Friday Funnies: Wonky Donkey 1:30 Maze Craze Challenge 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>Active Aging Week 5</p> <p>9:30 Nature Scenes & Music 10:30 Hydration & Cranium Crunches 1:30 Puzzles with Friends 2:30 BINGO and Refreshments 4:00 Dining Room Discussions 6:30 Evening Social & Refreshments</p>
	<p>Daily Rhythm</p> <p>7:15 Breakfast</p> <p>9:30 Relaxation</p> <p>10:00 Senior Fitness</p> <p>10:30 Hydration & Mindful Matters</p> <p>11:00 Lunch</p> <p>1:30 Active Game OR Partner Programs</p> <p>2:30 Group Games OR Art</p> <p>4:00 Dinner Hour</p> <p>5:00 Evening Events</p> <p>6:30 Social & Refreshments</p>	<p>Active Aging Week 6</p> <p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 Color by Number OR Brain Games 2:30 Small Group Game & Snack 4:00 Dining Room Discussions 6:30 Evening Social & Refreshments</p>	<p>7</p> <p>9:30 Word Search 10:00 Lets Make Lunch: Pinwheel Sammies 10:30 Hydration & Music 1:30 "Stepping Seniors" Walking Club 2:30 Caramel Apples & Coloring 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p>	<p>8</p> <p>9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 Magazine Reading 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>9</p> <p>9:00 Music with Lisa 10:00 Exercise w/ Joan 10:30 Trivia & Lemonade 1:30 Movie in Cinema - Annie Get Your Gun 2:30 Afternoon Game Club 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p>	<p>10</p> <p>9:30 Hand Massages 10:30 Broadway Flashback 1:30 "Stepping Seniors" Walking Club 2:30 Musical Art 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>11</p> <p>9:30 Morning Walk 10:00 Exercise w/ Joan 10:30 Friday Funnies: Arthurs Halloween 1:30 Maze Craze Challenge 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>
	<p>13</p> <p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 Color by Number OR Brain Games 2:30 Snack and Ladder Golf 4:00 Dining Room Discussions 5:00 Agility Games w/ Belinda 6:30 Evening Social & Refreshments</p>	<p>Columbus Day Indigenous People's Day 14</p> <p>9:30 Word Search 10:00 Halloween Dog Treat Making 10:30 Hydration & Music 1:30 "Stepping Seniors" Walking Club 2:30 Pumpkin Patch Outing 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p>	<p>15</p> <p>9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 Magazine Reading 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>16</p> <p>9:30 Morning Walk Indoors 10:00 Exercise w/ Joan 10:30 Trivia & Lemonade 2:00 Drumming with Gary 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p>	<p>17</p> <p>9:45 Craft Fair Outing 10:30 Broadway Musical Hits 1:30 "Stepping Seniors" Walking Club 2:30 Bingo Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>18</p> <p>9:30 Morning Walk 10:00 Exercise w/ Joan 10:30 Friday Funnies: Goodnight Goon 1:30 Maze Craze Challenge 2:30 Pumpkin Decorating [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>19</p> <p>9:30 Nature Scenes & Music 10:30 Hydration & Cranium Crunches 1:30 Puzzles with Friends 2:30 BINGO and Refreshments 4:00 Dining Room Discussions 6:30 Evening Social & Refreshments</p>
	<p>20</p> <p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 Color by Number OR Brain Games 2:30 Small Group Game & Snack 4:00 Dining Room Discussions 6:30 Evening Social & Refreshments</p>	<p>21</p> <p>9:30 Word Search 10:00 Exercise w/ Joan 10:30 Hydration & Music 1:30 "Stepping Seniors" Walking Club 2:30 Jack-O-Lantern Coloring 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p>	<p>22</p> <p>9:30 Tuesday Manicures 9:30-11:30 [A] 10:30 Hydration & Shoulder Massages 1:30 Magazine Reading 2:30 BINGO Hour 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>23</p> <p>9:30 Morning Walk Indoors 10:00 Music with Brenna 10:30 Trivia & Lemonade 1:30 Word Searches & Brain Puzzles 2:30 Pumpkin Toss Challenge 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p>	<p>24</p> <p>9:30 Hand Massages 10:00 Virtual Vacation: Transylvania 10:30 Musical Memories 1:30 "Stepping Seniors" Walking Club 2:30 Pumpkin Popsicle Art 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>25</p> <p>9:30 Morning Walk 10:30 Friday Funnies: Spookly the Square Pumpkin 1:30 Maze Craze Challenge 2:30 BINGO & Happy Hour [D] 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda 5:00 Fall Fest 5-7pm</p>	<p>26</p> <p>9:30 Nature Scenes & Music 10:30 Hydration & Cranium Crunches 1:30 Puzzles with Friends 2:30 BINGO and Refreshments 4:00 Dining Room Discussions 5:00 Agility Games w/ Belinda 6:30 Evening Social & Refreshments</p>
<p>All Events are subject to Change.</p> <p>See Staff for updates!</p>	<p>27</p> <p>9:30 YouTube Hymn Sing 10:30 Dominoes 1:30 Color by Number OR Brain Games 2:30 Snack and Ladder Golf 4:00 Dining Room Discussions 5:00 Agility Games w/ Belinda 6:30 Evening Social & Refreshments</p>	<p>28</p> <p>9:30 Halloween Party with Amy Belle 9:30-11:30 10:00 Exercise w/ Joan 10:30 Hydration & Music 1:30 "Stepping Seniors" Walking Club 2:30 Halloween Rice-Krispie Making 4:15 Dining Room Discussions 5:00 Monday Madness w/ Belinda</p>	<p>29</p> <p>9:30 Tuesday Manicures 9:30-11:30 [A] 10:00 Library Halloween Event 10:30 Hydration & Shoulder Massages 1:30 Magazine Reading 2:00 Halloween Party with Gino 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>	<p>30</p> <p>9:30 Morning Walk Indoors 10:30 Halloween Trivia 1:30 Word Searches & Brain Puzzles 2:30 Pumpkin Roll Game 4:15 Dining Room Discussions 6:00 Bag Toss Challenge</p>	<p>31</p> <p>Halloween 9:30 Hand Massages 10:00 Halloween Games w/ Raquel 10:30 Halloween Memories 12:30 Trunk-or-Treat Outing 2:30 Halloween Craft 4:15 Dining Room Discussions 5:00 Agility Games w/ Belinda</p>		