

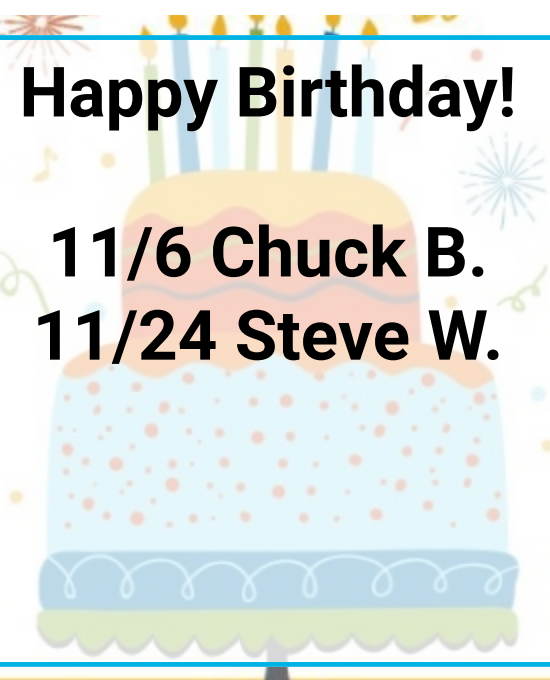
# DRUMLIN RESERVE

a capri community

107 E. Reynolds Street  
Cottage Grove, WI 53527

**Happy Birthday!**

**11/6 Chuck B.**  
**11/24 Steve W.**



**Bookmobile Library**  
Friday, November 1st, 8th, 15th & 22th & 29th  
from 2:15-4:15pm.

The Bookmobile will be parked in front of  
Drumlin Residence.

Any questions, please ask Laura in the Office.  
608/839-6116

**Resident Lunch**  
Made by Abdul & Staff  
Date: Tuesday, November 19th  
Time: Noon  
Location: IL Community Room  
Cost: \$10.00 per person  
Menu: Marinated Bean salad, Swiss Steak,  
Mashed Potatoes, Peas and Banana Pudding.  
RSVP by Friday, November 15th to Laura  
in the Office.

enjoy life

## THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

**Music Appreciation Series.**  
Date: Monday, November 4th & 18th  
Time: 3 p.m.  
Location: Stoughton Opera House  
Please meet in the IL Lobby by 2:15 p.m. Bus  
will leave by 2:20 p.m.

Positive, Meaningful, Relationships and Service



COMMUNITY

Check back next month!

Self-Improvement and Discovery



LEARNING

**Lunch & Learn**  
Ask Dr. Audrey Ross, a PhD in Naturopathy and  
certified Master Herbalist.  
Date: November 5th  
Time: Noon-1 PM  
RSVP by November 1st to April  
at 608-839-6505

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

**Winter Safety & Fall Risk Assessment.**  
Speaker: Samantha Weyenberg PT, Fox  
Rehabilitation  
Date: Tuesday, November 12th  
Time: 11 am  
Location: IL Community Room

# INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<b>Drumlin Residences Independent Living</b> 107 E. Reynolds Street, Cottage Grove, WI 53527 (608) 839-6116		<b>Program Key</b> <b>Bold</b> -enjoy life Special Feature Programs <u>Underline</u> -Program Requires Sign-Up \$-Cost for Program		<b>Location Keys</b> Community Room CR Independent Living IL Lobby LBY	
<b>Daylight Saving Time Ends</b> 3 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	4 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 1:00 Dominoes [CR] 2:15 Music Appreciation at the Stoughton Opera House [LBY]	<b>Election Day</b> 5 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Exercise Class with Samantha, Physical Therapist with Fox Rehabilitation [CR] 12:00 <b>Lunch &amp; Learn with Dr. Audrey Ross, PhD in Naturopathy and Certified Master Herbalist [CR]</b> 1:00 Euchre [CR]	<b>Happy Birthday Chuck B.!</b> 6 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Chair Yoga with Amy \$ [CR] 1:00 Euchre [CR] 5:00 Crochet & Knitting Group [CR]	7 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Private Party (10:30 am-3 pm) [CR]	1 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 11:00 Secret World of Sound (Documentary) [CR] 1:00 One Last Dance (Movie) [CR] 2:15 Bookmobile Library (2:15-4:15 pm) [IL]	2 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	
10 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	<b>Veterans Day</b> 11 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 1:00 Dominoes [CR]	12 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Exercise Class with Samantha, Physical Therapist with Fox Rehabilitation [CR] 11:00 <b>Winter Safety &amp; Fall Risk Assessment with Samantha Weyenberg (Physical Therapist with Fox Rehabilitation) [CR]</b> 1:00 Euchre [CR]	13 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Chair Yoga with Amy \$ [CR] 1:00 Euchre [CR] 5:00 Crochet & Knitting Group [CR]	14 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Strength-Weights Optional (Video) [CR] 1:00 Cards [CR]	15 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 11:00 What's Next? The future with Bill Gates [CR] 1:00 On The Basis of Sex, Ruth Bader Ginsburg (Movie) [CR] 2:15 Bookmobile Library (2:15-4:15 pm) [IL]	16 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 1:00 Don Lutz Celebration of Life (1-3 p.m.) [CR]	
17 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	18 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 1:00 Dominoes [CR] 2:15 Music Appreciation at the Stoughton Opera House [LBY]	19 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Exercise Class with Samantha, Physical Therapist with Fox Rehabilitation [CR] 12:00 <b>Resident Lunch Menu: Marinated Bean Salad, Swiss Steak, Mashed Potatoes, peas and Banana pudding.\$ [CR]</b> 1:00 Euchre [CR]	20 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Chair Yoga with Amy (Free Class) [CR] 1:00 Euchre [CR] 4:00 Bingo (N) [CR] 5:00 Crochet & Knitting Group [CR]	21 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Strength-Weights Optional (Video) [CR] 11:30 Private Party-Chamber Meeting [CR] 1:15 Cards [CR]	22 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 11:00 What's Next? The future with Bill Gates [CR] 2:15 Bookmobile Library (2:15-4:15 pm) [IL]	23 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 1:00 James Schnizler's 90th Birthday Celebration! (1-4 pm) [CR]	
<b>Happy Birthday Steve W.!</b> 24 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	25 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 1:00 Dominoes [CR]	26 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Exercise Class with Samantha, Physical Therapist with Fox Rehabilitation [CR] 1:00 Euchre [CR]	27 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 10:30 Chair Yoga with Amy \$ [CR] 1:00 Euchre [CR] 5:00 Crochet & Knitting Group [CR]	<b>Thanksgiving</b> 28 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	29 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR] 2:15 Bookmobile Library (2:15-4:15 pm) [IL]	30 7:00 Retired Roosters Coffee [CR] 9:00 Retired Chicks Coffee [CR]	