

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



139 E Reynolds St  
Cottage Grove, WI 53527  
(608) 839-8085

Please sign up for  
underlined programs  
  
Feature Programs are in  
**bold**

**Location Keys**  
Activity Room      AR  
Coffee Bar      CB  
Dining Room      DR  
Memory Care      MC  
Private Dining Room      PDR  
Sunroom-1st FL      S1

**Happy birthday, Ruth Williams!**  
9:30 Exercise with Sara [CB]  
10:00 Coffee Clutch [CB]  
1:30 Weekend matinee [S1]  
3:30 Card & board games [CB]

<p><b>Groundhog Day</b> <b>2</b> 10:00 Coffee Clutch [CB] 1:30 Weekend matinee: Groundhog Day [S1] 3:30 Card &amp; board games [CB]</p>	<p><b>Happy birthday, Alfred Fetting!</b> <b>3</b> 9:30 Exercise with Sara [CB] 10:30 Church with Pastor Holly [S1] 2:00 BINGO! [DR] 3:30 Groundhog craft [AR]</p>	<p>9:30 Exercise with Sara [CB] <b>4</b> 10:15 <u>Trip to St. Vincent De Paul - \$ [CB]</u> 1:30 <u>Casino trip - \$ [CB]</u></p>	<p>9:30 Exercise with Sara [CB] <b>5</b> 10:15 <b>Pen pals with Monona Grove High School students</b> 1:00 Book club with Cindy [S1] 3:30 <u>Make Valentine's for Madison Veteran's Affairs Hospital [AR]</u></p>	<p><b>Pen pals with Monona Grove High School students</b> <b>6</b> 9:30 Exercise with Sara [CB] 11:00 <u>World Ice and Snow Championships with lunch - \$ [CB]</u> 2:30 Board games! [CB]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>7</b> <b>Wear red in honor of Women's Health Day!</b> 9:30 Exercise with Sara [CB] 2:30 Happy Hour with chips and dip [CB]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>8</b> 9:30 Exercise with Sara [CB] 10:00 Coffee Clutch [CB] 1:30 Weekend matinee [S1] 3:30 Card &amp; board games [CB]</p>
<p><b>Pen pals with Monona Grove High School students</b> <b>9</b> 10:00 Coffee Clutch [CB] 1:30 Weekend matinee [S1] 3:30 Card &amp; board games [CB]</p>	<p><b>Happy birthday, Jerri Giegerich!</b> <b>10</b> <b>Pen pals with Monona Grove High School students</b> 9:30 Exercise with Sara [CB] 10:30 Church with Pastor Jennifer [S1] 2:00 BINGO! [DR] 3:15 <b>Speech therapy &amp; brain health with Allie Limke [DR]</b></p>	<p><b>Pen pals with Monona Grove High School students</b> <b>11</b> 9:30 Exercise with Sara [CB] 10:15 <u>Trip to Dollar Tree - \$ [CB]</u> 1:15 Nail salon [CB] 2:30 <u>Make valentines for American Family Children's hospital [AR]</u></p>	<p><b>Pen pals with Monona Grove High School students</b> <b>12</b> 9:30 Exercise with Sara [CB] 10:15 Learn a new game: Rummikub [CB] 1:00 Book club with Cindy [S1] 2:30 <u>Vision boards [AR]</u></p>	<p><b>Happy birthday, Judy Hess!</b> <b>13</b> <b>Pen pals with Monona Grove High School students</b> 9:30 Exercise with Sara [CB] 10:00 Pet therapy with Lynne and Dre [CB] 11:00 <u>Lunch outing - Palenque Mexican Restaurant \$ [CB]</u> 3:30 Sweetheart bingo with harpist Jada Hooks [CB]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>14</b> <b>Valentine's Day</b> 9:30 Exercise with Sara [CB] 10:30 Watercolor World [AR] 2:00 <u>Valentine's Day party [CB]</u></p>	<p><b>Pen pals with Monona Grove High School students</b> <b>15</b> 9:30 Exercise with Sara [CB] 10:00 Coffee Clutch [CB] 1:30 Weekend matinee [S1] 3:30 Card &amp; board games [CB]</p>
<p><b>Pen pals with Monona Grove High School students</b> <b>16</b> 10:00 Coffee Clutch [CB] 1:30 Weekend matinee [S1] 3:30 Card &amp; board games [CB]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>17</b> <b>Presidents' Day</b> 9:30 Exercise with Sara [CB] 10:30 Library mystery kit [AR] 2:00 <u>Heart shaped bird feeders [AR]</u></p>	<p><b>Happy birthday, Duane Balentine!</b> <b>18</b> <b>Pen pals with Monona Grove High School students</b> 9:30 Exercise with Sara [CB] 10:00 <u>Trip to Walmart - \$ [CB]</u> 1:15 Nail salon [CB] 2:00 Resident ambassador meeting [PDR]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>19</b> 9:30 Exercise with Sara [CB] 10:30 Let's play Rummikub! [CB] 1:00 Book club with Cindy [S1] 1:30 Heart Strings [MC] 3:30 <u>Paper snowflakes [AR]</u></p>	<p><b>Pen pals with Monona Grove High School students</b> <b>20</b> 9:30 Exercise with Sara [CB] 11:00 <u>Lunch outing - Daly's Bar and Grill \$ [CB]</u> 2:00 BINGO! [DR] 3:30 What is your love language? [CB]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>21</b> 9:30 Exercise with Sara [CB] 10:30 <b>5 Brain Exercises to Improve Memory and Concentration [CB]</b> 2:30 Happy Hour with cheese and crackers [CB]</p>	<p><b>Happy birthday, Edna Smith!</b> <b>22</b> <b>Pen pals with Monona Grove High School students</b> 9:30 Exercise with Sara [CB] 10:00 Coffee Clutch [CB] 1:30 Weekend matinee [S1] 3:30 Card &amp; board games [CB]</p>
<p><b>Pen pals with Monona Grove High School students</b> <b>23</b> 10:00 Coffee Clutch [CB] 1:30 Weekend matinee [S1] 3:30 Card &amp; board games [CB]</p>	<p><b>Happy birthday, Jean Smiley!</b> <b>24</b> <b>Happy birthday, Vonnie Secketa!</b> <b>Pen pals with Monona Grove High School students</b> 9:30 Exercise with Sara [CB] 10:30 Short story reading: Red Hat Hijinks [AR] 2:00 BINGO! [DR]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>25</b> 9:30 Exercise with Sara [CB] 10:00 <u>Trip to Kohl's - \$ [CB]</u> 1:00 Resident feedback meeting [CB] 3:30 Nail salon [CB]</p>	<p><b>Pen pals with Monona Grove High School students</b> <b>26</b> 9:30 Exercise with Sara [CB] 10:30 Let's play Rummikub! [CB] 1:00 Book club with Cindy [S1] 2:30 <u>Torn paper art [AR]</u></p>	<p><b>Pen pals with Monona Grove High School students</b> <b>27</b> 9:30 Exercise with Sara [CB] 10:00 Pet therapy with Lynne and Dre [CB] 10:15 <b>Eagle watching in Sauk City &amp; lunch - \$ [CB]</b> 2:00 BINGO! [DR]</p>	<p><b>Happy birthday, Sylvie Syphard!</b> <b>28</b> <b>Pen pals with Monona Grove High School students</b> 9:30 Exercise with Sara [CB] 10:30 Catholic Mass [S1] 2:30 Happy Hour with Magician Glen Girard [CB]</p>	