

REGENCY BROOKFIELD

a capri community

695 N. Brookfield Rd
(262) 202-8136

Fitness Trip Foxbrook Park

Wednesday, April 23
at 1:00pm

Let's take advantage of the beautiful Spring weather while we stay active and enjoy our walk!

Sign up in the Support Office

capri COMMUNITIES

Happy Birthday!

Mona M.	April 3rd
Dick H.	April 6th
Glorian L.	April 6th
Kelly O.	April 8th
Kathy G.	April 11th
Mike H.	April 17th
Jim D.	April 20th
Jackie K.	April 22nd



DON'T FORGET TO RSVP!



All trip outings require sign up! Please sign up in-person at the support office or leave a detailed voicemail with your name, apt number, and your interested trips. **Please RSVP for meal outings in the first week of sign ups.**

Resident Support Office: (262) 202-8150
Hours: Tuesday/Thursday 11am-1pm

"Make the best use of what is in your power, and take the rest as it happens."

— Epictetus

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Potawatomi Casino

We will be taking a trip to Potawatomi! If interested in bingo at the casino, it will take place from 11:30am-2:30pm. Please sign up in the Resident Support Office if interested.

Date: Wednesday, April 16th **Time:** 10am-3pm

Positive, Meaningful, Relationships and Service



COMMUNITY

Students from LAUNCH Program

High school students will be joining us for activities in the community room on Tuesdays & Wednesdays. They are part of a program called LAUNCH and are learning more about medicine and healthcare.

Date: Wednesday, April 2nd **Time:** 12:15pm

Self-Improvement and Discovery



LEARNING

Worship Service with Communion

One of our very own residents, Dave, will be leading a worship service, where communion will be provided, in the community room. All are welcome to join!

Date: Monday, April 7th **Time:** 10am

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

National Walking Day

We will be meeting in the community room to celebrate National Walking day. If it is nice, we will be going on an intergenerational walk outside with students from LAUNCH.

Date: Wednesday, April 2nd **Time:** 12:15pm

April 2025 Discover & Grow							
Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div><div><div><div></div></div></div><div><div>REGENCY</div><div>BROOKFIELD</div></div><div><div>a</div><div>capri</div><div>community</div></div></div></div></div>		695 N Brookfield Rd Brookfield, WI 53045 (262) 202-8136	9:30 Walgreens & Banks 11:30 Rosary [MER] 12:30 Lunch at Portillo's 3:00 1st Floor Meeting [CR] 6:30 Domino Chicken Foot [LB] 7:00 LCR Game [CR]	9:30 Target & Trader Joe's 11:00 Strong Bodies [FC] 12:15 National Walking Day w/ Students from LAUNCH [CR] 1:30 Functionally Fit [CR] 3:00 2nd Floor Meeting [CR] 7:00 Bingo [CR]	9:15 Metro Market 10:15 Metro Market 1:00 Balance [CR] 1:40 Shuttle: April Fools Social - Joe Kadlec 6:30 Scrabble [CR]	10:30 Fun Friday [CR] 12:00 Cardio Drum [FC] 12:30 Scenic Ride: Whitnall Park 3:30 Dinner at Avalanche Grill 7:00 Movie [CR] 7:00 Pony Tail [LB]	6:30 Mexican Dominoes [LB]
10:30 Catholic Service [CR] 2:00 Needlework Group [LB] 2:00 Rummikub [CR]		10:00 Worship Service with Communion [CR] 11:00 Strong Bodies [FC] 1:30 Functionally Fit [CR] 3:00 3rd Floor Meeting [MER] 3:00 Readers Theater [AR] 7:00 Bingo [CR] 7:00 Pony Tail [LB]	9:00 Book Club [LB] 9:30 Goodwill & Hobby Lobby 11:30 Rosary [MER] 12:15 Games & Wii w/ LAUNCH students [CR] 1:30 Aldi 1:30 Tai Chi [CR] 3:00 Regency Choir [CR] 6:30 Domino Chicken Foot [LB] 7:00 LCR Game [CR]	9:30 Breakfast at Mimosa 12:15 Kitchen Creations w/ Students from LAUNCH [CR] 1:30 Woodman's 2:15 Bible Study [CR] 3:30 Word Games [CR] 7:00 Bingo [CR]	9:15 Metro Market 10:15 Metro Market 1:00 Balance [CR] 1:40 Shuttle: Birthday Social - Ian Gould 6:30 Scrabble [CR]	10:30 Fun Friday [CR] 12:00 Cardio Drum [FC] 12:30 Piggly Wiggly 7:00 Ben-Hur Part 1 [CR] 7:00 Pony Tail [LB]	6:30 Mexican Dominoes [LB]
10:30 Catholic Service [CR] 2:00 Needlework Group [LB] 2:00 Rummikub [CR]		10:00 Coffee Shop [CR] 11:00 Strong Bodies [FC] 1:30 Functionally Fit [CR] 3:00 Readers Theater [AR] 7:00 Bingo [CR] 7:00 Pony Tail [LB]	9:30 The Shoppes at Fox River 11:30 Rosary [MER] 12:15 Word Games with Students from LAUNCH [CR] 1:30 Farm & Fleet 1:30 Tai Chi [CR] 3:00 Regency Choir [CR] 6:30 Domino Chicken Foot [LB] 7:00 LCR Game [CR]	10-3 Potawatomi Casino 11:00 Strong Bodies [FC] 12:15 Walking Club with Students from LAUNCH [CR] 1:30 Functionally Fit [CR] 3:30 Word Games [CR] 7:00 Bingo [CR]	9:15 Metro Market 10:15 Metro Market 1:00 Balance [CR] 1:40 Shuttle: Easter Social - Seagull & Friends 6:30 Scrabble [CR]	10:30 Fun Friday [CR] 12:00 Cardio Drum [FC] 12:30 Lunch at Golden Gates Chinese Restaurant 7:00 Ben-Hur Part 2 [CR] 7:00 Pony Tail [LB]	3:00 Wine & Cheese [CR] 6:30 Mexican Dominoes [LB]
10:30 Catholic Service [CR] 2:00 Needlework Group [LB] 2:00 Rummikub [CR]		11:00 Strong Bodies [FC] 1:30 Functionally Fit [CR] 3:00 Community Meeting with Karissa [CR] 7:00 Bingo [CR] 7:00 Pony Tail [LB]	9:30 Breakfast at Maxim's 11:30 Rosary [MER] 12:15 Art with Students from LAUNCH [CR] 1:30 Tai Chi [CR] 1:30 Walmart 3:00 Regency Choir [CR] 6:30 Domino Chicken Foot [LB] 6:30 Pub Night [CR] 7:00 LCR Game [CR]	9:30 Metcalf's Market 11:00 Strong Bodies [FC] 12:15 Art with Students from LAUNCH [CR] 1:15 Fitness Trip - Foxbrook Park 2:15 Bible Study [CR] 3:30 Word Games [CR] 7:00 Bingo [CR]	9:15 Metro Market 10:15 Metro Market 1:00 Balance [CR] 1:40 Shuttle: Arbor Day Social - Bruce Humphries 6:30 Scrabble [CR]	12:30 Scenic Ride: Elm Grove & Lunch at Mission BBQ 7:00 Movie [CR] 7:00 Pony Tail [LB]	9:00 Wise Guys: Coffee Hour [CR] 1:00 Crafts with Elaine [AR] 2:00 Movie [CR] 6:30 Mexican Dominoes [LB]
10:30 Catholic Service [CR] 2:00 Needlework Group [LB] 2:00 Rummikub [CR]		10:00 Protestant Service [CR] 11:00 Strong Bodies [FC] 1:30 Functionally Fit [CR] 3:00 Readers Theater [AR] 7:00 Bingo [CR] 7:00 Pony Tail [LB]	9:30 Kohl's 11:30 Rosary [MER] 12:15 Games & Wii with Students from LAUNCH [CR] 1:30 Dollar Tree 1:30 Tai Chi [CR] 3:00 Regency Choir [CR] 6:30 Domino Chicken Foot [LB] 7:00 LCR Game [CR]	11:00 Strong Bodies [FC] 12:15 Activity with Students from LAUNCH [CR] 1:15 Sendik's 1:30 Wellness Workshop w/ Hanalaura 4:15 Dinner at Parkside 23 7:00 Bingo [CR]	<div><div>Location Keys</div><div>Art Room AR Community Room CR Fitness Center FC Library LB Meditation Room MER</div></div> <div><div>Program Key</div><div>Red: Outings (require sign up in Support Office)</div></div>		