

#### Welcome to the community

## WELCOME



September Rex B. Charleen S. Della R.

October
David M. Kathy B.
Gerald & Nancy L.



## Ballard Glenn

October 2024

2100 E Glenhurst Ln Appleton, WI 54913



## **Enjoy Life On the Road: Lambeau Field**

This full-day adventure begins with an exclusive Lambeau Field Classic Stadium Tour, a delicious lunch at 1919 Kitchen & Tap, and finally, a trip to the Packers Hall of Fame Museum. See flyers or your Lifestyle Enrichment staff for more details!

# enjoy life

### THIS MONTH'S FEATURED PROGRAMS



#### Positive, Meaningful, Relationships and Service



#### Self-Improvement and Discovery



#### Pursuit of Overall Personal Wellness



#### Bingo at the Thompson Center

Great opportunity to get out and enjoy some social time. Along with two exciting hours of Bingo! Prizes are guaranteed!!!
Please sign up in the enjoy life Binder located in the front of the theater room.

Date: Wednesday 10/2 Time: 12:00pm

#### **Cooking with Julia**

Join Julia in the kitchen as she presents this easy and delicious way to prepare apple pastries.

Monday 10/23 | 3:00pm

#### La La Land

Enjoy this high energy captivating Broadway Musical. Featured on the big screen in the theater room. We won't forget the Popcorn!

Monday 10/16 | 2:00pm

#### **Prize Punch Game**

You don't want to miss this burst of excitement. Nurse Julie will host this game that includes fun facts and myths about active aging. Plus, prize give aways.

Thursday 10/03 |1:30pm

| October 2024 On Broadway  |  | ASSISTED LIVIN  | NG  |
|---|--|---|---|
| Sunday  | Monday   | Tuesday Wednesday   | Thursday Friday Saturday  |
| BALLARD GLENN  a (capri) community  | 9:30  Physical Social Spiritual 2:00   | Coffee & 1 Current Events  Balloon Volleyball [TR] Shepherds Care Inspiration & Sing Along [DR]  Game Show Hosted by Melissa                                      | Current Events Volleyball [DR] 2:00 Walk for Active Aging [P]   |
| Activity Packets  3:00 Coloring By Number [DR]  3:25 Green Bay Game Packers vs Rams [TR]  3:30 Letters To My Younger Self [C] | [C] 10:00<br>10:00 Bingo<br>2:00 Card Club Rummy 500 3:00  | Coffee & Current Events Gentle Yoga video [TR] Guess that Phrase  9:30  Balloon Volleyball [DR] 10:00 Bingo 2:00 Arts & Crafts (Halloween) [DR]                   | 9:30 Coffee & 10 Current Events 10:00 Gentle Yoga Video [TR] 2:00 Catholic Service [TR]  9:30 Balloon Volleyball [DR] 10:00 Bingo 3:00 Golf Card Game [DR]  |
| Activity Packets  10:00 Outdoor Walk [P]  12:00 Green Bay Game Packers vs Cardinals  3:00 Coloring By Number [DR]             | Columbus Day 9:30 Coffee & Current Events [C] 10:00 Bingo 2:00 Live Music Featuring The One Man Band [DR]  9:30 10:00 10:00 1:30 | Coffee & 15 Current Events Gentle Yoga Video [TR] Residents Council [TR]  9:30  Balloon Volleyball [DR] 10:00 Bingo 2:00 Broadway Musical Movie (La La Land) [TR] | 10:00 Gentle Yoga 10:00 Bingo Video [TR] 2:00 Pumpkin Painting [DR]   |
| Activity Packets 10:00 Outdoor Walk [P] 12:00 Green Bay Game Packers vs Texans [TR 3:00 Coloring By Number [DR]               | [C] 10:00 Bingo  | Coffee & 22 Current Events Gentle Yoga Video [TR] Shepherds Care Inspiration & Sing Along [TR] Happy Hour, Ice cream bar [DR]  9:30                               | 9:30 Coffee & Current Events 10:00 Gentle Yoga Video [TR] 2:30 Arts & Crafts  9:30 Balloon Volleyball [DR]  9:30 Balloon Factivity Packets 3:00 Ballard Glenn Halloween Event |
| Activity Packets 10:00 Outdoor Walk [P] 12:00 Green bay Game Packers vs Jaguars 3:00 Coloring By Number [DR]                  | 9:30 Coffee & 28 9:30 Current Events [C] 10:00 Bingo 2:00 Card Club Rummy 500 [DR]   | Coffee & 29 Current Events Gentle Yoga Video [TR] Outing to Meijers Store  9:30  Balloon Volleyball [DR] 10:00  Bingo 2:30  Skip-Bo                               | Patio Patio Patio Theater Room TR   |