

Independent Living | Assisted Living | Dementia Support

UPDATE: March 16, 2020

To Our Independent Living Residents,

First and foremost, we hope you are well, and are keeping yourself informed about the rapidly-changing impacts of COVID-19 (the novel coronavirus). Many things we've come to know as "normal" are changing each day. Your health and safety is our number one priority. We have been working very closely with local and state officials to keep all our communities safe and informed. As mentioned earlier this week, currently we don't have any cases of COVID-19 in any of our communities.

Effective Monday, March 16, 2020, the following Visitor and Resident recommendations are in place per Federal and State guidance:

VISITORS

- **Continued entry for essential** visitors only. Visitors must review questionnaire and sign into Visitor Log.
- Please limit any essential visitors to one at a time. They must come directly to a resident's apartment.

RESIDENTS

- All residents should determine if leaving the community is absolutely necessary.
- Any resident leaving our community is strongly encouraged to self-quarantine for 14 days when returning to community
- Practice social distancing. Please stay 6 feet away from other residents.
- Continue to practice frequent and thorough handwashing many times throughout the day.
- Disinfect your own apartment's high-touch areas.
- Food and other deliveries are encouraged via Amazon, Instacart, PeaPod or a local grocer or store with delivery service.

We continue to take proactive steps, according to their guidelines, in preventing COVID-19. **Updates** since the March 10 and March 12 communication:

• All items above in red.

As a reminder, the following items previously shared **remain unchanged**:

- Asking staff members to consider taking extra precautions in their personal lives given the vulnerability of the residents we serve. This includes, among other things, staying at home and avoiding large groups of people as much as possible.
- Continuing our protocol to maintain a clean environment to help reduce the spread of germs; we also have increased the frequency of surface cleaning in common areas.

- Continuing to follow our existing policies and procedures related to preventing the spread of communicable disease among residents and staff.
- Asking all residents and staff to report upper respiratory symptoms (including fever, cough, and shortness of breath) or other signs of illness. We will ask any resident or employee with these symptoms to speak with their doctor, if they haven't already.
- Rescheduling events that would put large groups of people together.
- Eliminating any "buffet" type meal services.
- Eliminating "non-essential" visitors such as paid entertainers, priests, pastors, volunteers, etc.
- Allowing Hospice and Home Healthcare to continue services.
- Recommending residents cancel or postpone any upcoming travel.
- Limiting home office, regional and field-based personnel community visits to only those that are essential.
- Prohibiting anyone (resident or visitor) who has traveled abroad in the last 14 days, or anyone sharing a household with a person who has traveled abroad in the last 14 days from entering communities.

We continue to follow the recommendations of the CDC on prevention steps. If a case of COVID-19 were to arise in your community, all residents will be updated with information and a move-ahead plan. Should you have any questions, please feel free to contact your on-site Executive Director.

For additional information, please visit the CDC's coronavirus disease <u>information page</u> at https://www.cdc.gov/coronavirus/2019-ncov/index.html.

Sincerely,

Geri Krupp-Gordon Chief Operating Officer

Geri Kupp-Gordon

Capri Senior Communities