



Independent Living | Assisted Living | Dementia Support

UPDATE: MAY 4, 2020

To Our **Independent Living** Residents,

We hope you had a nice weekend. It felt great to open the windows and enjoy the sunshine. This is an update from our previous COVID-related communications, most recently on March 26, 2020.

As we all know, the State of Wisconsin remains under the Governor's "Safer at Home" Order until May 26 at 8am. During the past 10 days, the State has lifted some restrictions. State Parks, golf courses and Public Libraries are now open, as are arts & crafts stores, among a number of other limited businesses.

As we know, our next normal will not be flipping a switch, rather, we will start turning a dial. As the resident of a stand-alone Independent Living community, effective today, we can start turning our dial. This will allow you to leave your apartment building and/or campus without the need to self-quarantine when you return. Please take time to review the requirements, recommendations and areas that are unchanged.

Requirements

In order to start turning the dial, we need you to follow the **requirements** below. Please appreciate these requirements are not unique to us and are based on CDC and State protocol.

- **Wear a mask.** You must wear a face mask. If you don't have one, please let us know. We will ensure you have a reusable mask. Your mask should be worn both on and off campus in all spaces except your own vehicle if you have one.
- **Maintain safe social distancing.** You must be at least 6 feet apart from others. Potential high-traffic areas (elevator entrances, reception desk, etc.) are spaces you should be particularly aware of.
- **One person at a time in elevators.** Only one person may be in an elevator at a time (except for married couples). We highly encourage using hand sanitizer getting on/off the elevator. We will be wiping elevators frequently.
- **No communal activities.** Residents may not congregate and participate in shared activities. Seating areas have been arranged; please do not move any furniture in common areas or outside. Shared games, jigsaw puzzles, etc. are not allowed by any person at any time.

Recommendations

We know that this is unprecedented. Wisconsin residents have become accustomed to living a new way over the last 7 weeks. To that end, we **strongly recommend**:

- Practice frequent and thorough handwashing many times throughout the day.
- Disinfect your own apartment's high-touch areas 1-2 times per day.
- Carry hand sanitizer with you always. Use before/after elevator use, opening doors.
- Limit trips outside the building to those which are necessary. Risks associated with getting out for a walk are incredibly low compared to entering a grocery store.
- Consider grocery delivery. Instacart and Amazon have been providing outstanding – and sanitary – grocery delivery.
- Seniors Hours. If you feel you must shop in person, consider leveraging the Seniors Hours that most grocers (Pick N' Save, Sendik's, Sentry, etc) have established.
- Wipe down your groceries with a disinfectant wipe when they are delivered / when you get home. Also, wipe down your kitchen counter and throw away any bags.
- Respect others' health and safety: no congregating in common areas, foyer/lobby, main office, etc.
- Avoid socializing in other people's apartments. This is at your own risk and highly discouraged.

No Changes

- No changes to the visitor policy. This is our greatest risk for the spread of COVID-19 in our community. If any non-essential visitors are found to be in our apartment building, we will ask them to leave. As a reminder:
 - Essential visitors only. Visitors must review questionnaire and sign into Visitor Log.
 - Essential visitors are limited to one at a time and must go directly to a resident apartment.
 - Essential visitors are also limited to one on and one off the elevator.
- No changes to organized activities.

We are happy to be turning the dial along with the State. Your health and safety are our number one priority. We trust this will allow you to get out to see your neighbors (from 6-feet away) and enjoy the outdoors without having to self-quarantine.

We continue to follow the recommendations of the CDC on prevention steps. If a case of COVID-19 were to arise in your community, all residents will be updated with information and a move-ahead plan. If you have any questions, please feel free to contact your Community Manager or Executive Director.

For additional information, please visit the CDC's coronavirus disease [information page](https://www.cdc.gov/coronavirus/2019-ncov/index.html) at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

Sincerely,



Geri Krupp-Gordon
Chief Operating Officer
Capri Senior Communities